

# Maternal Infant Health Program Weekly Update



Please share this information with all  
MIHP team members.

Monday, January 11, 2021

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## Community of Practice Webinar Reminder

The bi-monthly Community of Practice (COP) webinar will be presented on Wednesday, January 13th from 1:00 pm – 3:00 pm and will feature Michelle Popovich from the MDHHS Office of Inspector General (OIG) and MDHHS MIHP staff. Michelle will provide an overview of the OIG audit process and discuss recent changes to the process. MIHP staff will discuss Cycle 8 guidelines and changes in the certification review process.

Please click [here](#) to register. After registering, you will receive an email with the link to the webinar.

## Additional Information on Exception Requests

The MIHP Email Alert on December 10, 2020 provided information on how agencies may request temporary exceptions to MIHP program requirements. These exceptions are intended to alleviate challenges caused by the pandemic and ensure that agencies will not be penalized during their certification reviews for circumstances **related to the pandemic**.

We are working closely with the MDHHS Medicaid Policy team to ensure that agencies and the MDHHS MIHP program remain in compliance with Medicaid requirements while affording some latitude as we work through the crisis.

Agencies wishing to request exceptions should send an email message to [mihp@michigan.gov](mailto:mihp@michigan.gov), indicating their intention. We will quickly follow up with a response asking for specific details about the request and a determination will be made shortly after. Initial exceptions, if granted, will be in effect for up to three months. Extensions may be requested toward the end of the three-month period. The MDHHS MIHP team will continue to identify ways to assist agencies in serving families during this challenging time. We welcome feedback on challenges and successes you are having.

## Stress and Depression Risk Referrals

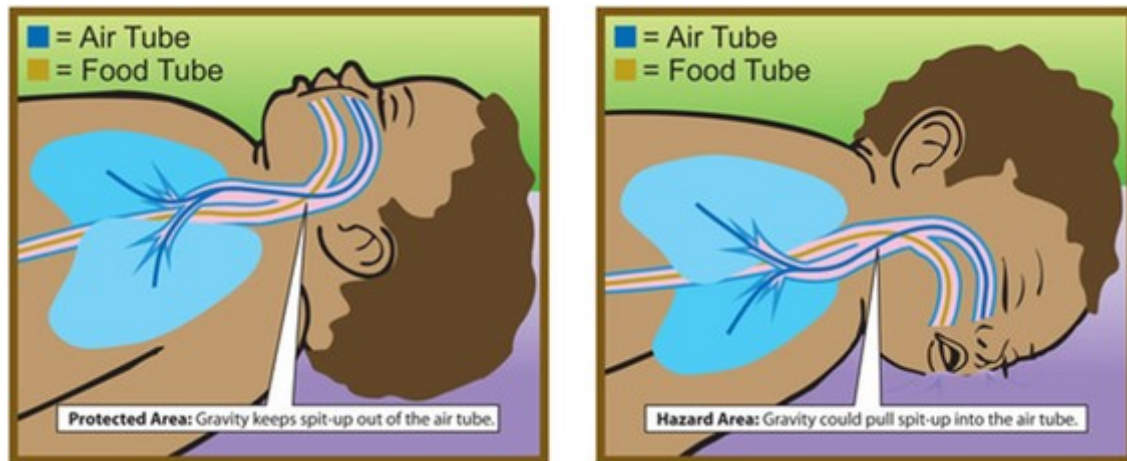
As stated in the Operations Guide (page 20), a home visitor must refer a beneficiary/caregiver for mental health services from a mental health professional or medical care provider when the POC 2 includes the Stress/Depression domain. For a high risk, the development of a safety plan (intervention #13) is required.

If a beneficiary is currently enrolled in treatment, discuss treatment, medication adherence (if applicable), post treatment plan, and additional supports needed for success (intervention #11). A referral would not be needed if the beneficiary is currently in treatment and intervention #11 is documented on the professional visit progress note.

## Reminder: Safe Sleep and Choking

Many parents worry their baby will choke if baby sleeps on the back. Please remind your families that babies are actually safer on their backs. When a baby is on his or her back, the air tube is on top of the food tube. When a baby spits up, liquid flows back into the stomach, not the lungs. When baby is on his or her stomach, fluid can pool at the opening of the air tube and may cause choking.

The image and [this video](#) show the baby's anatomy when on his or her stomach versus the back.



To learn more about infant safe sleep, go to [Michigan.gov/SafeSleep](https://Michigan.gov/SafeSleep).

## MC3 Perinatal Informational Sessions



The [MC3 Perinatal](#) program through Michigan Medicine offers psychiatry support to perinatal providers in Michigan who are caring for women who are contemplating pregnancy, pregnant, or post-partum (up to one year). Perinatal psychiatrists are available

through same-day phone consultations to offer guidance on diagnostic questions; safe medications in pregnancy and while breastfeeding; and appropriate psychotherapy.

MC3 Perinatal was recently awarded funding from the State of Michigan to fully expand the program and integrate screening into the program. The funding will be used to broaden outreach and enrollment strategies for perinatal providers across the state, integrate universal screening via the High Touch, High Tech (HT2) "Mommy Checkup App" in prenatal clinics, and create and maintain a virtual resource list of perinatal behavioral health treatments and community-based services.

Learn more about MC3 Perinatal and a new integrated tele-health project by joining one of the following informational sessions:

- Wednesday, January 13, 2021 10:00 - 10:30 a.m.
- Friday, January 29, 2021 - 12:00 - 12:30 p.m.
- Tuesday, February 16, 2021 - 9:30 - 10:00 a.m.
- Friday, March 12, 2021 - 10:00 - 10:30 a.m.

To join: <http://bit.ly/MC3-peri-info>

## Building Resilience Webinar

Brought to you by START EARLY™, in partnership with the Educare Learning Network, this virtual round table will feature leaders from program, policy and state systems who will share their own Early Head Start - Child Care Partnership (Partnerships) experience, including successes, challenges, and opportunities throughout the pandemic.

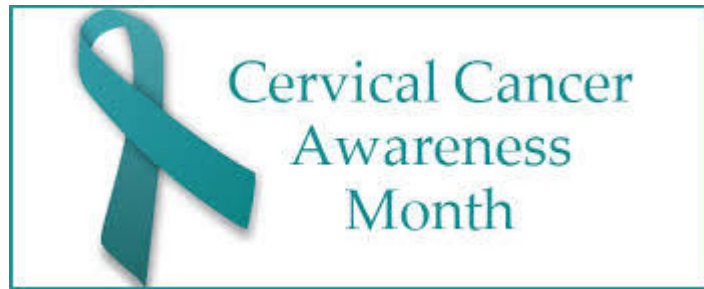
Follow this [LINK](#) to learn more.

Join the conversation on Wednesday, February 3rd from 3:00 pm - 4:00 pm to gain:

1. A deeper understanding of Partnerships
2. Ideas on how to support & sustain Partnerships from experts with unique vantage points
3. Professional development resources for yourself and your staff

**Register [here](#).**





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## Coordinator Directory

To view the most recent Coordinator Directory, please click [here](#).

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## Topic Submission

If you have suggestions for topics to be addressed in future additions of the MIHP Weekly Update, please submit your ideas [here](#).

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## Previously Released MIHP Weekly Updates

To review any previously released MIHP Weekly Updates, they can be found by visiting the MIHP webpage [Michigan.gov/MIHP](http://Michigan.gov/MIHP) or by clicking [here](#).

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Our communication for the Maternal Infant Health Program has been streamlined to a single email address and phone number. Please forward all email to [MIHP@michigan.gov](mailto:MIHP@michigan.gov). For further assistance, contact the state office @ 1-833-MI4-MIHP (1-833-644-6447). Thank you.