

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



9:00am Daily Chronicles and Current Events 1:30pm Movement Tu B'Shevat Begins	9:00am Daily Chronicles and current events 10:00am Chair Yoga 10:00am Where's the Ground Hog game for all to play.. 1:30pm Bingo - Rec. Hall 2:30pm Bible study w/ Dr. J 3:00pm Groundhog trivia Groundhog Day	9:00am Daily Chronicles and current events 10:00am Moving and Grooving 10:30am Pick your Super Bowl Squares 1:30pm Live music w/ Whiskey Ryan - Chapel 6:15pm Member Choice-Game Night	9:00am HAIR CUTS 1 North Beauty Barber National Snickers Day 10:00am make Snickers salad 11:00am Stretching 1:30pm Crafts on units 3:00pm Snickers Salad tasting	9:00am HAIR CUTS 1 North Beauty Barber National Snickers Day 10:00am make Snickers salad 11:00am Stretching 1:30pm Crafts on units 3:00pm Snickers Salad tasting	9:00am Daily Chronicles and Current Events 10:00am Catholic Mass - Chapel 10:00am Move N Groove 1:00pm Shopping to Walmart 1:30pm Live music w/ Linda Smith- Chapel 3:00pm Relaxation/ Meditation	9:00am Daily Chronicles and Current Events 10:00am Catholic Mass - Chapel 10:00am Move N Groove 1:00pm Shopping to Walmart 1:30pm Live music w/ Linda Smith- Chapel 3:00pm Relaxation/ Meditation	7:00am Big Boy Breakfast outing 9:00am Daily Chronicles and Current Events 10:00am Protestant Church - Chapel 10:00am Moving to the Music 1:30pm Cards and Conversation all units invited - 2 West Day Room	8:00am Ice Fishing w/ Courage Inc. - Per list 9:00am Meet and Greet w/ Daily Chronicles 1:30pm Movement & Activity
9:00am Daily Chronicles and current Events 1:30pm Super bowl Tailgate Party - Rec. Hall	9:00am Daily Chronicles and Current events 10:00am Chair Yoga 1:30pm Bingo - Rec. Hall 2:30pm Bible study w/ Dr. J - Rec. Hall 3:00pm Table Talk Tidbits	9:00am Daily Chronicles and Current events 10:00am Gardening Club 11:00am Coffee and Conversation 1:30pm Bowling - Rec. Hall 3:00pm 1 to 1s 6:00pm Live music by Munising Vanguard - Chapel	9am HAIR CUTS 1 SOUTH Beauty Barber	9:00am Daily Chronicles and Current events 10:00am Twist and Shout 1:30pm Member Monthly Planning meeting - rec. hall	9:00am Daily Chronicles and Current Events 10:00am Catholic Mass - Chapel 10:00am Exercise 1:30pm Sunshine Girls - Chapel 3:00pm karaoke	9:00am Daily Chronicles and Current Events 10:00am Catholic Mass - Chapel 10:00am Exercise 1:30pm Sunshine Girls - Chapel 3:00pm Valentine Trivia	9:00am Daily Chronicles and Current Events 10:00am Protestant Church Service 10:00am Drumming to the music 1:30pm Toni Saari - Chapel 3:00pm Card and Conversation all units invited 2 west day room	10:00am Valentine's parfaits 1:30pm Live music w/ Louis - Chapel
9:00am Daily Chronicle and Current events 11:30am Lunch replacement - PIZZA - per list - 1 West Day Room 2:00pm umbrella balloon game	9:00am Friendly visits w/ Daily Chronicle and current events 10:00am Float building - carts 1:30pm BINGO - Rec. Hall 2:30pm Bible study w/ Dr. J - rec. hall 3:00pm Table Talk Tidbits Presidents' Day (U.S.)	9:00am Meet and Greet w/ Daily Chronicles 10:00am Fat Tuesday Paczkis w/ parade 1:30pm El Cheapo - makes European - rec. hall 2:30pm Member Council meeting- Rec. hall 6:15pm Game night 2 South day room	9:00am Friendly visits w/ Daily Chronicles and current events 10:30am Ash Wed. Service-chapel 1:30pm Live music by Rev. Roberts and Da Bones Man - Chapel 3:00pm WII Bowling	9:00am Friendly visits w/ Daily Chronicles and current events 10:30am Ash Wed. Service-chapel 1:30pm Live music by Rev. Roberts and Da Bones Man - Chapel 3:00pm WII Bowling	Hidden Heroes Day 9:00am Chronicles and Current Events 10:00am Catholic Mass w/ FMCA kids - Chapel 10:00am Chair-obics 1:00pm Load for Shopping Meijers 1:30pm Craft hour 3:00pm 1 to 1s	9:00am Chronicles and Current events 10:00am Protestant Church 10:00am Birthday Baking 1:30pm Birthday Bingo w/ treats 3:00pm Cards, cribbage members choice 6:00pm NMU vs Lake State Hockey Game - Load @ Chapel	9:00am Chronicles and Current events 10:00am Protestant Church 10:00am Birthday Baking 1:30pm Birthday Bingo w/ treats 3:00pm Cards, cribbage members choice 6:00pm NMU vs Lake State Hockey Game - Load @ Chapel	9:00am Chronicles and Currents events 10:00am Morning Exercise - Members choice 1:30pm Word games and reminiscence
NATIONAL MARGARITA DAY!! 9:00am Chronicles and Current Events 10:00am Let the Bible Speak - TV 1:30pm Members choice movie on units	9:00 Chronicles and Current Events 10:00am Painting w/ Allison - Rec. Hall 1:30pm Corn Hole Tournament - 1 North Day room 3:00pm Table Talk Tidbits 6:30pm Bingo - Rec. Hall	9:00am Chronicles and Current events 10:00am Ball Toss 1:30pm Winter carnival - Rec. Hall 3:00pm Winter Movie Trivia 6:15pm Game night 2 South day room	9:00am Haircuts 2 North 9:00am Chronicles and current events 10:00am Seated Tai Chi	9:00am Haircuts 2 North 9:00am Chronicles and current events 10:00am Seated Tai Chi 1:30pm Ice fishing activity- Rec. Hall	9:00am Chronicles and Current events 10:00am Catholic Mass - Chapel 1:30pm Happy Fish Camp w/ music by Gina Johnson & Hozz- Rec. Hall 3:00pm Ball Toss	9:00am Chronicles and Current Events 10:00am Protestant Church Service 11:30am Load for Elvis Movie outing 1:30pm movie Grumpy old men movie w/Ice cream Sundae's	9:00am Chronicles and Currents events 10:00am moving and grooving 1:30pm Members choice games	9:00am Chronicles and Currents events 10:00am moving and grooving 1:30pm Members choice games

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Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# February 2026

Megan/Tina/Bobbi 9:00 Chronicles & Current Events  Tu B'Shevat Begins	1  9:00 Chronicles & Current Events 10:00 Sit and Be Fit -2 S 1:30 Bingo - Rec Room 2:30 Bible Study - Rec Room 3:00 Table Talk Tidbits  Groundhog Day	2  9:00 Chronicles & Current Events 10:00 Move & Groove - 2 S 10:30 Super Bowl Squares - 1:30 Live Music by Whiskey Ryan - Chapel 3:00 Tuesday Trivia - 2 S 4:00 Tuesday Trivia -2 North 6:15 Member Choice GAME NIGHT - 2 South	3  9:00 Chronicles & Current Events 10:00 Move & Groove - 2 S 10:30 Seated Tai Chi - 2 South 1:30 Craft Hour - 2 South 3:00 Valentine Crystal Craft - 2 North	4  Haircuts 1N 9:00 Chronicles & Current Events 10:00 Seated Tai Chi - 2 South 1:30 Craft Hour - 2 South 3:00 Valentine Crystal Craft - 2 North	5  9:00 Chronicles & Current Events 10:00 Move & Groove - 2 S 10:00 Catholic Mass - Chapel 1:00 Load for Walmart shopping - back lot 1:30 Music by Linda Smith - Chapel 3:00 February Guy Talk - 2 South	6  S-R, B-A 7:00 Load for Big Boy Breakfast Outing - back lot 9:00 Chronicles & Current Events 10:00 Protestant Service - Chapel 10:00 Loosen Up - 2 S 1:30 Cards & Conversation - 2 West 3:00 Movie - 2 South	7  Sara/Tyler, B-A 8:00 Ice Fishing Outing with Courage Incorporated 9:00 Chronicles & Current Events 1:00 Cook's Club - Volunteer Lounge PM Pet Therapy with Jozie
Sara/Tyler, B-A 9:00 Chronicles & Current Events  5:00 Super Bowl Pre-game Party - Rec Room	8  S-R, B-A 9:00 Chronicles & Current Events 10:00 Sit and Be Fit - 2 South 1:30 Bingo - Rec Room 2:30 Bible Study - Rec Room 3:00 Table Talk Tidbits	9  S-PM, B-A 9:00 Chronicles & Current Events 10:00 Move & Groove - 2 S 1:30 Bowling - Rec Room 3:00 Tuesday Trivia - 2 S 4:00 Tuesday Trivia -2 North 6:30 Live Music by Munising Vanguard - Chapel	10  9:00 Chronicles & Current Events 10:00 Move & Groove - 2 S 1:30 Seated Tai Chi - 2 South 1:30 Member Monthly Planning Meeting - Rec Room 3:00 Valentine Cards - 2 North	11  Haircuts 1S, B-A 9:00 Chronicles & Current Events 10:00 Seated Tai Chi - 2 South 1:30 Member Monthly Planning Meeting - Rec Room 3:00 Valentine Cards - 2 North	12  , B-A 9:00 Chronicles & Current Events 10:00 Move & Groove - 2 S 10:00 Catholic Mass - Chapel 1:30 Music with The Sunshine Girls - Chapel 3:00 Movie "Miracle" -2 West	13  C-R, B-A 9:00 Chronicles & Current Events 10:00 Protestant Service - Chapel 10:00 Loosen Up - 2 S 1:30 Live Music by Toni Saari - Chapel 3:00 Cards & Conversation - 2 West	14  Chris/Maria/Kristi 9:00 Chronicles & Current Events 10:30 Valentine Parfaits 1:30 Live Music by Louis Lenter - Chapel  Valentine's Day
Chris/Maria/Kristi 9:00 Chronicles & Current Events  11:30 Pizza Luncheon In House	15  C-H, B-A 9:00 Chronicles & Current Events 10:00 Sit and Be Fit - 2 South 1:30 Bingo - Rec Room 2:30 Bible Study - Rec Room 3:00 Table Talk Tidbits  Presidents' Day (U.S.)	16  10:00 Fat Tuesday/Mardi Gras Parade with Paczkis 1:30 European Skull Mounts presentation - Rec Hall 2:30 Member Council -Rec Room 3:00 Tuesday Trivia - 2 S 4:00 Tuesday Trivia- 2 North 6:15 Member Choice GAME NIGHT - 2 South  Mardi Gras	17  10:00 Seated Tai Chi - 2 South 10:30 Ash Wednesday Service - Chapel 1:30 Music by Rev Roberts and Da Bones Man - Chapel 3:00 "Oh Shoot, Biathlon Challenge" - 2 S	18  Haircuts MCU 9:00 Chronicles & Current Events 10:00 Seated Tai Chi - 2 South 10:30 Ash Wednesday Service - Chapel 1:30 Music by Rev Roberts and Da Bones Man - Chapel 3:00 "Oh Shoot, Biathlon Challenge" - 2 S	19  9:00 Chronicles & Current Events 10:00 Catholic Mass with FMCA kids - Chapel 10:00 Move & Groove - 2 S 1:00 Load for Meier shopping - back lot 1:30 Bingo, Bango, Bongo - 2 South 3:00 Craft Hour - 2 South	20  9:00 Chronicles & Current Events 10:00 Protestant Service - Chapel 1:30 Birthday BINGO - Rec Room 3:00 Cards & Conversation - 2 West 5:30 Load for NMU vs Lake State Hockey - Back Lot	21  9:00 Chronicles & Current Events
Megan/Tina/ 9:00 Chronicles & Current Events  'DJJ Winter Carnival/Ice Fishing Week	22  S-PM 9:00 Chronicles & Current Events 10:00 Sit and Be Fit - 2 South 10:00 Painting with Allison - Rec Room 1:30 Name that Tune-2S 3:00 Table Talk Tidbits 6:30 Bingo - Rec Room	23  S-PM 9:00 Chronicles & Current Events 10:00 Move & Groove - 2 S 1:30 Winter Carnival Games - Rec Room (building snowmen) 3:00 Tuesday Trivia - 2 S 4:00 Tuesday Trivia- 2 North 6:15 Member Choice GAME NIGHT - 2 South	24  9:00 Chronicles & Current Events 10:00 Seated Tai Chi - 2 South 1:30 Ice Fishing Competition - Rec Room 3:00 Craft Hour- 2S	25  Haircuts 2N 9:00 Chronicles & Current Events 10:00 Seated Tai Chi - 2 South 1:30 Ice Fishing Competition - Rec Room 3:00 Craft Hour- 2S	26  S-R 9:00 Chronicles & Current Events 10:00 Catholic Mass - Chapel 10:00 Move & Groove - 2 S 1:30 Happy Fish Camp with Music by Gina Johnson & Hozz - Rec Room 3:00 Guess the Logo- 2S	27  , B-A 9:00 Chronicles & Current Events 10:00 Protestant Service - Chapel 11:00 Load for Elvis Movie Outing - TBD 1:30 Movie and Ice Cream Sundaes -2 West 3:00 Cards & Conversation - 2 West	28  Sara/Tyler/Bobbi 9:00 Chronicles & Current Events 1:00 Cook's Club - Volunteer Lounge PM Pet Therapy with Jozie

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Saturday



9:00 Meet and greet 10:00 February Board Set-up 1:30 Movement Megan's Weekend Tu B'Shevat Begins	9:00 Meet and greet "Where's the Groundhog" Game- All day staff and Members 10:00 Member Choice - Brain Games 1:30 Bingo-Rec Hall/Concert movie 3:00 Movin' and Groovin	9:00 Meet and greet 10:00 Super Bowl Squares 1:30 Chair stretches 2:30 Music on MCU with Whiskey Ryan 6:30 Member Game Night on 2 South	9:00 Meet and greet 9:30 Relaxation Therapy and Toenails per Amys list 1:30 Coloring and Aromatherapy 3:00 Balloon Toss	9:00 Meet and greet 10:00 Catholic Mass in Chapel/Morning stretch 1:00 Walmart shopping 1:30 Movement 2:30 Music on MCU with Linda Smith	9:00 Meet and greet 10:00 Protestant Church Service in Chapel/Morning exercise 1:30 Yoga Ball Drumming Exercise 3:00 Wheel of Fortune	9:00 Meet and greet 10:00 Stretches 1:30 Movement 3:00 Puzzles and coloring See Whiteboard for Activities
9:00 Meet and greet 10:00 Sensory 1:30 VFC Super Bowl Tailgate Party- Rec Hall 6:30 Superbowl!!!	9:00 Meet and greet 10:00 Conversation Cards 1:30 2nd Monday Bingo in Rec Hall/ Name that Tune 3:00 1:1's/back rubs	9:00 Meet and greet 10:00 Balloon Toss 1:30 Bowling in Rec Hall 3:00 Chair Yoga 6:00 Munising Vanguard Music and Conversation in Chapel	9:00 Meet and greet 10:00 Relaxation Therapy 1:30 Valentine Craft 3:00 Valentine Trivia	9:00 Meet and greet 10:00 Catholic Mass in Chapel/Morning stretch 1:30 Sunshine Girl in Chapel 3:00 Memory Lane	9:00 Meet and greet 10:00 Protestant Church Service in Chapel/Morning exercise 1:30 Puzzles 2:30 Music on MCU with Toni Saari	9:00 Meet and greet 10:00 Valentine Parfaits and sweet talk 1:30 Chair Aerobics 2:30 Music on MCU with Lois Lenten Kristi's Weekend Valentine's Day
9:00 Meet and greet 10:00 Morning stretches 1:30 Wii Bowling 3:00 March board crafts Kristi's Weekend	9:00 Meet and greet 10:00 Float Building 1:30 3rd Monday Bingo in Rec Hall/ Trivia & bee 3:00 Music Relaxation with Hand Massage Presidents' Day (U.S.)	9:00 Meet and greet 10:00 Fat Tuesday Paczkis! Mardi Gras Parade!! 1:30 European Skull Mounts Presentation- Rec Hall 1:30 Lois Westman music MCU 3:00 Member Walks 6:30 Member Game Night on 2 South	9:00 Meet and greet 10:00 MCU Haircuts 10:30 Ash Wednesday Service 2:30 Music on MCU - Rev Roberts and Da Bones	9:00 Meet and greet 9:30 Relaxation Therapy with Toenails per Amy's list 10:00 Catholic Mass with Children in Chapel/Morning stretch 1:30 Stripes Movie and afternoon Snack 3:00 Sensory Hour	9:00 Meet and greet 10:00 Protestant Church Service in Chapel/Morning exercise 1:30 Birthday Bingo in Rec Hall 3:00 March Bulletin Board Craft 6:00 Hockey Outing - Per List	9:00 Meet and greet 10:00 Morning Exercise - Member Choice 1:30 Word Games/Reminiscence Megan's Weekend
9:00 Meet and greet 10:00 Doughnuts and Coffee 1:30 Balloon Tennis <u>Ice Fishing and Winter Carnival Week!</u> Megan's Weekend	9:00 Meet and greet 10:00 Painting with Allison in Rec Hall 1:30 Ball Toss 3:00 1:1's/back rubs 6:30pm 4th Monday Bingo in Rec Hall	9:00 Meet and greet 10:00 Word Games/Brain Games 1:30 Winter Carnival in Rec Hall 3:00 Winter Movie Trivia 6:30 Member Game Night on 2 South	9:00 Meet and greet 10:00 Sensory Relaxation 1:30 Ice Fishing Activity in Rec Hall 3:00 Wheel of Fortune	9:00 Meet and greet 10:00 Catholic Mass in Chapel/Morning stretch 1:30 Happy Fish Camp in Rec Hall - Music by Gina Johnson and Hozz 1:30 Fish coloring and stories 3:00 Visit the fish tanks	9:00 Meet and greet 10:00 Protestant Church Service in Chapel/Morning exercise 1:30 Grumpy Old Men Movie on MCU	9:00 Meet and greet 10:00 Stretches 1:30 Movement 3:00 Puzzles and coloring See Whiteboard for Activities

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