

HOW TO BUILD A FAMILY EMERGENCY KIT

Plan Ahead – Build a Do-It-Yourself Emergency Preparedness Kit

Some disasters strike without any warning. Have you thought about the supplies you'll need the most? It is important for you and your family to prepare in advance for an emergency. Make sure you have enough supplies to last for at least **three** days.

1

Put your kit together to be ready for an emergency.

2

Use a sturdy container to place your items in. A book bag, waterproof storage bin, or sealable container works best.

3

Make sure it is easy to access and transport.

4

Keep your kit up to date. Food, water, batteries, medications, and other items may expire.

5

Store your kit and supplies in a place where they can be easily located.

6

Don't forget to think about babies, elderly, pets, or any family members with special needs!

7

Add items for the climate you live in, and store extra supplies in your car too.



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COMPLETE THIS CHECKLIST AS YOU BUILD YOUR EMERGENCY KIT:

- | | | | | | |
|--|---|--|--|---|---|
| <input type="checkbox"/> Water |  | <input type="checkbox"/> Extra cash |  | <input type="checkbox"/> Medications |  |
| <input type="checkbox"/> Mobile phone & charger |  | <input type="checkbox"/> Non-perishable food |  | <input type="checkbox"/> Can opener |  |
| <input type="checkbox"/> Paper plates, cups, utensils |  | <input type="checkbox"/> Sleeping bag |  | <input type="checkbox"/> Change of clothes |  |
| <input type="checkbox"/> Sturdy shoes |  | <input type="checkbox"/> Emergency blanket |  | <input type="checkbox"/> Toothbrush & toothpaste |  |
| <input type="checkbox"/> Pet supplies, including extra water |  | <input type="checkbox"/> Rain gear |  | <input type="checkbox"/> Extra set of car keys |  |
| <input type="checkbox"/> Whistle |  | <input type="checkbox"/> First aid kit |  | <input type="checkbox"/> Pliers or wrench to turn off utilities |  |
| <input type="checkbox"/> Map(s) of the area |  | <input type="checkbox"/> Battery powered or hand-crank radio |  | <input type="checkbox"/> Dust mask |  |
| <input type="checkbox"/> Matches |  | <input type="checkbox"/> Flashlight |  | <input type="checkbox"/> Paper & pencil |  |
| <input type="checkbox"/> Sunscreen |  | <input type="checkbox"/> Extra batteries |  | <input type="checkbox"/> Fire extinguisher |  |
| <input type="checkbox"/> Insect repellent |  | | | | |



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