

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>  <h1>January 2026</h1> </div>				<div> <b>1</b>            9:30am Daily Chronicles and Current Events            10:00am Catholic Mass         </div>	<div> <b>2</b>            9:30am Daily Chronicles and Current Events            10:00am Protestant Church Service         </div>	<div> <b>3</b>            Check White Board for updated Activities         </div>
<div> <b>4</b>            Check White Board for updated Activities            Popcorn and Beers            1:00pm Green Bay Packers vs. Minnesota Vikings - CBS         </div>	<div> <b>5</b>            9:30am Daily Chronicles and Current Events            10:15am February Monthly Planning- 2 West Day Room            1:30pm Bingo-Rec. Hall            2:30pm Bible study w/ Dr. J – Rec. Hall         </div>	<div> <b>6</b>            9:30am Daily Chronicles and Current Events            10:15am Creative Sensory Activity – TBD            1:30pm Live Music w/ Whiskey Ryan - Chapel         </div>	<div> <b>7</b>            9:00am 1 North Hair Cuts            12:00pm Load for Bowling Outing – per list            1:30pm Movie on units-Members’ choice         </div>	<div> <b>8</b>            9:30am Daily Chronicles and Current Events            10:00am Catholic Mass-Chapel            1:30pm Celebrate the King of Rock Elvis Presley “Happy Hour”         </div>	<div> <b>9</b>            9:30am Daily Chronicles and Current Events            10:00am Protestant Church Service- Chapel            1:30pm Live music with Toni Saari – Chapel            5:30pm NMU hockey game - per list         </div>	<div> <b>10</b>            Check White Board for updated Activities         </div>
<div> <b>11</b>            Check White Board for Daily Activities         </div>	<div> <b>12</b>            9:30am Daily Chronicles and Current Events            10:15am Stretch &amp; Move            1:30pm Bingo – Rec. Hall            2:30pm Bible Study-Rec Hall         </div>	<div> <b>13</b>            9:30am Daily Chronicles and Current Events            10:15am Baking            3:00pm Small group Flute Workshop – per list         </div>	<div> <b>14</b>            9:00am 1 South Hair Cuts            10:15 decorate for Onsite Lunch            11:45am Onsite Pasty lunch – per list – Rec. Hall            3:00pm Activity staff meeting         </div>	<div> <b>15</b>            9:30am Daily Chronicles and Current Events            10:00am Catholic mass w/ FMCA kids - Chapel            1:30pm Baking for Birthday Bingo the 16th         </div>	<div> <b>16</b>            9:30am Daily Chronicles and Current Events            10:00am Protestant Church Service – Chapel            1:30pm Birthday Bingo with treats after – Rec. Hall         </div>	<div> <b>17</b>            Check White Board for updated Activities         </div>
<div> <b>18</b>            Check White Board for Daily Activities         </div>	<div> <b>19</b>            9:30am Daily Chronicles and Current Events            10:15am Documentary on MLK Jr. Luther King Jr. – on unit            1:30pm Bingo Rec. Hall            2:30pm Bible study w/ Dr. J – Rec Hall  <small>Martin Luther King Jr. Day</small> </div>	<div> <b>20</b>            9:30am. Daily Chronicles and Current Events            10:00am Dome Walking – per list            1:30pm Moose Mixer Happy Hour TBD            2:30pm Member Council - tbd         </div>	<div> <b>21</b>            9:00am MCU Hair Cuts            9:30am Daily Chronicles and Current events            10:15 Ball Toss – OR-Produce Harvest            11:30 Salad Bar Lunch – per list – Rec Hall            1:30pm Games, Games, Games and brews – on units         </div>	<div> <b>22</b>            9:30am Daily Chronicles and Current events            10:00am Catholic Church-Chapel            1:00pm Meijer shopping – per list            1:30pm creative crafting         </div>	<div> <b>23</b>            9:30am Daily Chronicles and Current events            10:15am Pie making for National Pie Day            1:30pm Reminiscing and pie tasting – on units            5:30pm NMU hockey game - per list         </div>	<div> <b>24</b>            Check White Board for updated Activities         </div>
<div> <b>25</b>            1:30 Chris Valenti – Music - Chapel         </div>	<div> <b>26</b>            9:30am Daily Chronicles and Current events            10:00am Painting w/ Alison – Rec. Hall            1:30pm Bingo on units  <small>Australia Day (Observed)</small> </div>	<div> <b>27</b>            9:30am Daily Chronicles and Current events            10:15am baking and trivia            1:30pm Exercise Drumming         </div>	<div> <b>28</b>            9:00am 2 South Hair Cuts            9:30am Daily Chronicles and Current events            11:35am Kentucky Friend Chicken lunch- per list            1:30pm members choice         </div>	<div> <b>29</b>            9:30am Daily Chronicles and Current events            10:00am Catholic Church – chapel            1:30pm work on Valentine crafts         </div>	<div> <b>30</b>            9:30am Daily Chronicles and Current events            10:00am Protestant Church – Chapel            1:30pm cribbage and other games            5:30pm NMU hockey game - per list         </div>	<div> <b>31</b>            Check White Board for updated Activities         </div>

Calendars are subject to change, please check white boards for current updates. 1<sup>st</sup> & 2<sup>nd</sup> Floors

Sunday

# Monday

Tuesday

Wednesday

Thursday

Friday

# Saturday

# January 2026

# MCU Calendar

<h1>January 2026</h1> <h2>MCU Calendar</h2>				10:00am Catholic Service  1:30 Member Choice  2:30 Linda Smith Music on Unit 4pm Ball Toss 6pm Relax and Unwind – hand massages <small>New Year's Day</small>	2 Diversional Activities on the unit & Cabin	3 1:30pm Balloon Battles  4:00pm Tabletop Bowling  6:00pm1:1 – Room Visits  Kristi's Weekend
4 1:30pm Movement  3:30pm Balloon Fun  6:00pm Relaxation 101  Kristi's Weekend	5 10:00 Member Choice Sensory  1:30pm First Monday BINGO  3:30pmMovement  6:00pm Sensory	6 10:00am Doughnuts and Coffee  2:30pm Whiskey Ryan on MCU  6:00pm Parachute Games	7 10:00am Chair Exercise  Bowling Outing Load 1:00pm See List	8 10:00am Catholic Mass  1:30 CELEBRATE THE KING OF ROCK – Elvis Birthday Happy Hour – Rec Hall  4:00pm Balloon Games  6:00pm Relax & Unwind	9 10:00am Protestant Church Service  2:30pm Toni Saari- Music on MCU  4pm Ball Toss  6pm Sensory NMU Hockey See List	10 9:30pm Good Morning Rounds  11:00am Movement  1:30pm Cognitive Games  3:00Pm Room Visits  Megans Weekend
11 9:30am House Calls  11:00am Balloon Battles  1:30pm Music Memory  3:30pm Movement  Megans Weekend	12 10:00am Balloon Volleyball  1:30pm 2 <sup>nd</sup> Monday Bingo  3:30pm Parachute Games  6:00pm Relax and Unwind	13 10:00am Painting Sun Catchers - Cabin  1:30pm Afternoon Movie and Popcorn  3:00pm Move & Groove Music  6:00pm Cognitive Games	14 MCU HAIRCUTS  On Site Pasty Luncheon  1:30pmJanuary Craft  3:00pm Chair Aerobics  6:00pm Puzzles	15 10:00am Catholic Church with School Children  1:30pm Linda Smith Music on MCU  3:00pm Memory Jogger  6:00pm Relax & Unwind	16 10:00am Protestant Church Service  1:30 Root Beer Floats on Unit  3:00pm Movement  6:00pm Sensory	17 See Activity Board for Scheduled Activities  Diversional Activities on unit & Cabin
18 See Activity Board for Scheduled Activities  Diversional Activities on Unit & Cabin	19 10:00am Trivia and Coffee  1:30pm 2nd Monday Bingo  <small>Martin Luther King Jr. Day</small>	20 10:00am Musical Drumming Exercise  1:30pmMoose Mixer Party  4:00pm Ball Toss  6:00pm Memory Lane	21 10:00am Relaxation Therapy Hand Massage with Aroma Therapy  1:30pm Tabletop Bowling and Brews!  4:00pm Movement  6:00pm Sensory	22 10:00am Catholic Mass  1:30pm Baking and Decorating Cupcakes  4pm Parachute Games  6:00pm Relax and Unwind	23 10:00 Protestant Service  1:30 MCU Birthday Bingo  4:00pm Move & Groove  6:00pm Cognitive Games	24 1:30pm Craft  4:00pm Balloon Battles  6:00pm Winter Wonderland Fun  Kristi's Weekend
25 2:30pm Music with Chris Valenti  4:00pm Creative Arts  6:00pm Travel Log	26 10:00am Chair Exercise with Aroma Therapy  1:30pm Edible Playdough Craft  6:30pm 4 <sup>th</sup> Monday Bingo  <small>Australia Day (Observed)</small>	27 10:00am Pie Making  1:30pm Concert Movie Reminiscence  3:30pm Making Music  6pm Trivia	28 10:00am Set Up for Party  11:30am MCU Luncheon – Member Choice TBD  1:30 Movie and Snack  4pm Movement  6pm Relax & Unwind	29 10:00am Catholic Mass  1:30pm Balloon Volleyball  4:00pm Name That Tune  6:00pm Trivia Time	30 10:00am Protestant Church Service  1:30pm Member Choice Game  4pm Ball Toss  6pm Hockey Trip	31 9:30am House Calls  10:30am Artist Decorating  1:30pm Movement  3:00pm Music Memory  Megans Weekend

**ALL ACTIVITIES ARE SUBJECT TO CHANGE. SEE WHITE BOARDS FOR CURRENT SCHEDULED ACTIVITIES..**