

# Maternal Infant Health Program Weekly Update



Please share this information with all  
MIHP team members.

Monday, October 26, 2020

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## Updated MIHP Guidance and Resources

Several resources have been added to or updated on the MIHP website, including:

- **COVID-19 MIHP Provider Guidance.** This document has been updated from the original, which was posted in March 2020 and revised in June 2020. It can be located on the “Policy and Operations” page.
- **MIHP Required Timelines:** This document can be located on the “Policy and Operations” page, in the “Program Guidance” section.
- **Reproductive Life Planning:** This is a new document that contains information about and links to reproductive life planning (RLP) methods and resources. It is provided by the MDHHS Reproductive Health Unit and supplements the “Patient-Centered Reproductive Goals and Counseling” presentation from the 2020 Home Visiting Conference. The document can be located on the “Policy and Operations” page, in the “Program Guidance” section.

## Staff Training Completion Forms

The October 5, 2020 MIHP Weekly Update provided guidelines on training requirements for newly hired, waiver, and backup staff. **The guidelines are effective November 1, 2020.** Please refer to the article for additional information. The following completion forms will be posted on the MIHP website on the “Provider Training” page:

- *Notice of New Professional Staff Training Completion*
- *Notice of Backup Staff Training Completion*
- *Notice of Staff Waiver Completion*

## Prenatal-to-Three Policy Initiative: Parent and Provider Opportunity

Michigan is among 14 states to receive a multi-year action grant from the Pritzker Children’s Initiative to advance a prenatal-to-three policy agenda that was developed with the assistance of communities across the state. While the country grapples with a global pandemic, policies that dismantle structural and institutional inequities are critical. Ensuring that race, income or zip code does not determine a child’s destiny in Michigan is a top priority for the Prenatal-to-Three (P-3) Policy Initiative.

The Early Childhood Investment Corporation (ECIC) is coordinating the state’s participation in this initiative, and is looking for representatives for two important committees to guide it:

1. **MIHP Parent** representatives for the P3 Steering Committee; and
2. **MIHP Provider** representatives for the Cross-Sector Workforce Strategy Workgroup

Information on the initiative can be found [HERE](#) on the ECIC website. If you are interested in participating as a provider representative in the strategy workgroup, or if you are aware of a parent who may be interested in participating on the steering committee, please email Alicia Guevara Warren, ECIC Director of Statewide Policy Initiatives at [agwarren@ecic4kids.org](mailto:agwarren@ecic4kids.org).

# Infant Safe Sleep/SIDS Awareness Month

In our continuing recognition of October as Infant Safe Sleep Month and SIDS Awareness Month, we present the following opportunities and resources:

## ***Interactive Safe Sleep Tool***

The National Institute for Children's Health Quality (NICHQ) has produced an interactive E-handout to help families learn about safe sleep practices. Health professionals can sit with families and click through the pages where they'll find different sleep scenes and environments. A series of prompts and pop-ups show what is and is not safe and inspire learning conversations. Families can also access the handout at home and use it to teach their friends and families about safe sleep. [Click here to access the handout.](#)

## ***Safe Infant Sleep Social Media Block Party***

Join the Safe to Sleep® Campaign for a [Safe Infant Sleep Social Media Block Party](#), October 26th to 29th, for a series of four 8- to 15-minute Facebook Live events on safe infant sleep topics.

To mark Sudden Infant Death Syndrome (SIDS) Awareness Month in October, the Safe to Sleep® Campaign is celebrating parents, caregivers, service and healthcare providers, advocates, babies, and everyone who helps babies sleep safely every day. Each day features a live event co-hosted by a different organization, including the Safe to Sleep® Campaign, Charlie's Kids Foundation, Cribs for Kids®, and First Candle.

Join one, two, or all of the social media parties to learn tips and get answers to common questions about safe infant sleep:

- **October 26, 3:30 p.m.:** Doctor's Tips for Breastfeeding Mamas—Let's Talk About Safe Infant Sleep (co-hosted by the Safe to Sleep® Campaign and [Children's National Hospital](#))
- **October 27, 7:30 p.m.:** Fireside Chat with Dr. Sam—Why Is Practicing Safe Sleep So Hard, and How Can Dads Help? (hosted by [Charlie's Kids](#))
- **October 28, 7:00 p.m.:** The First 90 Days—What Every Parent Must Know About Safe Sleep (co-hosted by [First Candle](#), [Regal Lager®](#) and [Love to Dream™](#))
- **October 29, 12:00 p.m.:** Caregiver Confidence—Implementing Your Safe Sleep Plan in a Caregiving Setting (hosted by [Cribs for Kids®](#))

See a party that you want to attend but can't make the date or time? Not to worry! The parties will be recorded.

Do you have questions about any of the party topics or for the hosts? Feel free to send them in advance to [nichdSafetoSleep@mail.nih.gov](mailto:nichdSafetoSleep@mail.nih.gov). Your question could be featured during one of the live events.



## Supportive Groups for Home Visitors

In this uncertain time, we are all adapting to new ways of supporting very young children and families while also adapting to changes in our own lives. Holding the profound worries of vulnerable families alongside your own can feel stressful, and, at times overwhelming. In order to provide support, the State of Michigan will be partnering with the Michigan Association for Infant Mental Health (MI-AIMH) to offer free virtual groups for home visitors in Michigan. These one-hour group sessions, each limited to eight attendees, will allow home visiting professionals to connect with a facilitator and a small group of other professionals to share their experiences, stresses and growth in the current climate of home visiting.

These FREE groups are only available to Michigan home visitors at this time. You do not need to be a MI-AIMH member to register. Groups will be starting the week of Nov. 2, 2020 and will run two times per month until April 2021, based on the schedule of the group you select. Please note that you will be encouraged to attend ALL of the dates for your cohort. Participants will be asked to complete a survey early on in the process and at the end to measure success. **Registration will end at close of business on Oct. 29th.**

Home visitors are allowed to select only one group. Please note that these sessions are not reflective supervision or crisis intervention and cannot be counted on your endorsement application/renewal.

You may select a group that works for you regardless of facilitator location and/or model familiarity. These groups are open to all home visiting staff in Michigan who work for MIHP or other home visiting models. Be sure to select Early On as one of your programs (during registration) if you provide ANY service to Early On in addition to other programs.

Click [HERE](#) to see the schedule of groups and facilitators and to register.

## Baby Steps Newsletter



The latest edition of "Baby Steps," a parenting newsletter from ZERO TO THREE, is available [HERE](#). It contains helpful information and resources to share with families and colleagues.

## Coordinator Directory

To view the most recent Coordinator Directory, please click [here](#).

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## Link for Updating Email Addresses

<https://www.surveymonkey.com/r/MIHPListServUpdate>

## Topic Submission

If you have suggestions for topics to be addressed in future additions of the MIHP Weekly Update, please submit your ideas [here](#).

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Our communication for the Maternal Infant Health Program has been streamlined to a single email address and phone number. Please forward all email to [MIHP@michigan.gov](mailto:MIHP@michigan.gov). For further assistance, contact the state office @ **1-833-MI4-MIHP (1-833-644-6447)**. Thank you.