

Monday September 29	Tuesday September 30	Wednesday October 1	Thursday October 2	Friday October 3	Saturday October 4	Sunday October 5
B R E A K F A S T		B R E A K F A S T		B R E A K F A S T		B R E A K F A S T
		Fried Egg Turkey Sausage Patty Toast Fresh Banana	Western Scrambled Eggs Bacon Toast Fruit Cocktail	Scrambled Eggs Corned Beef Hash Toast Diced Pears	Egg & Italian Sausage Bake Cinnamon Roll Berry Cup	Blueberry Pancakes Bacon Diced Peaches
L U N C H		L U N C H		L U N C H		L U N C H
		Cranberry Glazed Ham Au Gratin Potatoes Greens Dinner Roll or Bread Sugar Cookie	Beef & Bean Burrito Mexican Corn Churros	Tuna Melt Peas & Carrots Boston Cream Pie	Spaghetti with Meatballs Capri Vegetable Blend Garlic Bread Blueberry Cheesecake Bar	Pot Roast with Oven Roasted Potatoes Roasted Baby Carrots Dinner Roll or Bread Fruit Crisp
D I N N E R		D I N N E R		D I N N E R		D I N N E R
		Beef Stroganoff Egg Noodles Winter Vegetable Blend Dinner Roll or Bread Cookies & Cream Pie	Lemon Pepper Turkey Roasted Sweet Potato Spinach with Garlic Dinner Roll or Bread Chocolate Chip Bread Pudding	Chicken Teriyaki Pineapple Rice Pilaf Asian Vegetable Blend Dinner Roll or Bread Yellow Cupcake w/ Chocolate Frosting	BBQ Pork Roast Hashbrown Casserole Cauliflower Strawberry Applesauce	Chili Cheese Dog Homemade Potato Chips Tossed Salad with Dressing Mandarin Orange Delight Gelatin

Monday October 6			Tuesday October 7			Wednesday October 8			Thursday October 9			Friday October 10			Saturday October 11			Sunday October 12		
B R E A K F A S T			B R E A K F A S T			B R E A K F A S T			B R E A K F A S T			B R E A K F A S T			B R E A K F A S T			B R E A K F A S T		
Scrambled Eggs Bacon Assorted Danish Applesauce			Fried Egg Sausage Links Toast Mandarin Oranges			Mushroom & Cheese Baked Omelet Canadian Bacon Toast Fresh Banana			French Toast Casserole Turkey Sausage Patty Fruit Cocktail			Scrambled Eggs Breakfast Ham Toast Diced Pears			Potato Omelet Coffee Cake Berry Cup			Waffle Turkey Sausage Links Diced Peaches		
L U N C H			L U N C H			L U N C H			L U N C H			L U N C H			L U N C H			L U N C H		
Fried Chicken Parslied Mashed Potatoes California Vegetable Blend Dinner Roll or Bread Fruit Fling			Lasagna with Meatsauce Italian Green Beans Garlic Bread Lemon Pudding Cake			Roast Beef Au Jus Baked Potato Broccoli Florets Peaches & Cream Gelatin Dessert			Braised Pork Tips Roasted Red Skin Potatoes Buttered Green Peas Dinner Roll or Bread Harvest Cake			Tuna Noodle Casserole Prince Edward Vegetable Blend Breadstick Strawberry Cake with Frosting			Herbed Turkey Turkey Gravy Zucchini Apple Bread Dressing Caramel Brownie			Chicken & Dumplings Peas & Carrots Dinner Roll or Bread Lime Dream Cake		
D I N N E R			D I N N E R			D I N N E R			D I N N E R			D I N N E R			D I N N E R			D I N N E R		
Swedish Meatballs Egg Noodles Parsley Buttered Carrots Dinner Roll or Bread Chocolate Tango Pudding			Bourbon Maple Glazed Ham Corn Casserole Spinach Au Gratin Dinner Roll or Bread Cinnamon Applesauce			Pizza Casserole Sicilian Vegetable Blend Marbled Cheesecake			Chicken Tenders Dipping Sauce Cottage Fries Italian Vegetable Blend Dinner Roll or Bread Cherry Cobbler			Blue Cheese Hamburger Lettuce Tomato Onion & Pickle Sidewinder Fries Marinated Cucumber Salad Chocolate Ice Cream			Pork Vegetable Stew Tossed Salad Assorted Salad Dressing Biscuit Chocolate Tart			Breaded Veal Cutlet Lemon Herb Butter Sauce Sweet Potato Wedges Winter Vegetable Blend Dinner Roll or Bread Coconut Cream Pie		

Monday October 13	Tuesday October 14	Wednesday October 15	Thursday October 16	Friday October 17	Saturday October 18	Sunday October 19	
B R E A K F A S T		B R E A K F A S T		B R E A K F A S T		B R E A K F A S T	
Egg Bacon & Cheese Breakfast Sandwich Applesauce	Scrambled Eggs Sausage Gravy Biscuit Mandarin Oranges	Vegetable Omelet Sausage Patty Toast Fresh Banana	Cheese Strata with Peppers Canadian Bacon Fruit Cocktail	French Toast Sticks Turkey Sausage Patty Diced Pears	Scrambled Eggs Bacon Assorted Danish Berry Cup	Fried Egg Breakfast Ham English Muffin Diced Peaches	
L U N C H		L U N C H		L U N C H		L U N C H	
Baked Fish with Parsley Butter Baked Potato Garlic Green Beans Garlic Breadstick Snickerdoodle Cookie	Marinated Pork Loin Cottage Fries Roasted Winter Vegetables Chocolate Peanut Butter Square	Fried Chicken Parslied Mashed Potatoes California Vegetable Blend Dinner Roll or Bread Fruit Fling	Hot Roast Beef & Swiss Cheese Onion Roll Horseradish Dijon Sauce Garlic Mashed Potatoes Steamed Broccoli w/Lemon Cinnamon Baked Apples	Breaded Fish with Cheese on a Bun Broccoli Cheese Soup Calico Coleslaw Assorted Ice Cream	Cranberry Orange Chicken Roasted Sweet Potato Brussels Sprouts Medley Dinner Roll or Bread Blonde Brownie	Kielbasa Sausage Pierogies Sauerkraut Dinner Roll or Bread Fantasy Fruit	
D I N N E R		D I N N E R		D I N N E R		D I N N E R	
Turkey Tetrazzini Sliced Beets Dinner Roll or Bread Pumpkin Mousse	Beef Pot Pie Lemony Rocket Salad w/ Dressing Peach Cobbler	Salisbury Steak Butter Herbed Noodles Spinach Dinner Roll or Bread Marble Cheesecake Brownie	Sliced Baked Ham Macaroni & Cheese Peas & Mushrooms Dinner Roll or Bread Butterscotch Pudding Parfait	Chicken Stir Fry with Vegetables Rice Vegetable Spring Rolls Cherry Pineapple Gelatin	Thin Crust Cheese Pizza Tossed Salad with Dressing Breadstick Peanut Butter Cookie	Pepper Steak with Gravy Baked Noodles with Mushrooms Stewed Tomatoes Rainbow Cake	

Monday October 20	Tuesday October 21	Wednesday October 22	Thursday October 23	Friday October 24	Saturday October 25	Sunday October 26
B R E A K F A S T						
Ham & Cheese Frittata Toast Applesauce	Apple Pancakes Sausage Links Mandarin Oranges	Breakfast Sausage Burrito Fresh Banana	Cinnamon French Toast Turkey Sausage Patty Fruit Cocktail	Western Omelet Toast Diced Pears	Fried Egg Canadian Bacon English Muffin Berry Cup	Egg, Cheese & Bacon on Croissant Diced Peaches
L U N C H						
Cheeseburger Pie Green Peas Breadstick 7-Up Cake	Gyro Tzatziki Greek Pasta Salad Rice Pudding	Pork Medallions Oven Roasted Potatoes Dilled Baby Carrots Dinner Roll or Bread Blonde Brownie	BBQ Chicken Chuckwagon Corn Broccoli Au Gratin Rosy Pears	Mushroom & Swiss Cheese Hamburger Lettuce, Tomato and Onion Delmonico Potatoes Three Bean Salad Rocky Road Pudding	Baked Ziti with Meatsauce Tossed Salad with Dressing Breadstick Lemon Bar	Meatloaf Brown Gravy Garlic Mashed Potatoes Italian Vegetable Blend Dinner Roll or Bread Cranberry Velvet Gelatin Dessert
D I N N E R						
Honey Glazed Turkey Sweet Potato Wedges Mixed Vegetables Dinner Roll or Bread Caramel Apple Cake	Chicken Pot Pie Stewed Tomatoes Chocolate Raspberry Bar	Chicken Salad Sandwich French Onion Soup Capri Vegetable Blend Lemon Pudding Tart	Beef Soft Tacos Spanish Rice Black Bean Salad Key Lime Pie	Fried Popcorn Shrimp Cocktail Sauce Crinkle Cut Fries Baked Beans Cinnamon Crispies Cookie	Ham & Cheese on a Croissant Chicken Noodle Soup Roasted Asparagus Cinnamon Baked Apples	Grilled Two Cheese Sandwich Cream of Tomato Soup Caribbean Vegetable Blend Chocolate Chip Cookie

Monday October 27	Tuesday October 28	Wednesday October 29	Thursday October 30	Halloween Friday October 31	Saturday November 1	Sunday November 2
B R E A K F A S T	B R E A K F A S T	B R E A K F A S T	B R E A K F A S T	B R E A K F A S T	B R E A K F A S T	B R E A K F A S T
Egg & Canadian Bacon Breakfast Sandwich Applesauce	Scrambled Eggs Sausage Links Toast Mandarin Oranges	Denver Omelet Toast Fresh Banana	Pancakes Turkey Sausage Patty Fruit Cocktail	Huevos Rancheros Hashbrown Patty Diced Pears	Scrambled Egg with Onions Bacon Assorted Danish Berry Cup	Waffle with Strawberries Turkey Sausage Link Diced Peaches
L U N C H	L U N C H	L U N C H	L U N C H	L U N C H	L U N C H	L U N C H
Rancher's Chicken Duchess Potatoes Normandy Vegetable Blend Dinner Roll or Bread Chocolate Mousse	BBQ Beef Brisket Mashed Sweet Potato Broccoli & Cauliflower Dinner Roll or Bread Sugar Cookie	Italian Sausage on a Bun Tater Tots Buttered Green Beans Chocolate Chip Bar	Beef Chili with Beans Tossed Salad with Dressing Cornbread S'more Pudding Parfait	Apple Ginger Pork Chop Parslied New Potatoes Spinach with Mushrooms Dinner Roll or Bread Cinnamon Applesauce	Cheese Ravioli Casserole Lemony Rocket Salad w/ Dressing Garlic Bread Italian Ice	Marinated Chicken Baked Sweet Potato with Cinnamon Butter Cream Cheese Corn Dinner Roll or Bread Apple Betty
D I N N E R	D I N N E R	D I N N E R	D I N N E R	D I N N E R	D I N N E R	D I N N E R
Hawaiian Ham Hashbrown Casserole Zucchini & Onions Dinner Roll or Bread Margarita Cake	Turkey Teriyaki Pineapple Rice Pilaf Honey Ginger Baby Carrots Dinner Roll or Bread Strawberry Delight Gelatin	Chicken Alfredo with Fettuccine Noodles Capri Vegetable Blend Breadstick Pineapple Dream	Sweet & Sour Pork Steamed Rice Asian Vegetable Blend Dinner Roll or Bread Peach Crisp	Beer Battered Fish Steak Fries Creamy Coleslaw Dinner Roll or Bread Chocolate Brownie	Sloppy Joe on a Bun Onion Rings Green Peas w/ Red Peppers Gelatin Jewels	Ham & Pea Tortellini Baby Carrots Dinner Roll or Bread Assorted Ice Cream