

Weekly Update

Maternal Infant Health Program



Please share this information with all
MIHP team members.

Monday, March 22, 2021

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Michigan Breastfeeding Plan Workgroup Opportunity

MDHHS is excited about the official release of [The Michigan Breastfeeding Plan: Strategies to Advance Breastfeeding 2021 – 2024](#). Thank you to everyone who participated in this process through our statewide survey, public comment period, and internal workgroup. We are committed to increasing breastfeeding initiation, duration and closing the breastfeeding disparity between Black Indigenous People of Color (BIPOC) families and White families. MDHHS recognizes the root cause of breastfeeding disparities is systemic racism, and centers systemic racism as a driver for breastfeeding inequities.

MDHHS would like to collaborate with partners and communities to begin putting the Michigan Breastfeeding Plan into action by forming a workgroup to do so. If you are interested in participating in a workgroup dedicated to moving the plan forward or would like to be involved in another way, please contact the State of Michigan Breastfeeding Coordinator, Shatoria Townsend, at TownsendS2@michigan.gov, **by April 2nd**.

The title of the workgroup will be decided on by its participating members. Please feel free to pass this request on to your colleagues and community members who would be interested in learning more. We will begin scheduling meetings after April 2nd.

We look forward to working on the next phase of The Plan with community members and those committed to Michigan Breastfeeding.

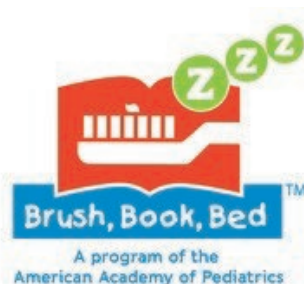
MDS and IDS Additions Coming

An updated Maternal Discharge Summary (MDS) and Infant Discharge Summary (IDS) will be deployed the morning of **March 30th from 8:00am - 10:00am**. The updated versions contain additions that are required to meet legislative reporting requirements. The MDS will have two additional questions with follow-up; the IDS will have one additional question with follow up.

MDS will now ask if a beneficiary had a tobacco risk or depression score, whether they received a referral, and whether the referral was followed up on. IDS will now ask about developmental risk, whether the infant received a referral to Early On, and whether the referral was followed up on.

Please inform all staff that the MIHP application will not be available during the deployment window. New screenshots of the MDS and IDS will be posted to include the new required fields.

Bedtime Routines to Promote Infant Safe Sleep



Brush, Book, Bed is a program of the American Academy of Pediatrics that helps families structure their child's bedtime routine. Kids and babies love routines. Follow a set pattern every night for about 30 minutes starting at the same time. Your regular nighttime routine should include brushing teeth, reading together, and then bed—Brush, Book, Bed.

Brush

- Each night help your child brush their teeth.
- Use fluoride toothpaste: • Children under 3 - Use a smear • Children 3-6 - Use a pea size amount
- A child's first visit to the dentist should be by age one.

Book

- Read a book with your child before bed. Reading aloud is important to help your child learn to read.
- Talking, signing, reading, and singing support early learning and development, and strengthen the parent-child bond.
- The more words your child hears when talking with you, the more connections their brain makes.
- Tune in, talk more and take turns...Talking is Teaching!

Bed

- After brushing teeth and reading together, it is time to go to bed.
- Make daytime playtime. Talk, sing, and play with your child during the day.
- Keep lights dim and use a soft voice at night.
- Babies should sleep in a crib, bassinet or pack 'n play on their backs without pillows, blankets, or stuffed animals.

Learn more at [Brush, Book, Bed: How to Structure Your Child's Nighttime Routine.](#)

Good night. Sleep tight. Sleep safe.

Learn more at
michigan.gov/safesleep



New! Spanish and Arabic Language Documents Posted

We are happy to announce that the MIHP Education Packet has been translated into Arabic and Spanish. Both versions have been posted on the “Parent/Family Resources” page of the MIHP website. In addition, a shortened printable version of the English language packet (graphics excluded) has been posted.

Call for Proposals: MIBFN Racial Equity COVID-19 Fund

The Michigan Breastfeeding Network (MIBFN) is excited to announce an open call for applications from breastfeeding supporters and/or organizations that are led by and serve breastfeeding supporters and support organizations led by and serving families of color, with priority given to applicants serving Black and/or Indigenous families. Applications will be accepted until April 15th. Funding has been provided by MDHHS through Title V funding to support local, community-based breastfeeding supporters.

Click [HERE](#) for more information and to access the application.



Colorectal Cancer Awareness Month



March is [National Colorectal Cancer Awareness Month](#). This observance, which is led by the Colorectal Cancer Alliance, is designed to highlight the importance of colorectal cancer screening, prevention, and treatment. Screening is the number one way to prevent colorectal cancer, which according to the [CDC](#), is the second deadliest cancer among men and women combined. Routine [screening](#) is recommended beginning at age 50 because the risk for colorectal cancer increases with age. Additionally, medical professionals often recommend a diet low in animal fats and high in fruits, vegetables, and whole grains as a way to help lower risk.

Unfortunately, due to COVID-19, the number of colorectal cancer screenings has declined. This month, take the [pledge](#) to get screened and encourage your friends and family to do the same.

ACEs Prevention Survey

Our partners at the Michigan Public Health Institute (MPHI) are the recipients of a CDC “Data to Action” grant focused on Adverse Childhood Experiences (ACEs). As part of that project, MPHI is gathering information about sources of ACEs data being used by the field, types of ACEs prevention programs across the state, and how ACEs data could be better used to inform decision making about ACEs prevention. If you would like to provide input, please complete this very brief survey: <https://dataentry.ibem-is.org/surveys/?s=84CNYPX3J8>.

As mentioned at the Community of Practice webinar on March 17th, MIHP has been invited to partner with MPHI on this initiative. MDHHS MIHP staff will be sharing more information about the initiative and opportunities for agencies to participate.

If you have any questions about the capacity assessment or questions about the interview, please reply to this email or contact Lauren LaPine, Special Projects Coordinator at MPHI at llapine@mphi.org.

Coordinator Directory

[Click here to access the Coordinator Directory](#)

Topic Submission

If you have suggestions for topics to be addressed in future additions of the MIHP Weekly Update, please submit your ideas [here](#).

Previously Released MIHP Weekly Updates

To review any previously released MIHP Weekly Updates, they can be found by visiting the MIHP webpage Michigan.gov/MIHP or by clicking [here](#).

Our communication for the Maternal Infant Health Program has been streamlined to a single email address and phone number. Please forward all email to MIHP@michigan.gov. For further assistance, contact the state office @ **1-833-MI4-MIHP (1-833-644-6447)**. Thank you.