**ALWAYS USE HAND SIGNALS** to tell cars and other bicyclists what you intend to do.

>> Left turn: Left hand and arm extended straight



>> Right turn: Left hand and arm extended upward



OR

>> Right hand and arm extended straight



>> Stopping or slowing down: Left hand and arm extended down



Both motorists
and bicyclists
have an
equal right
to the road.





This material was developed through a project funded by the Michigan Office of Highway Safety Planning and the U.S. Department of Transportation.





# PROTECT YOUR HEAD, WEAR A HELMET

Make sure it fits correctly and meets U.S. Consumer Product Safety Commission standards. Look for the certification label inside the helmet.



### STAND OUT, BE SEEN

Wear reflective
clothing or highvisibility colors
that contrast the
environment you're
riding in.



# STAY ALERT, AVOID ROAD HAZARDS

Watch for potholes, cracks, railroad tracks, drainage grates, and obstacles in your path.



#### **CHECK YOUR BIKE**

Be sure your brakes work and tires are properly inflated.

# RIDE NO MORE THAN TWO ABREAST WHEN RIDING ON THE ROAD

Bicyclists riding side by side are not impeding traffic.

**MICHIGAN LAW** 



## ALWAYS OBEY TRAFFIC SIGNALS, SIGNS, AND LANE MARKINGS

Use hand signals when turning, changing lanes, passing, and stopping (see back panel for more information).

**MICHIGAN LAW** 



## LIGHT IT UP AFTER DARK

If riding after dark, bikes must be equipped with a lamp on the front that emits a white light and a red reflector on the rear.

MICHIGAN LAW



## RIDE WITH TRAFFIC

Bicyclists must ride with traffic, on the right hand side of the road, unless passing, turning left, the roadway is unsafe, going straight when traffic is turning right or when on a one-way street.

MICHIGAN LAW



#### **AVOID DISTRACTIONS AND UNSAFE BEHAVIORS**

Do not use a mobile device or wear headphones while riding and always ride sober.

