



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

|                                    |  |   |  |   |  |  |
|------------------------------------|--|---|--|---|--|--|
| See Dry Erase board for Activities | 1<br>9:00 Daily Chronicles and Friendly Visits<br>10:30 Ball Toss<br>11:00 Coffee Social & Music<br>1:15 Newspapers<br>1:30 Bingo – Rec Room   | 2<br>9:00 Daily Chronicles and Friendly Visits<br>10:00 Catholic Mass<br>1:15 Newspapers<br>1:30 Live Music with Ethan Bott - Chapel                  | 3<br>9:00 Daily Chronicles and Friendly Visits<br>10:30 Coffee & Car Conversations<br>1:00 Newspapers<br>1:00 Load for Color Tour Bus Ride   | 4<br>9:00 Daily Chronicles and Friendly Visits<br>10:00 Protestant Church<br>10:30 Pet Therapy with Willow and Mary<br>1:15 Newspapers<br>1:30 Pasty Making     | 5<br>9:00 Daily Chronicles and Friendly Visits<br>10:00 Craft Hour<br>11:00 Coffee Social & Music<br>1:15 Newspapers<br>1:30 Plaidurday Snack                        | 6<br>See Dry Erase board for Activities  |
| See Dry Erase board for Activities | 8<br>9:00 Daily Chronicles and Friendly Visits<br>10:00 Activity with Volunteers<br>1:15 Newspapers<br>1:30 Member Dining Council<br>1:30 Ball Toss<br><br>Columbus Day (US)<br>Indigenous Peoples' Day<br>Thanksgiving Day (Canada) | 9<br>9:00 Daily Chronicles and Friendly Visits<br>9:30 Making Pumpkin Pie<br>10:00 Catholic Mass<br>1:15 Newspapers<br>1:30 Axe Throwing              | 10<br>9:00 Daily Chronicles and Friendly Visits<br>10:00 Reminiscing<br>11:00 Coffee Social & Music<br>1:15 Newspapers<br>1:30 Bingo   | 11<br>9:00 Daily Chronicles and Friendly Visits<br>10:00 Protestant Church<br>10:30 Pet Therapy with Willow and Mary<br>1:15 Newspapers<br>1:30 Indoor Bowling  | 12<br>9:00 Daily Chronicles and Friendly Visits<br>10:00 Friday the 13 <sup>th</sup> Trivia<br>11:00 Coffee Social & Music<br>1:15 Newspapers<br>1:30 Asahi Exercise | 13<br>See Dry Erase board for Activities |
| See Dry Erase board for Activities | 15<br>9:00 Daily Chronicles and Friendly Visits<br>10:00 Baking Group<br>11:00 Coffee Social & Music<br>1:15 Newspapers<br>1:30 Bingo – Rec Room   | 16<br>9:00 Daily Chronicles and Friendly Visits<br>10:00 Catholic Mass<br>1:15 Newspapers<br>1:30 Painting Pumpkins<br>2:30 Member Council – Rec Room | 17<br>9:00 Daily Chronicles and Friendly Visits<br><br>11:30 Halloween Luncheon – 1 South Day Room   | 18<br>9:00 Daily Chronicles and Friendly Visits<br>10:00 Protestant Church<br>10:30 Ball Toss<br>1:15 Newspapers<br>2:00 Baking for Chocolate Cup Cake Day      | 19<br>9:00 Daily Chronicles and Friendly Visits<br>10:00 Making Homemade Applesauce<br>1:15 Newspapers<br>1:30 Live Music with Linda - Chapel                        | 20<br>See Dry Erase board for Activities |
| See Dry Erase board for Activities | 22<br>9:00 Daily Chronicles and Friendly Visits<br>10:30 Halloween Craft<br>11:00 Coffee Social & Music<br>1:15 Newspapers<br>1:30 Live Music with Pierre Orea   | 23<br>9:00 Daily Chronicles and Friendly Visits<br>10:00 Catholic Mass<br>10:15 Load for Greenwood Outing<br>1:15 Newspapers                          | 24<br>9:00 Daily Chronicles and Friendly Visits<br>10:30 Ball Toss<br>11:00 Coffee Social & Music<br>1:15 Newspapers<br>1:30 Live Music Waagviveaa (Indigenous Rock Band) - Chapel | 25<br>9:00 Daily Chronicles and Friendly Visits<br>10:00 Protestant Church<br>10:30 Pet Therapy with Willow and Mary<br>1:15 Newspapers<br>2:00 Halloween Movie | 26<br>9:00 Daily Chronicles and Friendly Visits<br><br>See Dry Erase board for Activities  | 27<br>See Dry Erase board for Activities |
| See Dry Erase board for Activities | 29<br>9:00 Daily Chronicles and Friendly Visits<br>10:30 Halloween Trivia<br>11:00 Coffee Social & Music<br>1:15 Newspapers<br>1:30 Bingo – Rec Room   | 30<br>9:00 Daily Chronicles and Friendly Visits<br>10:00 Catholic Mass<br>1:15 Newspapers<br>1:30 Halloween Party                                     | 31   | <h1>October 2023</h1> <p>1 South Day Activities</p>   |  |  |
|                                    |  |   |  |   |  |  |

All activities are subject to change. Please see dry erase boards.



| Sunday   | Monday  | Tuesday  | Wednesday   | Thursday   | Friday   | Saturday  |
|--|---|--|---|--|--|---|
| <div>1</div> <div>SEE DRY ERASE BOARD FOR SCHEDULED ACTIVITIES</div> <div>SUNDAY FOOTBALL</div> <div>1:00 Bears vs Broncos</div> <div></div>   | <div>2</div> <div>9:00 Daily Chronicle and visit</div> <div>9:30 Yahtzee</div> <div>10:45 Coffee social</div> <div>1:30 Bingo in Rec Hall</div> <div></div>  | <div>3</div> <div>9:00 Daily Chronicle and visit</div> <div>9:30 Bean Bag Toss (cornhole)</div> <div>10:00 Catholic Services</div> <div>10:45 Sensory stimulation</div> <div>1:30 Live Music by Ethan Bott</div> <div></div>            | <div>4</div> <div>9:00 Daily Chronicle and visit</div> <div>9:30 Game Room/ Coffee and donuts</div> <div>11:00 Trivia</div> <div>1:00 Load for fall color tour</div> <div></div>        | <div>5</div> <div>9:00 Daily Chronicle and visit</div> <div>9:30 Reminisce</div> <div>10:00 Protestant Services</div> <div>10:00 Shut Box</div> <div>1:30 Pasty Making</div> <div>1:30 Movie members choice</div> <div></div>   | <div>6</div> <div>Plaidurday</div> <div>9:00 Daily Chronicle and visit</div> <div>9:30 History of Plaidurday</div> <div>10:45 Cribbage</div> <div>1:30 Plaidurday Photos and meat and cheese tray</div> <div></div> | <div>7</div> <div>SEE DRY ERASE BOARD FOR SCHEDULED ACTIVITIES</div> <div></div>                         |
| <div>8</div> <div>SEE DRY ERASE BOARD FOR SCHEDULED ACTIVITIES</div> <div>SUNDAY FOOTBALL</div> <div>1:00 Lions vs Panthers</div> <div></div>  | <div>9</div> <div>9:00 Daily Chronicle and visit</div> <div>9:30 Pumpkin Pie Prepping</div> <div>10:00 Special event with Honor Credit Union Staff</div> <div>1:30 Fall Color Tour and collecting apples</div> <div></div> | <div>10</div> <div>9:00 Daily Chronicle and visit</div> <div>9:30 Decorate Dayroom for Halloween and nurses station</div> <div>10:00 Catholic Services</div> <div>1:30 Make and bake homemade pumpkin Pies</div> <div></div>            | <div>11</div> <div>9:00 Daily Chronicle and visit</div> <div>9:30 Pumpkin &amp; Spice and Everything nice</div> <div>10:45 Shut box</div> <div>1:30 Bowling/ Rec Hall</div> <div></div> | <div>12</div> <div>SEE DRY ERASE BOARD FOR SCHEDULED ACTIVITIES</div>  | <div>13</div> <div>NAVY BIRTHDAY</div> <div>9:00 Daily Chronicle and visit</div> <div>9:30 Make homemade Applesauce</div> <div>10:00 Protestant Services</div> <div>1:30 Asahi</div> <div></div>                    | <div>14</div> <div>12:00 Daily Chronicle and newspaper delivery</div> <div>1:30 Bingo on south</div> <div>Sensory Stimulation</div> <div>See Dry Erase Board for scheduled activities</div> |
| <div>15</div> <div>12:00 Daily Chronicle and newspaper delivery</div> <div>SUNDAY FOOTBALL</div> <div>1:00 Bears vs Vikings</div> <div>1:00 Lions vs Panthers</div> <div></div> <div>Prep for Halloween luncheon</div> | <div>16</div> <div>SEE DRY ERASE BOARD FOR SCHEDULED ACTIVITIES</div>   | <div>17</div> <div>9:00 Daily Chronicle and visit</div> <div>9:00 Member's haircuts</div> <div>10:00 Catholic Services</div> <div>1:30 Live music by Lois</div> <div></div>   | <div>18</div> <div>9:00 Daily Chronicle and visit</div> <div>9:30 Set-Up for Halloween Luncheon for 1 north and 1 south</div> <div>11:30 Halloween Luncheon</div> <div></div>           | <div>19</div> <div>9:00 Daily Chronicle and visit</div> <div>11:00 Load for American Legion Lunch &amp; Bingo</div> <div></div>   | <div>20</div> <div>9:00 Daily Chronicle and visit</div> <div>9:30 Halloween Movie/ Snack</div> <div>10:00 Protestant Services</div> <div>1:30 Live music by Linda Smith</div> <div></div>                           | <div>21</div> <div>SEE DRY ERASE BOARD FOR SCHEDULED ACTIVITIES</div>   |
| <div>22</div> <div>SEE DRY ERASE BOARD FOR SCHEDULED ACTIVITIES</div> <div>SUNDAY FOOTBALL</div> <div>1:00 Packers Vs. Broncos</div> <div>1:00 Lions vs Ravens</div> <div>1:00 Bears vs Raiders</div> <div></div>    | <div>23</div> <div>9:00 Daily Chronicle and visit</div> <div>9:30 Game Room</div> <div>11:00 Coffee Social</div> <div>1:30 Live music by Pierre</div> <div></div>  | <div>24</div> <div>9:00 Daily Chronicle and visit</div> <div>9:30 Member's choice</div> <div>10:00 Catholic Services</div> <div>10:15 Load for Greenwood outing</div> <div>11:00 1:1 walks</div> <div>1:30 Scrabble</div> <div></div> | <div>25</div> <div>9:00 Daily Chronicle and visit</div> <div>9:30 Make native headbands</div> <div>11:00 Coffee Social</div> <div>1:30 Waawiyevaa Chapel</div> <div></div>            | <div>26</div> <div>National Deployment Day</div> <div>9:00 Daily Chronicle and visit</div> <div>9:30 Special activity for Deployment Day</div> <div>1:00 Load for Shopping at Walmart</div> <div>1:30 Bingo</div> <div></div> | <div>27</div> <div>9:00 Daily Chronicle and visit</div> <div>9:30 Monthly planning for November</div> <div>10:00 Protestant Services</div> <div>1:30 Cribbage</div> <div></div>                                   | <div>28</div> <div>SEE DRY ERASE BOARD FOR SCHEDULED ACTIVITIES</div>   |
| <div>29</div> <div>SEE DRY ERASE BOARD FOR SCHEDULED ACTIVITIES</div> <div>SUNDAY FOOTBALL</div> <div>1:00 Vikings vs Packers</div> <div></div> <div>8:20 Bears vs Chargers</div>                                    | <div>30</div> <div>9:00 Daily Chronicle and visit</div> <div>10:30 Load for Lunch at Crossroads</div> <div></div> <div>2:00 Pick out Halloween Costume if interested in dressing up</div>                                | <div>31</div> <div>9:00 Daily Chronicle and visit</div> <div>9:00 Dress Up for Halloween Party</div> <div>10:00 Catholic Services</div> <div>1:30 Halloween Party in Rec Hall</div> <div></div>                                       | <div>October 2023</div> <div>1 North Daytime Activities</div>   |  |  |   |

Calendars are subject to change



| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday   |
|---|---|--|--|---|--|--|
| Friendly Visit & Daily Chronicles<br>Let The Bible Speak<br>NFL:<br>1:00 Bears vs. Broncos<br>1:00 Vikings vs. Panthers                         | <b>1</b><br>9:00 Friendly Visits & Daily Chronicles<br>10:00 Morning Yoga<br>10:30 Music Therapy<br>*12:30 Care Conferences<br>12:30 Newspapers<br>1:30 Bingo – Rec Hall  | <b>2</b><br>9:00 Friendly Visits & Daily Chronicles<br>10:00 Catholic Church – Chapel<br>10:30 Morning Stretching<br>12:30 Newspapers<br>1:30 Music – Ethan Bott – Chapel                | <b>3</b><br>9:00 Friendly Visits & Daily Chronicle<br>9:00 2 North Haircuts – Beauty/Barber Shop<br>12:30 Newspaper<br>1:30 Cribbage | <b>4</b><br>9:00 Friendly Visits & Daily Chronicles<br>10:00 Protestant Church – Chapel<br>10:30 Morning Meditation<br>12:30 Newspapers<br>1:30 Pastie Demonstration<br>NFL:<br>8.15 Bears vs. Commanders | <b>5</b><br>9:00 Friendly Visits & Daily Chronicles<br>10:00 Morning Exercise<br>10:30 Comedy Tour<br>12:30 Newspapers<br>1:30 Plaidurday with Meat and Cheese Trays | <b>6</b><br>Friendly Visit & Daily Chronicles<br>Newspapers<br>College Football:<br>TBD Ohio St. vs Maryland<br>TBD Wisconsin vs. Rutgers<br>TBD Michigan vs. Minnesota<br><small>Michigan Tech vs. Boston</small> |
| Friendly Visit & Daily Chronicles<br>Let The Bible Speak<br>NFL:<br>1:00 Lions vs. Panthers<br>4:25 Vikings vs. Chiefs                          | <b>8</b><br>9:00 Friendly Visits & Daily Chronicles<br>10:00 Honor Credit Union Bingo – 2 West<br>*12:30 Care Conferences<br>12:30 Newspapers<br>1:30 Member Dining Council<br><small>Columbus Day (US)<br/>Indigenous Peoples' Day<br/>Thanksgiving Day (Canada)</small> | <b>9</b><br>9:00 Friendly Visits & Daily Chronicles<br>10:00 Catholic Church – Chapel<br>10:30 Morning Stretching<br>12:30 Newspapers<br>1:30 Pumpkin Pie Baking                         | <b>10</b><br>9:00 Friendly Visits & Daily Chronicle<br>10:00 Tai Chi<br>10:30 Cribbage<br>12:30 Newspaper<br>1:30 Bowling – Rec Hall | <b>11</b><br>9:00 Friendly Visits & Daily Chronicles<br>10:45 Load for Marquette<br>Elks Outing<br>12:30 Newspapers<br>1:30 See Afternoon Shift Calendar  | <b>12</b><br>10:00 Protestant Church – Chapel<br>12:30 Friendly Visits, Daily Chronicles, & Newspapers<br>1:30 Asahi   | <b>13</b><br>Friendly Visit & Daily Chronicles<br>Newspapers<br>College Football:<br>12:00 MI St. vs. Rutgers<br>TBD Michigan vs. Indiana<br>3:30 Wisconsin vs. Iowa   |
| Friendly Visit & Daily Chronicles<br>Let The Bible Speak<br>NFL:<br>1:00 Bears vs. Vikings<br>1:00 Lions vs. Buccaneers                         | <b>15</b><br>9:00 Friendly Visits & Daily Chronicles<br>10:00 Morning Yoga<br>10:30 Music Therapy<br>*12:30 Care Conferences<br>12:30 Newspapers<br>1:30 Bingo – Rec Hall   | <b>16</b><br>10:00 Catholic Church – Chapel<br>12:30 Friendly Visits, Daily Chronicles, & Newspapers<br>1:30 Music by Lois<br>2:30 Member Council  | <b>17</b><br>9:00 Friendly Visits & Daily Chronicle<br>10:00 Tai Chi<br>10:30 Fall Trivia<br>12:30 Newspaper<br>1:30 Cribbage        | <b>18</b><br>9:00 Friendly Visits & Daily Chronicles<br>10:00 Morning Exercise<br>10:30 Comedy Tour<br>12:30 Newspapers<br>1:30 Paint & Sip   | <b>19</b><br>9:00 Friendly Visits & Daily Chronicles<br>10:00 Protestant Church – Chapel<br>10:30 Meditation<br>12:30 Newspapers<br>1:30 Music – Linda Smith         | <b>20</b><br>Friendly Visit & Daily Chronicles<br>Newspapers<br>11am NMU Football Outing<br>College Football:<br>TBD Wisconsin vs. Illinois<br>3:30 Minnesota vs. Iowa<br>7:30 Michigan vs. MI St                  |
| Friendly Visit & Daily Chronicles<br>Let The Bible Speak<br>NFL:<br>1:00 Bears vs. Raiders<br>1:00 Lions vs. Ravens<br>4:25 Packers vs. Broncos | <b>22</b><br>*12:30 Care Conferences<br>12:30 Friendly Visits, Daily Chronicles, & Newspapers<br>1:30 Music – Pierre Ogea<br>NFL:<br>8.15 Vikings vs. 49ers   | <b>23</b><br>10:00 Catholic Church – Chapel<br>12:30 Friendly Visits, Daily Chronicles, & Newspapers<br>1:30 See Afternoon Shift Calendar  | <b>24</b><br>12:30 Friendly Visits, Daily Chronicles, & Newspapers<br>1:30 Music – Waawiyewaa (Indigenous Rock Band)                 | <b>25</b><br>12:30 Friendly Visits, Daily Chronicles, & Newspapers<br>1:00 Load for Shopping at Walmart<br>1:30 See Afternoon Shift Calendar  | <b>26</b><br>10:00 Protestant Church – Chapel<br>12:30 Friendly Visits, Daily Chronicles, & Newspapers<br>1:30 See Afternoon Shift Calendar                          | <b>27</b><br>Friendly Visit & Daily Chronicles<br>Newspapers<br>College Football:<br>7:30 Ohio St. vs. Wisconsin<br>TBD MI St. vs. Minnesota   |
| Friendly Visit & Daily Chronicles<br>Let The Bible Speak<br>NFL:<br>1:00 Packers vs. Vikings  | <b>29</b><br>*12:30 Care Conferences<br>12:30 Friendly Visits, Daily Chronicles, & Newspapers<br>1:30 See Afternoon Shift Calendar<br>NFL:<br>8.15 Lions vs. Raiders  | <b>30</b><br>10:00 Catholic Church – Chapel<br>12:30 Friendly Visits, Daily Chronicles, & Newspapers<br>1:30 Halloween Party and Music by the Sunshine Girls<br><small>Halloween</small> | <b>31</b>  | <div> <div>October 2023</div> <div>2 North Day Shift</div> </div>   |  |  |
|   |   |  |  |   |  | <b>Craft Room Hours:</b><br>Monday,<br>Tuesday<br>Wednesday,<br>& Friday<br>10AM – 12PM  |

All activities, outings, and times are subject to change. Please see dry erase boards for the most current information.



| Sunday   | Monday   | Tuesday   | Wednesday   | Thursday  | Friday   | Saturday  |
|--|--|---|---|---|--|---|
| <b>1</b><br>Friendly visits<br>and Daily Chronicles<br>Let The Bible Speak<br>1 <sup>st</sup> Day of Bow hunting<br>for Deer in Michigan | <b>2</b><br>12:30 Friendly Visit,<br>Daily Chronicles &<br>Friendly Visits<br>12:30 Newspapers<br>1:30 Bingo-Rec Hall<br>See afternoon Shift<br>Calendar   | <b>3</b><br>10:00 Catholic Church-<br>Chapel<br>12:30 Friendly Visit,<br>Daily Chronicles and<br>Friendly Visits<br>12:30 Newspapers<br>1:30 See afternoon Shift<br>Calendar                                      | <b>4</b><br>12:30 Friendly Visit,<br>Daily Chronicles and<br>Friendly Visits<br>12:30 Newspapers<br>1:30 See afternoon Shift<br>Calendar                                    | <b>5</b><br>10:00 Protestant Church<br>12:30 Friendly Visit and<br>Daily Chronicles<br>Newspapers<br>1:30 Pasty Making<br>See afternoon Shift<br>Calendar                     | <b>6</b><br>12:30 Friendly Visit,<br>Daily Chronicles, &<br>Friendly Visits<br>Newspapers<br>1:30 Plaidurday<br>See afternoon Shift<br>Calendar                            | <b>7</b><br>Friendly visits<br>and Daily Chronicles<br>Newspapers<br>TBD Michigan vs<br>Minnesota<br><br><i>Seaside Torch Bears</i>               |
| <b>8</b><br>Friendly visits<br>and Daily Chronicles<br>Let The Bible Speak<br>National Pastor<br>Appreciation Day                        | <b>9</b><br>9:00 Friendly visits<br>and Daily Chronicles<br>10:00 Bingo-2 West<br>12:30 Newspapers<br>1:30 Fall Movie<br>2:30 Member Council-<br>Ground Floor Dining<br><small>Columbus Day (US)<br/>Indigenous Peoples' Day<br/>Thanksgiving Day (Canada)</small> | <b>10</b><br>9:00 Friendly visits<br>and Daily Chronicles<br>10:00 Catholic Church-<br>Chapel<br>10:30 Morning Stretching<br>12:30 Newspapers<br>1:30 Pumpkin Pie<br>Baking                                       | <b>11</b><br>9:00 Beauty Barber<br>Shop<br>1:00 Friendly Visits and<br>Daily Chronicles<br>1:00 Newspapers<br>1:30 Bowling-Rec Hall   | <b>12</b><br>9:00 Friendly visits<br>and Daily Chronicles<br>10:00 Morning Exercise<br>10:30 Comedy Tour<br>12:30 Newspapers<br>1:30  | <b>13</b><br>9:00 Friendly visits<br>and Daily Chronicles<br>10:00 Protestant Church<br>10:30 Morning Exercise<br>12:30 Care Conferences<br>12:30 Newspapers<br>1:30 Asahi | <b>14</b><br>Friendly visits<br>and Daily Chronicles<br>Newspapers<br>National Dessert Day  |
| <b>15</b><br>Friendly visits<br>and Daily Chronicles<br>Let The Bible Speak<br>National "I Love Lucy<br>Day"                             | <b>16</b><br>9:00 Friendly visits<br>and Daily Chronicles<br>10:00 Morning Yoga<br>10:30 Music Therapy<br>12:30 Newspapers<br>1:30 Bingo – Rec Hall  | <b>17</b><br>9:00 Friendly visits<br>and Daily Chronicles<br>10:00 Catholic Church-<br>Chapel<br>10:30 Wheelchair<br>Exercise<br>12:30 Newspapers<br>1:30 Music by Lois   | <b>18</b><br>9:00 Friendly visits<br>and Daily Chronicles<br>10:00 Tai Chi<br>10:30 Fall Trivia<br>12:30 Newspapers<br>1:30 Cribbage  | <b>19</b><br>9:00 Friendly visits<br>and Daily Chronicles<br>10:00 Wheelchair<br>Exercise<br>10:30 Comedy Tour<br>12:30 Newspapers<br>1:30 Paint & Sip                        | <b>20</b><br>10:00 Protestant Church<br>12:30 Friendly Visit,<br>Daily Chronicles, &<br>Newspapers<br>1:30 Music by Linda<br>Smith<br>See afternoon Shift<br>Calendar      | <b>21</b><br>Friendly visits<br>and Daily Chronicles<br><br>11:00 Load for Football<br>NMU vs Grand Valley<br>State (Building Wide)<br>Newspapers |
| <b>22</b><br>Friendly visits<br>and Daily Chronicles<br>Let The Bible Speak<br>1:00 Lions vs Ravens<br>4:25 Packers vs Broncos           | <b>23</b><br>12:30 Friendly Visit,<br>Daily Chronicles, &<br>Newspapers<br>1:30 Music by Pierre<br>Ogea-Chapel<br>See afternoon Shift<br>Calendar  | <b>24</b><br>9:00 Friendly visits<br>and Daily Chronicles<br>10:00 Catholic Church-<br>Chapel<br>10:00 Morning Stretching<br>10:30 Members Choice<br>12:30 Newspapers<br>1:30 Comedy Movie                        | <b>25</b><br>9:00 Friendly visits<br>and Daily Chronicles<br>10:00 Yoga<br>10:30 Music Therapy<br>12:30 Newspapers<br>1:30 Music by<br>Waawivayaa (Indigenous<br>Rock Band) | <b>26</b><br>9:00 Friendly visits<br>and Daily Chronicles<br>10:00 Morning Exercise<br>10:30 Alaska Videos<br>12:30 Newspapers<br>1:00 Walmart Shopping<br>With Chris & Maria | <b>27</b><br>10:00 Protestant Church<br>10:30 Music Therapy<br>12:30 Care Conferences<br>12:30 Newspapers<br>1:30 30 Documentary   | <b>28</b><br>Friendly visits<br>and Daily Chronicles<br>Newspapers<br>TBD Michigan State<br>Vs<br>Minnesota                                       |
| <b>29</b><br>Friendly visits<br>and Daily Chronicles<br>Let The Bible Speak<br>1:00 Packers vs Vikings                                   | <b>30</b><br>9:00 Friendly visits<br>and Daily Chronicles<br>10:00 Morning Exercise<br>10:30 Comedy Tour<br>12:30 Newspapers<br>1:30 Cribbage  | <b>31</b><br>9:00 Friendly visits<br>and Daily Chronicles<br>10:00 Catholic Church-<br>Chapel<br>10:30 Amazing Youtube<br>Videos<br>1:30 Halloween Party & Music<br>by the Sunshine Girls<br><br><i>Halloween</i> | <div>October 2023</div> <div>2 South Day Shift</div>  |   |  |   |

All activities, Outings, and times are subject to change. Please see dry erase boards for daily activities.





Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

|   |   |   |   |  |   |   |
|---|---|---|---|--|---|---|
| 1<br>INDEPENDENT ACTIVITIES<br>– See Dayshift Calendar for<br>Daytime Activities  | 2<br>4:15 pm MCU GAMES<br><br>6:30 pm 1 <sup>st</sup> Floor GAME<br>NIGHT<br>1 WEST   | 3<br>4:15 pm MEMBERS CHOICE<br><br>630 pm 1 <sup>st</sup> Floor Bingo –<br>1 WEST                   | 4<br>4:15 pm MCU GAMES<br><br>630 pm 1 <sup>st</sup> floor Fall Crafting<br>1 North   | 5<br>4:15 pm MCU KARAOKE<br><br>6:30 pm 1 <sup>ST</sup> FLOOR<br>KARAOKE 1 WEST  | 6<br>4:15 pm MCU GAMES<br><br>630 pm Comedy Night -<br>Happy Hour                                     | 7<br>INDEPENDENT ACTIVITIES<br>– See Dayshift Calendar for<br>Daytime Activities  |
| 8<br>INDEPENDENT ACTIVITIES<br>– See Dayshift Calendar for<br>Daytime Activities  | 9<br>4:15 pm MCU Wheelchair<br>Exercises<br><br>630 pm 1 <sup>st</sup> Floor Wheelchair<br>Exercises – 1 WEST<br><br><small>Columbus Day (US)<br/>Indigenous Peoples' Day<br/>Thanksgiving Day (Canada)</small> | 10<br>4:15 pm MCU MEMBERS<br>CHOICE<br><br>630 pm 1 <sup>st</sup> Floor BIG GAME<br>NIGHT<br>1 WEST | 11<br>4:15 pm MCU GAMES<br><br>630 pm Curtis Laaks<br>CHAPEL                          | 12<br>4:15 pm MCU KARAOKE<br><br>6:30 PM ROBOTICS CLUB<br>KARAOKE – CHAPEL       | 13<br>4:15 pm MCU GAMES<br><br>630 pm 1 <sup>st</sup> Floor Comedy<br>Night - Happy Hour – 1<br>NORTH | 14<br>INDEPENDENT ACTIVITIES<br>– See Dayshift Calendar for<br>Daytime Activities |
| 15<br>INDEPENDENT ACTIVITIES<br>– See Dayshift Calendar for<br>Daytime Activities | 16<br>4:15 pm MCU GAMES<br><br>6:30 pm 1 <sup>st</sup> Floor GAME<br>NIGHT<br>1 WEST  | 17<br>4:15 pm MCU MEMBERS<br>CHOICE<br><br>630 pm 1 <sup>st</sup> Floor Big GAME<br>NIGHT<br>1 WEST | 18<br>4:15 pm MCU GAMES<br><br>630 pm 1 <sup>st</sup> Floor Bowling<br>1 NORTH        | 19<br>4:15 pm MCU KARAOKE<br><br>6:30 pm 1 <sup>ST</sup> FLOOR<br>KARAOKE 1 WEST | 20<br>INDEPENDENT ACTIVITIES<br>– See Dayshift Calendar for<br>Daytime Activities                     | 21<br>NMU FOOTBALL GAME!!   |
| 22<br>MCU Cooking with Sherri<br>Wheel of Fortune<br>Karaoke                      | 23<br>4:15 pm MCU Wheelchair<br>Exercises<br><br>6:30 pm BINGO – REC HALL<br>POST 44  | 24<br>INDEPENDENT ACTIVITIES<br>– See Dayshift Calendar for<br>Daytime Activities                   | 25<br>4:15 pm MCU GAMES<br><br>630 pm 1 <sup>st</sup> Floor Cooking with<br>Sherri!   | 26<br>4:15 pm MCU KARAOKE<br><br>6:30 pm 1 <sup>ST</sup> FLOOR<br>KARAOKE 1 WEST | 27<br>NMU HOCKEY GAME!!!  | 28<br>INDEPENDENT ACTIVITIES<br>– See Dayshift Calendar for<br>Daytime Activities |
| 29<br>INDEPENDENT ACTIVITIES<br>– See Dayshift Calendar for<br>Daytime Activities | 30<br>4:15 pm MCU GAMES<br><br>630 pm 1 <sup>st</sup> Floor Wheelchair<br>Exercises – 1 WEST  | 31<br>4:15 pm MCU MEMBERS<br>CHOICE<br><br>630 pm 1 <sup>st</sup> Floor Bingo –<br>1 WEST           | October 2023<br>AFTERNOON FLOAT ATA ACTIVITIES CALENDAR MCU and 1 <sup>st</sup> FLOOR |  |   |   |



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

|   |    |  |    |   |    |  |    |  |    |   |    |  |    |   |
|---|----|--|----|---|----|--|----|--|----|---|----|--|----|---|
| Independent Activities  | 1  | <b>Morning Activities:</b> <ul style="list-style-type: none"><li>• Morning Visits &amp; Reading Daily Chronicle</li><li>• Balloon Volleyball</li><li>• Music Therapy</li></ul> <b>Afternoon Activities:</b> <ul style="list-style-type: none"><li>1:30 Big Group Bingo -Rec. Room</li></ul>  | 2  | <b>Morning Activities:</b> <ul style="list-style-type: none"><li>• Morning Visits &amp; Reading Daily Chronicle</li><li>10:00 Catholic Mass -Chapel</li></ul> <b>Afternoon Activities:</b> <ul style="list-style-type: none"><li>3:00 Music with Ethan Bott</li></ul> | 3  | <b>Morning Activities:</b> <ul style="list-style-type: none"><li>• Morning Visits &amp; Reading Daily Chronicle</li><li>• Fall Leaf Craft</li></ul> <b>Afternoon Activities:</b> <ul style="list-style-type: none"><li>• Finish Leaf Craft</li></ul>   | 4  | Independent Activities   | 5  | <b>Morning Activities:</b> <ul style="list-style-type: none"><li>9:00 Protestant Service</li><li>• Morning Exercise</li><li>• Daily Chronicle &amp; Room Visits</li></ul> <b>Afternoon Activities:</b> <ul style="list-style-type: none"><li>1:30 Marty Miller Performance -Chapel</li></ul> <b>Plaid Day</b> | 6  | <b>Morning Activities:</b> <ul style="list-style-type: none"><li>• Morning Visits &amp; Reading Daily Chronicle</li><li>• Balloon Volleyball</li><li>• Outdoor Walks</li></ul> <b>Afternoon Activities:</b> <ul style="list-style-type: none"><li>• Bake Pumpkin Pie</li></ul> | 7  |   |
| <b>Morning Activities:</b> <ul style="list-style-type: none"><li>• Morning Visits &amp; Reading Daily Chronicle</li><li>• Noodle Ball</li><li>• Music Therapy</li></ul> <b>Afternoon Activities:</b> <ul style="list-style-type: none"><li>• Tail Gate Party &amp; Snacks</li></ul> | 8  | <b>Morning Activities:</b> <ul style="list-style-type: none"><li>• Morning Visits &amp; Reading Daily Chronicle</li><li>• Balloon Volleyball</li><li>• Columbus Day Trivia</li></ul> <b>Afternoon Activities:</b> <ul style="list-style-type: none"><li>• Pumpkin Pie Milk Shakes</li></ul> <div>Columbus Day (US)<br/>Indigenous Peoples' Day<br/>Thanksgiving Day (Canada)</div> | 9  | Independent Activities  | 10 | <b>Morning Activities:</b> <ul style="list-style-type: none"><li>• Morning Visits &amp; Reading Daily Chronicle</li><li>• Music Therapy</li><li>• Group Exercise</li></ul> <b>Afternoon Activities:</b> <ul style="list-style-type: none"><li>1:30 Rec. Room Bowling</li></ul>                         | 11 | <b>Morning Activities:</b> <ul style="list-style-type: none"><li>9:00 Protestant Service</li><li>• Morning Visits &amp; Reading Daily Chronicle</li><li>• Balloon Volleyball</li><li>11:15 Elks Lunch Outing</li></ul>   | 12 | <b>Morning Activities:</b> <ul style="list-style-type: none"><li>• Morning Exercise</li><li>• Daily Chronicle &amp; Room Visits</li><li>• Group Exercise</li></ul> <b>Afternoon Activities:</b> <ul style="list-style-type: none"><li>1:30 Asahi Exercise</li></ul>   | 13 | Independent Activities   | 14 | See unit white board for afternoon activities |
| Independent Activities  | 15 | <b>Morning Activities:</b> <ul style="list-style-type: none"><li>• Morning Visits &amp; Reading Daily Chronicle</li><li>• Balloon Volleyball</li><li>• October Trivia</li></ul> <b>Afternoon Activities:</b> <ul style="list-style-type: none"><li>1:30 Big Group Bingo -Rec. Room</li></ul>   | 16 | <b>Morning Activities:</b> <ul style="list-style-type: none"><li>• Morning Visits &amp; Reading Daily Chronicle</li><li>10:00 Catholic Mass -Chapel</li></ul> <b>Afternoon Activities:</b> <ul style="list-style-type: none"><li>2:30 Music With Lois</li></ul>       | 17 | <b>Morning Activities:</b> <ul style="list-style-type: none"><li>• Morning Visits &amp; Reading Daily Chronicle</li><li>• Balloon Volleyball</li></ul> <b>Afternoon Activities:</b> <ul style="list-style-type: none"><li>1:30 Chocolate Chip Zucchini Bread</li><li>3:30 Happy Hour- 1 West</li></ul> | 18 | <b>Morning Activities:</b> <ul style="list-style-type: none"><li>9:00 Protestant Service</li><li>• Morning Visits &amp; Reading Daily Chronicle</li><li>• Morning Stretch</li></ul> <b>Afternoon Activities:</b> <ul style="list-style-type: none"><li>1:30 Baking Halloween Cookies</li></ul> | 19 | <b>Morning Activities:</b> <ul style="list-style-type: none"><li>• Morning Exercise</li><li>• Daily Chronicle &amp; Room Visits</li><li>• Group Exercise</li></ul> <b>Afternoon Activities:</b> <ul style="list-style-type: none"><li>2:30 Music With Linda Smith</li></ul>                                   | 20 | Independent Activities   | 21 | See unit white board for afternoon activities |
| Independent Activities  | 22 | <b>Morning Activities:</b> <ul style="list-style-type: none"><li>• Morning Visits &amp; Reading Daily Chronicle</li><li>• Balloon Volleyball</li><li>• Halloween Trivia</li></ul> <b>Afternoon Activities:</b> <ul style="list-style-type: none"><li>2:45 Music With Pierre</li></ul>  | 23 | <b>Morning Activities:</b> <ul style="list-style-type: none"><li>• Morning Visits &amp; Reading Daily Chronicle</li><li>10:00 Catholic Mass -Chapel</li></ul> <b>Afternoon Activities:</b> <ul style="list-style-type: none"><li>1:30 November Craft</li></ul>        | 24 | <b>Morning Activities:</b> <ul style="list-style-type: none"><li>• Morning Visits &amp; Reading Daily Chronicle</li><li>• Finish November Craft</li></ul> <b>Afternoon Activities:</b> <ul style="list-style-type: none"><li>1:30 Indigenous Rock Band Performance</li></ul>                           | 25 | <b>Morning Activities:</b> <ul style="list-style-type: none"><li>9:00 Protestant Service</li><li>• Morning Visits &amp; Reading Daily Chronicle</li></ul> <b>Afternoon Activities:</b> <ul style="list-style-type: none"><li>• Baking Apple Crisp</li></ul>                                    | 26 | <b>Morning Activities:</b> <ul style="list-style-type: none"><li>• Morning Exercise</li><li>• Daily Chronicle &amp; Room Visits</li><li>• Balloon Volleyball</li></ul> <b>Afternoon Activities:</b> <ul style="list-style-type: none"><li>1:30 Sensory Pumpkins &amp; Jack-O-Lateran's</li></ul>              | 27 | Independent Activities   | 28 | See unit white board for afternoon activities |
| Independent Activities  | 29 | <b>Morning Activities:</b> <ul style="list-style-type: none"><li>• Morning Visits &amp; Reading Daily Chronicle</li><li>• Balloon Volleyball</li><li>• Halloween Trivia</li></ul> <b>Afternoon Activities:</b> <ul style="list-style-type: none"><li>2:45 Music With Pierre</li></ul>  | 30 | <b>Morning Activities:</b> <ul style="list-style-type: none"><li>• Morning Visits &amp; Reading Daily Chronicle</li><li>10:00 Catholic Mass -Chapel</li></ul> <b>Afternoon Activities:</b> <ul style="list-style-type: none"><li>1:30 Halloween Party</li></ul>       | 31 | <div>October 2023</div> <div>Jacobetti Home For Veterans: MCU Day Activities</div>   |    |  |    |   |    |  |    |   |

ALL ACTIVITIES AND LOCATIONS ARE SUBJECT TO CHANGE. PLEASE CHECK DRY ERASE BOARDS FOR DAILY CHANGES