

Monday December 1, 2025

Egg & Canadian Bacon

Breakfast Sandwich

Applesauce

Juice of Choice

Milk

Cereal of Choice

Rancher's Chicken

Duchess Potatoes

Normandy Vegetable Blend

Dinner Roll or Bread

Chocolate Mousse

Lemonade

Milk

Hawaiian Ham

Hashbrown Casserole

Zucchini & Onions

Dinner Roll or Bread

Margarita Cake

Milk

Tuesday December 2, 2025 Wednesday
December 3, 2025

Thursday December 4, 2025 Friday December 5, 2025

Saturday December 6, 2025 Sunday December 7, 2025

BREAKFAST

Scrambled Eggs

Sausage Links Toast

Mandarin Oranges Juice of Choice Milk

Cereal of Choice

Denver Omelet Toast Fresh Banana Juice of Choice Milk

Milk
Cereal of Choice

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Pancakes Turkey Sausage Patty Fruit Cocktail Juice of Choice Milk

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Cereal of Choice

Huevos Rancheros Hashbrown Patty Diced Pears Juice of Choice Milk

Cereal of Choice

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Scrambled Egg with Onions Bacon Assorted Danish

> Berry Cup Juice of Choice

Milk Cereal of Choice

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Waffle with Strawberries Turkey Sausage Link Diced Peaches Juice of Choice Milk

Cereal of Choice

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BBQ Beef Brisket Mashed Sweet Potato Broccoli & Cauliflower Dinner Roll or Bread Sugar Cookie Lemonade Milk

Italian Sausage on a Bun Tater Tots Buttered Green Beans Chocolate Chip Bar Lemonade Milk Beef Chili with Beans Tossed Salad with Dressing Cornbread S'more Pudding Parfait Lemonade Milk Apple Ginger Pork Chop Parslied New Potatoes Spinach with Mushrooms Dinner Roll or Bread Cinnamon Applesauce Lemonade Milk

Cheese Ravioli Casserole Lemony Rocket Salad w/ Dressing Garlic Bread Italian Ice Lemonade Milk Marinated Chicken
Baked Sweet Potato with
Cinnamon Butter
Cream Cheese Corn
Dinner Roll or Bread
Apple Betty
Lemonade
Milk

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Turkey Teriyaki Pineapple Rice Pilaf Honey Ginger Baby Carrots Dinner Roll or Bread Strawberry Delight Gelatin Milk

Chicken Alfredo with Fettuccine Noodles Capri Vegetable Blend Breadstick Pineapple Dream Milk Sweet & Sour Pork Steamed Rice Asian Vegetable Blend Dinner Roll or Bread Peach Crisp Milk Beer Battered Fish Steak Fries Creamy Coleslaw Dinner roll or bread Chocolate Brownie Sloppy Joe on a Bun Onion Rings Green Peas w/ Red Peppers Gelatin Jewels Milk Ham & Pea Tortellini Baby Carrots Dinner Roll or Bread Assorted Ice Cream Milk





Monday December 8, 2025

French Toast

Tuesday December 9, 2025 Wednesday December 10, 2025 Thursday December 11, 2025

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Friday December 12, 2025

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Saturday December 13, 2025

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Sunday December 14, 2025

BREAKFAST

Sausage Omelet

Canadian Bacon Apple Cinnamon M Applesauce Mandarin Orang

Juice of Choice Juice of Choice Milk Milk

Cereal of Choice

Marinated Flank Steak

Parmesan Basil Orzo

Mixed Vegetables

Lemon Cake w/ Lemon Icing

Lemonade

Milk

Supreme Pizza

Spring Mix with Dressing

Breadstick

Pineapple Cream Gelatin

Milk

Apple Cinnamon Muffin Mandarin Oranges Juice of Choice Milk

Cereal of Choice

Fried Egg Sausage Patty

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Toast Fresh Banana Juice of Choice

Milk Cereal of Choice Western Scrambled Eggs Bacon

> Toast Fruit Cocktail Juice of Choice

Milk Cereal of Choice Scrambled Eggs Corned Beef Hash Toast Diced Pears

Juice of Choice Milk

Cereal of Choice

C

Hard Cooked Egg Sausage Links Cinnamon Roll Berry Cup Juice of Choice

Milk Cereal of Choice

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Blueberry Pancakes Bacon

Diced Peaches Juice of Choice Milk

Cereal of Choice

LUNCH

Marinated Flank Steak
Parmesan Basil Orzo
Mixed Vegetables
Lemon Cake w/ Lemon
IcingLemonade
Milk

Cranberry Glazed Ham Au Gratin Potatoes Greens Dinner Roll or Bread Sugar Cookie Lemonade Milk Beef & Bean Burrito Mexican Corn Churros Lemonade Milk

Tuna Melt Peas & Carrots Boston Cream Pie Lemonade Milk Meatballs with Sauce Spaghetti Noodles Capri Vegetable Blend Garlic Bread Blueberry Cheesecake Bar Lemonade Milk Pot Roast with
Oven Roasted Potatoes
Roasted Baby Carrots
Dinner Roll or Bread
Fruit Crisp
Lemonade
Milk

DINNER

Veal Cutlet with Mushroom Sauce Herb Buttered Linguini California Vegetable Blend Dinner Roll or Bread Modified Deluxe Fruit Salad

Milk

Beef Stroganoff Egg Noodles Winter Vegetable Blend Dinner Roll or Bread Cookies & Cream Pie Milk

Lemon Pepper Turkey Roasted Sweet Potato Spinach with Garlic Dinner Roll or Bread Chocolate Chip Bread Pudding Milk Chicken Teriyaki Pineapple Rice Pilaf Asian Vegetable Blend Dinner Roll or Bread Yellow Cupcake w/ Chocolate Frosting Milk

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BBQ Pork Roast Hashbrown Casserole Cauliflower Strawberry Applesauce Milk

DIN

Chili Cheese Dog Homemade Potato Chips Tossed Salad with Dressing Mandarin Orange Delight Gelatin Milk

MICHIGAN VETERAN HOMES

MVH Fall/Winter 2025

Powerlink Nutritional Services



Monday December 15, 2025

Tuesday December 16, 2025

Wednesday December 17, 2025

Thursday December 18, 2025

Friday December 19, 2025

Saturday December 20, 2025

Sunday December 21, 2025

Scrambled Eggs

Milk

Scrambled Eggs Bacon Assorted Danish Applesauce Juice of Choice Milk

Cereal of Choice

Fried Chicken

Parslied Mashed Potatoes

California Vegetable Blend

Dinner Roll or Bread

*** Lemon Cupcake ***

Fried Egg Sausage Links Toast Mandarin Oranges Juice of Choice Milk

Cereal of Choice

Hard Cooked Egg Canadian Bacon Toast Fresh Banana Juice of Choice

Milk Cereal of Choice

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French Toast Casserole Turkey Sausage Patty Fruit Cocktail Juice of Choice Milk

Cereal of Choice

Breakfast Ham Toast Diced Pears Juice of Choice

Cereal of Choice

Potato Omelet Coffee Cake Berry Cup Juice of Choice Milk

Cereal of Choice

Waffle Turkey Sausage Links **Diced Peaches** Juice of Choice Milk

Cereal of Choice

LUNCH

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Tuna Noodle Casserole

Milk

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Herbed Turkey Turkey Gravy Zucchini Apple Bread Dressing

Caramel Brownie Lemonade Milk

Chicken & Dumplings Peas & Carrots Dinner Roll or Bread Lime Dream Cake Lemonade Milk

Lemonade Milk

Garlic Bread Lemon Pudding Cake Lemonade Milk

Lasagna w/ meat sauce

Italian Green Beans

Roast Beef Au Jus Baked Potato Broccoli Florets Peaches & Cream Gelatin Dessert Lemonade

Milk

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Braised Pork Tips Roasted Red Skin Potatoes **Buttered Green Peas** Dinner Roll or Bread Harvest Cake Lemonade Milk

Prince Edward Vegetable Blend Breadstick Strawberry Cake with Frosting Lemonade

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Swedish Meatballs Egg Noodles Parsley Buttered Carrots Dinner Roll or Bread Chocolate Tango Pudding Milk

Bourbon Maple Glazed Ham Corn Casserole Spinach Au Gratin Dinner Roll or Bread Cinnamon Applesauce Milk

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Pizza Casserole Sicilian Vegetable Blend Marbled Cheesecake Milk

Chicken Tenders Dipping Sauce **Cottage Fries** Italian Vegetable Blend Dinner Roll or Bread Cherry Cobbler Milk

Blue Cheese Hamburger Lettuce Tomato Onion & Pickle Sidewinder Fries Marinated Cucumber Salad Chocolate Ice Cream Milk

Pork Vegetable Stew Tossed Salad Assorted Salad Dressing **Biscuit Chocolate Tart** Milk

Breaded Veal Cutlet Lemon Herb Butter Sauce Sweet Potato Wedges Winter Vegetable Blend Dinner Roll or Bread Coconut Cream Pie Milk





Monday December 22, 2025

Egg Bacon & Cheese

Breakfast Sandwich

Applesauce

Juice of Choice

Milk

Cereal of Choice

Tuesday December 23, 2025

Wednesday December 24, 2025

Thursday December 25, 2025 Friday December 26, 2025

Saturday December 27, 2025 Sunday December 28, 2025

Sausage Gravy Scrambled Eggs **Biscuit** Mandarin Oranges Juice of Choice Milk

Cereal of Choice

Vegetable Omelet Sausage Patty Toast Fresh Banana Juice of Choice

Milk Cereal of Choice

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Cheese Strata with Peppers Canadian Bacon Fruit Cocktail Juice of Choice Milk

Cereal of Choice

French Toast Sticks Turkey Sausage Patty Diced Pears Juice of Choice Milk

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Milk Cereal of Choice

Bacon Assorted Danish Berry Cup Juice of Choice Cereal of Choice

Scrambled Eggs

Fried Ega Breakfast Ham **English Muffin Diced Peaches** Juice of Choice Milk

Cereal of Choice

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Steak Salad Baked Potato Sour Cream Garlic Breadstick Snickerdoodle Cookie Lemonade Milk

Marinated Pork Loin Chicken Soft Tacos Cottage Fries Refried Beans Roasted Winter Vegetables Mexican Rice Chocolate Peanut Salsa, Sour Cream, Lettuce, **Butter Square** Shred Cheese Lemonade Christmas Sugar Cookie Milk Lemonade Milk

Honey Glazed Ham Mac & Cheese Green Beans Dinner Roll Christmas Pudding Dessert Lemonade Milk

Breaded Fish with Cheese on a Bun Broccoli Cheese Soup Calico Coleslaw Assorted Ice Cream Lemonade Milk

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Cranberry Orange Chicken Roasted Sweet Potato **Brussels Sprouts Medley** Dinner Roll or Bread Blonde Brownie Lemonade Milk

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Kielbasa Sausage Pierogies Sauerkraut Dinner Roll or Bread **Fantasy Fruit** Lemonade Milk

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Turkey Tetrazzini Beef Pot Pie Sliced Beets Lemony Rocket Salad w/ Dinner Roll or Bread Dressing Pumpkin Mousse Peach Cobbler Milk

Salisbury Steak **Butter Herbed Noodles** Spinach Dinner Roll or Bread Marble Cheesecake Brownie Milk

Hot Roast Beef & Swiss Cheese Onion Roll Horseradish Dijon Sauce Garlic Mashed Potatoes Steamed Broccoli w/ Lemon Cinnamon Baked Apples Milk

Chicken Stir Fry with Vegetables Rice Vegetable Spring Rolls Cherry Pineapple Gelatin Milk

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Thin Crust Cheese Pizza Tossed Salad with Dressing Breadstick Peanut Butter Cookie Milk

D

Deli Sandwich Wild Rice & Chicken Soup Stewed Tomato Salad Rainbow Cake Milk



Milk

MVH Fall/Winter 2025

Powerlink Nutritional Services



Monday December 29, 2025

Ham & Cheese Frittata

Toast

Applesauce

Juice of Choice

Milk

Cereal of Choice

Tuesday December 30, 2025

Wednesday December 31, 2025

Thursday January 1, 2026

Friday January 2, 2026

Saturday January 3, 2026

Sunday January 4, 2026

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Western Omelet Toast Diced Pears

Juice of Choice Milk

Cereal of Choice

F

Egg & Cheese on Fried Egg Canadian Bacon **English Muffin**

Berry Cup Juice of Choice

Milk Cereal of Choice

Bacon Croissant Diced Peaches Juice of Choice Milk

Cereal of Choice

Apple Pancakes Sausage Links Mandarin Oranges Juice of Choice

Milk

Cereal of Choice

N C Breakfast Sausage Burrito Fresh Banana Juice of Choice Milk

Cereal of Choice

Fruit Cocktail Juice of Choice Milk

Cinnamon French Toast

Turkey Sausage Patty .

Cereal of Choice

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Supreme Pizza Caesar Salad 7-Up Cake Lemonade Milk

Gvro Tzatziki Greek Pasta Salad Rice Puddina Lemonade Milk

BBO Ribs Mashed Potatoes Corn Dinner Roll Blonde Brownie Lemonade Milk

Turkey Club Sub on A Hoagie Loaded Fries Carrots Pickles, Lettuce, Tom, Onion Apple Pie w/ Ice Cream Lemonade Milk

Mushroom & Swiss Cheese Hamburger Lettuce Tomato and Onion **Delmonico Potatoes** Three Bean Salad Rocky Road Pudding Lemonade Milk

Baked Ziti with Meatsauce Tossed Salad with Dressing Breadstick Lemon Bar Lemonade Milk

Meatloaf **Brown Gravy** Garlic Mashed Potatoes Italian Vegetable Blend Dinner Roll or Bread Cranberry Velvet Gelatin Dessert Lemonade Milk

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> Fried Popcorn Shrimp Cocktail Sauce Crinkle Cut Fries Baked Beans

Ham & Cheese on a Croissant Chicken Noodle Soup Roasted Asparagus Cinnamon Baked Apples Milk

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Grilled Two Cheese Sandwich Cream of Tomato Soup Caribbean Vegetable Blend Chocolate Chip Cookie Milk

Honey Glazed Turkey Sweet Potato Wedges Mixed Vegetables Dinner Roll or Bread Caramel Apple Cake Milk

Chicken Pot Pie Stewed Tomatoes Chocolate Raspberry Bar Milk

Chicken Salad Sandwich French Onion Soup Capri Vegetable Blend Lemon Pudding Tart Milk

Beef Soft Tacos Spanish Rice Black Bean Salad Key Lime Pie Milk

Cinnamon Crispies Cookie Milk

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