

# Menu

**Monday**  
October 2, 2023

**Tuesday**  
October 3, 2023

**Wednesday**  
October 4, 2023

**Thursday**  
October 5, 2023

**Friday**  
October 6, 2023

**Saturday**  
October 7, 2023

**Sunday**  
October 8, 2023

## B R E A K F A S T

Scrambled Eggs  
Bacon  
Assorted Danish  
Applesauce  
Juice of Choice  
Milk  
Cereal of Choice

Fried Egg  
Sausage Links  
Toast  
Mandarin Oranges  
Juice of Choice  
Milk  
Cereal of Choice

Hard Cooked Egg  
Canadian Bacon  
Toast  
Fresh Banana  
Juice of Choice  
Milk  
Cereal of Choice

French Toast Casserole  
Turkey Sausage Patty  
Fruit Cocktail  
Juice of Choice  
Milk  
Cereal of Choice

Scrambled Eggs  
Breakfast Ham  
Toast  
Diced Pears  
Juice of Choice  
Milk  
Cereal of Choice

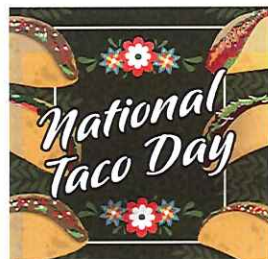
Potato Omelet  
Coffee Cake  
Berry Cup  
Juice of Choice  
Milk  
Cereal of Choice

Waffle  
Turkey Sausage Link  
Diced Peaches  
Juice of Choice  
Milk  
Cereal of Choice

## L U N C H

Fried Chicken  
Parslied Mashed Potatoes  
California Vegetable Blend  
Dinner Roll or Bread  
Fruit Fling  
Lemonade  
Milk

Lasagna with Meatsauce  
Italian Green Beans  
Garlic Bread  
Lemon Pudding Cake  
Lemonade  
Milk



Braised Pork Tips  
Roasted Red Skin Potatoes  
Buttered Green Peas  
Dinner Roll or Bread  
Harvest Cake  
Lemonade  
Milk

Tuna Noodle Casserole  
Prince Edward Vegetable Blend  
Breadstick  
Strawberry Cake with Frosting  
Lemonade  
Milk

Herbed Turkey  
Turkey Gravy  
Apple Bread Dressing  
Zucchini  
Caramel Brownie  
Lemonade  
Milk

Chicken & Dumplings  
Peas & Carrots  
Dinner Roll or Bread  
Lime Dream Cake  
Lemonade  
Milk

## D I N N E R

Swedish Meatballs  
Egg Noodles  
Parsley Buttered Carrots  
Dinner Roll or Bread  
Chocolate Tango Pudding  
Milk

Bourbon Maple Glazed Ham  
Corn Casserole  
Spinach Au Gratin  
Dinner Roll or Bread  
Cinnamon Applesauce  
Milk

Pizza Casserole  
Sicilian Vegetable Blend  
Marbled Cheesecake  
Milk

Chicken Strips Breaded  
Dipping Sauce  
Cottage Fries  
Italian Vegetable Blend  
Dinner Roll or Bread  
Cherry Cobbler  
Milk

Blue Cheese Hamburger  
Lettuce Tomato Onion & Pickle  
Sidewinder Fries  
Marinated Cucumber Salad  
Chocolate Ice Cream  
Milk

Pork Vegetable Stew  
Tossed Salad  
Assorted Salad Dressing  
Biscuit  
Chocolate Tart  
Milk

Breaded Veal Cutlet  
Lemon Herb Butter Sauce  
Sweet Potato Wedges  
Winter Vegetable Blend  
Dinner Roll or Bread  
Coconut Cream Pie  
Milk

## D I N N E R

## D I N N E R

## D I N N E R



# Menu

**Monday**  
October 9, 2023

**Tuesday**  
October 10, 2023

**Wednesday**  
October 11, 2023

**Thursday**  
October 12, 2023

**Friday**  
October 13, 2023

**Saturday**  
October 14, 2023

**Sunday**  
October 15, 2023

## B R E A K F A S T

Egg Bacon & Cheese  
Breakfast Sandwich  
Applesauce  
Juice of Choice  
Milk

Cereal of Choice

Sausage Gravy  
Scrambled Eggs  
Biscuit  
Mandarin Oranges  
Juice of Choice  
Milk

Cereal of Choice

Vegetable Omelet  
Sausage Patty  
Toast  
Fresh Banana  
Juice of Choice  
Milk

Cereal of Choice

Cheese Strata with Peppers  
Canadian Bacon  
Fruit Cocktail  
Juice of Choice  
Milk

Cereal of Choice

French Toast Sticks  
Turkey Sausage Patty  
Diced Pears  
Juice of Choice  
Milk

Cereal of Choice

Scrambled Eggs  
Bacon  
Assorted Danish  
Berry Cup  
Juice of Choice  
Milk

Cereal of Choice

Fried Egg  
Breakfast Ham  
English Muffin  
Diced Peaches  
Juice of Choice  
Milk

Cereal of Choice

## L U N C H

Steak Salad  
Baked Potato  
Sour Cream  
Garlic Breadstick  
Snickerdoodle Cookie  
Lemonade  
Milk

Marinated Pork Loin  
Cottage Fries  
Roasted Winter Vegetables  
Chocolate Peanut  
Butter Square  
Lemonade  
Milk

White Chicken Chili  
Sweet Potato Fries  
Asparagus  
Garlic Bread  
Ambrosia  
Lemonade  
Milk

Hot Roast Beef & Swiss  
Cheese Onion Roll  
Horseradish Dijon Sauce  
Garlic Mashed Potatoes  
Steamed Broccoli with Lemon  
Cinnamon Baked Apples  
Lemonade  
Milk

Breaded Fish with Cheese on  
a Bun  
Broccoli Cheese Soup  
Calico Coleslaw  
Assorted Ice Cream  
Lemonade  
Milk

Cranberry Orange Chicken  
Roasted Sweet Potato  
Brussels Sprouts Medley  
Dinner Roll or Bread  
Blonde Brownie  
Lemonade  
Milk

Kielbasa Sausage  
Pierogies  
Sauerkraut  
Dinner Roll or Bread  
Fantasy Fruit  
Lemonade  
Milk

## D I N N E R

Turkey Tetrazzini  
Sliced Beets  
Dinner Roll or Bread  
Pumpkin Mousse  
Milk

Beef Pot Pie  
Lemony Rocket Salad w/  
Dressing  
Peach Cobbler  
Milk

Salisbury Steak  
Butter Herbed Noodles  
Spinach  
Dinner Roll or Bread  
Marble Cheesecake Brownie  
Milk

Sliced Baked Ham  
Macaroni & Cheese  
Peas & Mushrooms  
Dinner Roll or Bread  
Butterscotch Pudding Parfait  
Milk

Chicken Stir Fry with  
Vegetables  
Rice  
Vegetable Spring Rolls  
Cherry Pineapple Gelatin  
Milk

Thin Crust Cheese Pizza  
Tossed Salad with Dressing  
Breadstick  
Peanut Butter Cookie  
Milk

Deli Sandwich  
Wild Rice & Chicken Soup  
Stewed Tomato Salad  
Rainbow Cake  
Milk

Cycle: 3

# Menu

**Monday**  
October 16, 2023

**Tuesday**  
October 17, 2023

**Wednesday**  
October 18, 2023

**Thursday**  
October 19, 2023

**Friday**  
October 20, 2023

**Saturday**  
October 21, 2023

**Sunday**  
October 22, 2023

## B R E A K F A S T

Ham & Cheese Frittata  
Toast  
Applesauce  
Juice of Choice  
Milk

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Cereal of Choice

Apple Pancakes  
Sausage Links  
Mandarin Oranges  
Juice of Choice  
Milk

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Cereal of Choice

Breakfast Sausage Burrito  
Fresh Banana  
Juice of Choice  
Milk

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Cereal of Choice

Cinnamon French Toast  
Turkey Sausage Patty  
Fruit Cocktail  
Juice of Choice  
Milk

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Cereal of Choice

Western Omelet  
Toast  
Diced Pears  
Juice of Choice  
Milk

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Cereal of Choice

Fried Egg  
Canadian Bacon  
English Muffin  
Berry Cup  
Juice of Choice  
Milk

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Cereal of Choice

Egg & Cheese on  
Bacon  
Croissant  
Diced Peaches  
Juice of Choice  
Milk

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Cereal of Choice

## L U N C H

## L U N C H

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## L U N C H

Supreme Pizza  
Caesar Salad  
7-Up Cake  
Lemonade  
Milk

Gyro  
Tzatziki  
Greek Pasta Salad  
Rice Pudding  
Lemonade  
Milk

Pork Medallions  
Oven Roasted Potatoes  
Dilled Baby Carrots  
Dinner Roll or Bread  
Blonde Brownie  
Lemonade  
Milk

BBQ Chicken  
Chuckwagon Corn  
Broccoli Au Gratin  
Rosy Pears  
Lemonade  
Milk

Mushroom & Swiss Cheese  
Hamburger  
Lettuce Tomato and Onion  
DeMonico Potatoes  
Three Bean Salad  
Rocky Road Pudding  
Lemonade  
Milk

Baked Ziti with Meatsauce  
Tossed Salad with Dressing  
Breadstick  
Lemon Bar  
Lemonade  
Milk

Meatloaf  
Brown Gravy  
Garlic Mashed Potatoes  
Italian Vegetable Blend  
Dinner Roll or Bread  
Cranberry Velvet Gelatin  
Dessert  
Lemonade  
Milk

## D I N N E R

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## D I N N E R

Honey Glazed Turkey  
Sweet Potato Wedges  
Mixed Vegetables  
Dinner Roll or Bread  
Caramel Apple Cake  
Milk

Chicken Pot Pie  
Stewed Tomatoes  
Chocolate Raspberry Bar  
Milk

Chicken Salad Sandwich  
French Onion Soup  
Capri Vegetable Blend  
Lemon Pudding Tart  
Milk

Beef Soft Tacos  
Spanish Rice  
Black Bean Salad  
Key Lime Pie  
Milk

Fried Popcorn Shrimp  
Cocktail Sauce  
Crinkle Cut Fries  
Baked Beans  
Cinnamon Crispies Cookie  
Milk

Ham & Cheese on a  
Croissant  
Chicken Noodle Soup  
Roasted Asparagus  
Cinnamon Baked Apples  
Milk

Grilled Two Cheese  
Sandwich  
Cream of Tomato Soup  
Caribbean Vegetable Blend  
Chocolate Chip Cookie  
Milk



# Menu

**Monday**  
October 23, 2023

**Tuesday**  
October 24, 2023

**Wednesday**  
October 25, 2023

**Thursday**  
October 26, 2023

**Friday**  
October 27, 2023

**Saturday**  
October 28, 2023

**Sunday**  
October 29, 2023

## B R E A K F A S T

Egg & Canadian Bacon  
Breakfast Sandwich  
Applesauce  
Juice of Choice  
Milk  
Cereal of Choice

Scrambled Eggs  
Sausage Links  
Toast  
Mandarin Oranges  
Juice of Choice  
Milk  
Cereal of Choice

Denver Omelet  
Toast  
Fresh Banana  
Juice of Choice  
Milk  
Cereal of Choice

Pancakes  
Turkey Sausage Patty  
Fruit Cocktail  
Juice of Choice  
Milk  
Cereal of Choice

Huevos Rancheros  
Hashbrown Patty  
Diced Pears  
Juice of Choice  
Milk  
Cereal of Choice

Scrambled Egg with Onions  
Bacon  
Assorted Danish  
Berry Cup  
Juice of Choice  
Milk  
Cereal of Choice

Waffle with Strawberries  
Turkey Sausage Link  
Diced Peaches  
Juice of Choice  
Milk  
Cereal of Choice

## L U N C H

Rancher's Chicken  
Duchess Potatoes  
Normandy Vegetable Blend  
Dinner Roll or Bread  
Chocolate Mousse  
Lemonade  
Milk

BBQ Beef Brisket  
Mashed Sweet Potato  
Broccoli & Cauliflower  
Dinner Roll or Bread  
Sugar Cookie  
Lemonade  
Milk

Italian Sausage on a Bun  
Tater Tots  
Buttered Green Beans  
Chocolate Chip Bar  
Lemonade  
Milk

Beef Chili with Beans  
Tossed Salad with Dressing  
Cornbread  
S'more Pudding Parfait  
Lemonade  
Milk

Apple Ginger Pork Chop  
Parslied New Potatoes  
Spinach with Mushrooms  
Dinner Roll or Bread  
Cinnamon Applesauce  
Lemonade  
Milk

Cheese Ravioli Casserole  
Lemony Rocket Salad w/  
Dressing  
Garlic Bread  
Italian Ice  
Lemonade  
Milk

Marinated Chicken  
Baked Sweet Potato with  
Cinnamon Butter  
Cream Cheese Corn  
Dinner Roll or Bread  
Apple Betty  
Lemonade  
Milk

## D I N N E R

Hawaiian Ham  
Hashbrown Casserole  
Zucchini & Onions  
Dinner Roll or Bread  
Margarita Cake  
Milk

Turkey Teriyaki  
Pineapple Rice Pilaf  
Honey Ginger Baby Carrots  
Dinner Roll or Bread  
Strawberry Delight Gelatin  
Milk

Chicken Alfredo with  
Fettuccine Noodles  
Capri Vegetable Blend  
Breadstick  
Pineapple Dream  
Milk

Sweet & Sour Pork  
Steamed Rice  
Asian Vegetable Blend  
Dinner Roll or Bread  
Peach Crisp  
Milk

Beer Battered Fish  
Steak Fries  
Creamy Coleslaw  
Dinner Roll or Bread  
Chocolate Brownie  
Milk

Sloppy Joe on a Bun  
Onion Rings  
Green Peas w/ Red Peppers  
Gelatin Jewels  
Milk

Ham & Pea Tortellini  
Baby Carrots  
Dinner Roll or Bread  
Assorted Ice Cream  
Milk

## D I N N E R

## D I N N E R

## D I N N E R

Cycle: 5

# Menu

## Halloween

**Monday**  
October 30, 2023

**Tuesday**  
October 31, 2023

**Wednesday**  
November 1, 2023

**Thursday**  
November 2, 2023

**Friday**  
November 3, 2023

**Saturday**  
November 4, 2023

**Sunday**  
November 5, 2023

### B R E A K F A S T

French Toast  
Canadian Bacon  
Applesauce  
Juice of Choice  
Milk

Cereal of Choice

Sausage Omelet  
Apple Cinnamon Muffin  
Mandarin Oranges  
Juice of Choice  
Milk

Cereal of Choice

Fried Egg  
Turkey Sausage Patty  
Toast  
Fresh Banana  
Juice of Choice  
Milk

Cereal of Choice

Western Scrambled Eggs  
Bacon  
Toast  
Fruit Cocktail  
Juice of Choice  
Milk

Cereal of Choice

Scrambled Eggs  
Corned Beef Hash  
Toast  
Diced Pears  
Juice of Choice  
Milk

Cereal of Choice

Hard Cooked Egg  
Sausage Links  
Cinnamon Roll  
Berry Cup  
Juice of Choice  
Milk

Cereal of Choice

Blueberry Pancakes  
Bacon  
Diced Peaches  
Juice of Choice  
Milk

Cereal of Choice

### L U N C H

Marinated Flank Steak  
Parmesan Basil Orzo  
Mixed Vegetables  
Lemon Cake w/ Lemon Icing  
Lemonade  
Milk

Chicken Club Wrap  
Minestrone Soup  
Chocolate Eclair Bar  
Lemonade  
Milk

Cranberry Glazed Ham  
Au Gratin Potatoes  
Greens  
Dinner Roll or Bread  
Sugar Cookie  
Lemonade  
Milk

Beef & Bean Burrito  
Mexican Corn  
Churros  
Lemonade  
Milk

Tuna Melt  
Peas & Carrots  
Boston Cream Pie  
Lemonade  
Milk

Meatballs with Sauce  
Spaghetti Noodles  
Capri Vegetable Blend  
Garlic Bread  
Blueberry Cheesecake Bar  
Lemonade  
Milk

Pot Roast with  
Oven Roasted Potatoes  
Roasted Baby Carrots  
Dinner Roll or Bread  
Fruit Crisp  
Lemonade  
Milk

### D I N N E R

Supreme Pizza  
Spring Mix with Dressing  
Breadstick  
Pineapple Cream Gelatin  
Milk

Veal Cutlet with Mushroom  
Sauce  
Herb Buttered Linguini  
California Vegetable Blend  
Dinner Roll or Bread  
Modified Deluxe Fruit Salad  
Milk

Beef Stroganoff  
Egg Noodles  
Winter Vegetable Blend  
Dinner Roll or Bread  
Cookies & Cream Pie  
Milk

Lemon Pepper Turkey  
Roasted Sweet Potato  
Spinach with Garlic  
Dinner Roll or Bread  
Chocolate Chip Bread  
Pudding  
Milk

Chicken Teriyaki  
Pineapple Rice Pilaf  
Asian Vegetable Blend  
Dinner Roll or Bread  
Yellow Cupcake w/ Chocolate  
Frosting  
Milk

BBQ Pork Roast  
Hashbrown Casserole  
Cauliflower  
Strawberry Applesauce  
Milk

Chili Cheese Dog  
Homemade Potato Chips  
Tossed Salad with Dressing  
Mandarin Orange Delight  
Gelatin  
Milk

### D I N N E R

### D I N N E R

### D I N N E R