



How Distractions can Reduce Quality and Increase Stress

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A large, hand-drawn style orange circle with a white outline, partially visible on the left side of the page.

Distractions

According to the Merriam-Webster dictionary a distraction is something that distracts: an object that directs one's attention away from something else.

What are some of your biggest distractions?

Does your phone ever distract you from doing what you need to be doing?



What do
Cellphone
distractions
look like

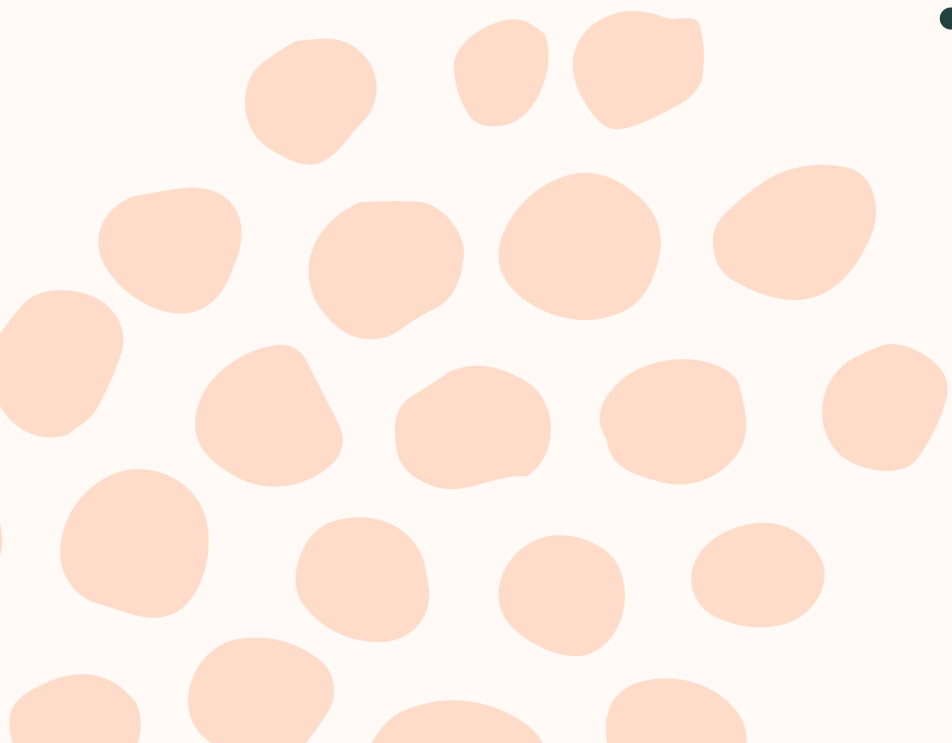
- in center based care
- Teacher/Director
- in home based care
- when
coaching/consulting



Distractions in Center Based Care



- When you Give a mouse a cookie moments
- How much time can a simple text take away from the room
 - App or web-based reporting
 - What does this look like to families
 - When to lean on a director for help





Home Based Care Challenges

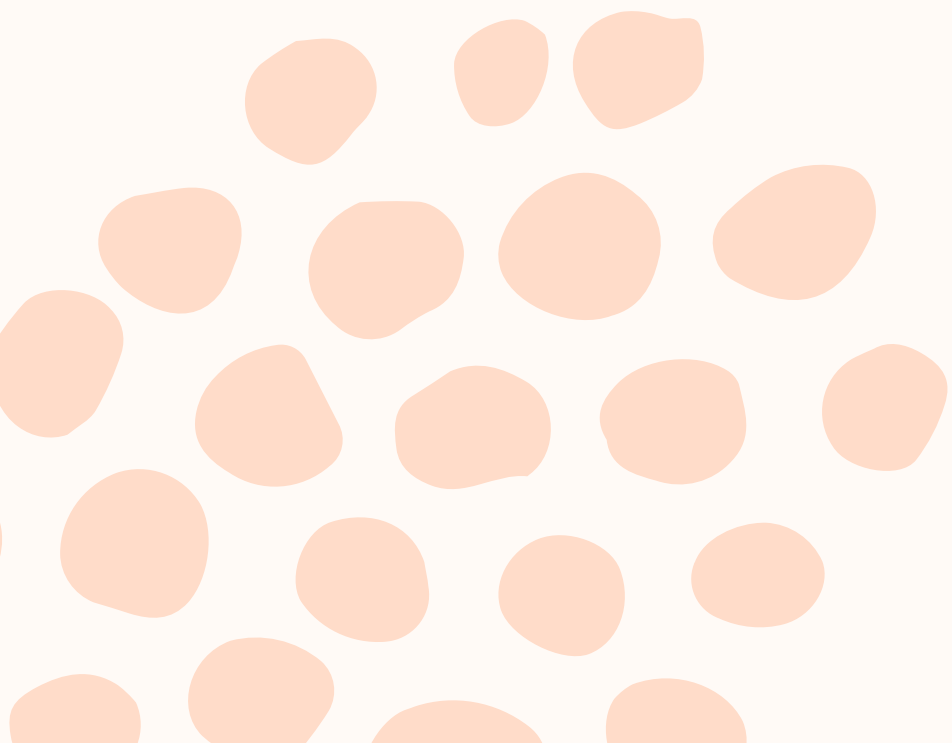
- Owner/Director/Lead
 - Life happens
- Communication challenges
- Cellphone tools and time management



Coaches/Consultants, how can you help



- Distracted Care
- Behavior Challenges
- Parent Complaints
- Assist in writing a policy





Any Questions?

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*Keep
in touch*



Thank
you

