

A collage of emergency supplies including water bottles, a first aid kit, a flashlight, a multi-tool, and a red cross first aid kit.

# EMERGENCY PREPAREDNESS KIT CHECKLIST

Water, food, and clean air are important things to have in the event of an emergency. Each emergency preparedness kit should be customized to meet your specific needs, such as medication and infant formula. It should also be customized to include important documents for you and your family.

## BASIC KIT - RECOMMENDED SUPPLIES:

- Water, one gallon of water per person per day for drinking and sanitation
- Food, at least a three-day supply of non-perishable food
- Battery-powered radio and a NOAA Weather Radio with tone alert, and extra batteries for both
- Flashlight and extra batteries
- First aid kit
- Whistle to signal for help
- Infant formula and diapers, if you have an infant
- Moist towelettes, garbage bags, plastic ties for personal sanitation
- Plastic sheeting and duct tape to shelter-in-place
- Wrench or pliers to turn off utilities
- Can opener for food (if kit contains canned food)
- Local Maps

## ADDITIONAL ITEMS TO CONSIDER:

- Light Stick
- Emergency Candle
- Multi Tool
- Rain Gear
- Mess kits, paper cups, plates, disposable utensils, and paper towels
- Cash or traveler's checks and change
- Fire extinguisher
- Tent
- Compass
- Matches in a waterproof container
- Signal flare
- Paper and pencil
- Pet supplies and documents
- Personal hygiene items including feminine supplies
- Prescription medication and glasses
- Soap, hand sanitizer, and disinfecting wipes
- Medicine Dropper
- Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container.
- Emergency reference material such as a first aid book
- Sleeping bag or warm blanket for each person. Consider additional bedding if you live in a cold-weather climate.
- Complete change of clothing for each person, including a long sleeve shirt, long pants, and sturdy shoes. Consider additional clothing if you live in a cold-weather climate.
- Books, games, puzzles or other activities for children