

Maternal Infant Health Program

Weekly Update



Please share this information with all MIHP team members.

Monday, November 09, 2020

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Southeast Michigan MIHP Participant Survey Brief Released

The University of Michigan Youth Policy Lab (YPL) has issued the final brief containing recommendations that stemmed from the comprehensive survey conducted of MIHP participants in Southeast Michigan. The brief suggests ways that MIHP agencies--and other home visiting providers in the state--can increase participation in home visiting programs. It also contains information on characteristics of participants and their experiences. Look for additional communication from MDHHS and YPL on how the findings can be applied.

Access the brief on the Youth Policy Lab website [HERE](#).

Office of Women's Health Breastfeeding Guide

The U.S. Department of Health and Human Services Office of Women's Health (OWH) has updated *Your Guide to Breastfeeding!* Available as an ePub or [PDF](#), the guide shares tips and resources to help moms navigate the breastfeeding experience and overcome common challenges.

Whether downloading for a beneficiary, yourself, or someone you know, the guide provides valuable information on how to improve a baby's latch, increase milk supply, and store breastmilk. It also shares great health tips for nursing moms on nutrition, getting rest, and stress management.



Looking for additional breastfeeding resources? Visit the OWH breastfeeding section at www.womenshealth.gov/breastfeeding.

MIHP Correspondence Issues

The MDHHS MIHP staff has learned that some agencies have been experiencing issues with correspondence from our office--in particular the Weekly Update--not being received. We believe this is a problem with the vendor that the State of Michigan uses to distribute the Update, as well as MIHP Email Alerts and other correspondence from MDHHS. We are working with the vendor to resolve the issue.

In the meantime, if you forward correspondence you receive from the state, please remove the "SUBSCRIBER SERVICES" section at the very bottom of the email. If someone receives a forwarded document from you and clicks on the "Unsubscribe All" option, you will be unsubscribed from all bulletins and alerts you had signed up to receive. The "Unsubscribe" function appears to remain linked to your email address even after you forward it.

Please reach out to the MIHP office if you suddenly stop receiving your Weekly Update. We apologize for the inconvenience.

Webinar: Antiracist Policy and Advocating for America's Children

The Early Childhood Investment Corporation (ECIC) is promoting an exciting learning opportunity. Their national partners at the [Alliance for Early Success](#) are hosting a [webinar](#) you will not want to miss, featuring national expert Dr. Ibram X. Kendi. The founder and Director of the Center for Antiracist Research at Boston University, Dr. Kendi is the Andrew W. Mellon Professor in the Humanities at Boston University, a #1 New York Times best-selling author of *Stamped from the Beginning* and *How to Be an Antiracist*, and the youngest-ever winner of the National Book Award for Nonfiction.

After the Election: Antiracist Policy and Advocating for America's Children

Featuring Special Guest: Dr. Ibram Kendi

When: November 18, 2020

Time: 3:00 p.m.

Register [HERE](#) for the webinar.



The Video Call Signal That Protects Domestic Violence Survivors

Just weeks into the Covid-19 lockdown, Elizabeth Barajas-Román, president and CEO of the Women's Funding Network, was alarmed to learn that incidents of intimate partner violence were increasing in countries around the globe.

Approaches that support organizations had previously relied on to reach people in abusive relationships, like running a hotline or providing safety planning in the workplace, were proving difficult to implement while people were stuck at home, often in close quarters with the person perpetrating violence.

Barajas-Román wondered: How could survivors reach out and get the help they need in a safe way? The solution she landed on, with the help of a WFN partner group, was *Signal for Help*, [a simple hand](#) gesture that people experiencing abuse could silently use during video calls to tell friends or loved ones that they're in trouble.

To make the signal, a person should place an open palm with a tucked thumb in front of a digital camera, then fold all their fingers over the thumb, forming a fist. We encourage you to share this information with your families and your professional networks.

Women's Funding Network is a global philanthropic network dedicated to women and girls.



Coordinator Directory

To view the most recent Coordinator Directory, please click [here](#).

Link for Updating Email Addresses

<https://www.surveymonkey.com/r/MIHPListServUpdate>

Topic Submission

If you have suggestions for topics to be addressed in future additions of the MIHP Weekly Update, please submit your ideas [here](#).

Our communication for the Maternal Infant Health Program has been streamlined to a single email address and phone number. Please forward all email to MIHP@michigan.gov. For further assistance, contact the state office @ **1-833-MI4-MIHP (1-833-644-6447)**. Thank you.