

WEEKLY MENU

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
July 27	July 28	July 29	July 30	July 31	August 1	August 2
Oatmeal Sausage Patties Raisin Toast Orange Juice Milk	Cream of Rice French Toast Sausage Links Raisins Orange Juice Milk	Oatmeal Scrambled Eggs Hashbrowns Banana Orange Juice Milk	Grits Pancakes Bacon Orange Juice Milk	Cream of Wheat Soft Fried Eggs Sourdough Toast Orange Juice Milk	Maple Oat Bran Cheddar Omelet Banana Bread Orange Juice Milk	Oatmeal Biscuit w/Sausage Gravy Fresh Melon Orange Juice Milk

Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):

A. Scrambled Eggs B. Hard Boiled Eggs C. Over Easy Eggs D. Over Medium Eggs E. Fried Eggs F. Oatmeal
G. Egg/Cheese Biscuit H. Sausage/Egg/Cheese Biscuit I. White Toast J. Wheat Toast

K. Cold Cereal: K1. Cheerios, K2. Rice Krispies, K3. Raisin Bran, K4. Bran Flakes, K5. Corn Flakes, K6. Frosted Flakes, K7. Froot Loops, K8. Cinnamon Toast Crunch, K9. Frosted Mini Wheats. **Juice:** Orange, Apple, Grape, Cranberry, Prune, Tomato **Milk:** 2%, Skim, Chocolate.

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Beef Pot Roast Baby Potatoes Baby Carrots Brown Gravy Banana Cream Pie Dinner Roll/Butter Milk	Swedish Meatballs Buttered Noodles Green Beans Angel Food Cake w/ Strawberry Sauce Dinner Roll/Butter Milk	BLT Sandwich Chicken Noodle Soup Tossed Salad Ice Cream Milk	BBQ Chicken Leg Quarter Potatoes/Gravy Corn on the Cob Caramel Applesauce Biscuit/Butter Milk	Sliced Pork Loin with Gravy Yukon Mashed Potatoes Steamed Broccoli Ambrosia Dinner Roll/Butter Milk	Cheeseburger/Bun Lettuce Leaf Sliced Tomato French Fries Coleslaw Fruit Cocktail Pickle/Diced Onion Milk	Beer Battered Cod Roasted Potatoes Roasted Brussel Sprouts Vanilla Pudding Cheddar Biscuit Milk
Egg Salad Croissant Potato Soup Pea Salad Fruit Cocktail Milk	Fried Shrimp Tator Tots Corn on the Cob Mandarin Oranges Cocktail Sauce Milk	Stuffed Peppers Steamed Cauliflower Garlic Bread Pineapple Upside Down Cake Milk	Tuna Noodle Casserole Glazed Carrots Dreamsicle Salad Milk	Salisbury Steak Mashed Potatoes French Green Beans Chilled Peaches Bread/Butter Milk	Sliced Roast Turkey in Gravy Over White Bread Stuffing Buttered Peas Fresh Pineapple Milk	Lasagna Peas/Carrots Garlic Bread Diced Pears Milk

Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)

- #1. Beef Hamburger/Bun #2. Beef Hotdog/Bun #3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)
#4. Grilled Cheese w/Ham (American/Swiss Cheese, White/Wheat Bread) #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce
#7. Chef Salad (Ranch, French, Thousand Island, Italian Dressing) #8. Egg/Cheese Biscuit #9. Sausage/Egg/Cheese Biscuit
#10. Mashed Potatoes with Gravy #11. Ham/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread)
#12. Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #13. Peanut Butter and Jelly Sandwich (White/Wheat Bread)

****Make Alternate Selections on the Reverse side****

2025

WEEKLY MENU

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
August 3	August 4	August 5	August 6	August 7	August 8	August 9
Oatmeal Cheese Omelet Wheat Toast Orange Juice Milk	Cream of Rice Scrambled Eggs Sourdough Toast Orange Juice Milk	Oatmeal Pancakes Bacon Fresh Blueberries Orange Juice Milk	Grits Soft Fried Eggs Hashbrowns Fresh Cantaloupe Orange Juice Milk	Cream of Wheat French Toast Sausage Patties Fresh Orange Slices Orange Juice Milk	Maple Oat Bran Farmer Scramble Wheat Toast Banana Orange Juice Milk	Oatmeal Egg/Cheese on English Muffin Orange Juice Milk

Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):

A. Scrambled Eggs B. Hard Boiled Eggs C. Over Easy Eggs D. Over Medium Eggs E. Fried Eggs F. Oatmeal
G. Egg/Cheese Biscuit H. Sausage/Egg/Cheese Biscuit I. White Toast J. Wheat Toast

K. Cold Cereal: K1.Cheerios, K2.Rice Krispies, K3.Raisin Bran, K4.Bran Flakes, K5.Corn Flakes, K6.Frosted Flakes, K7.Froot Loops, K8.Cinnamon Toast Crunch, K9.Frosted Mini Wheats. **Juice:** Orange, Apple, Grape, Cranberry, Prune, Tomato **Milk:** 2%, Skim, Chocolate.

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Fried Chicken Baked Beans Tomato/Cucumber Salad Chocolate Cream Pie Milk	Dry Rub Ribs Macaroni/Cheese Corn on the Cob Corn Muffin Warm Cinnamon Apples BBQ Sauce Milk	Crispy Chicken/Roll Lettuce Leaf Tomato Slice Mushroom Soup Mandarin Oranges Milk	Country Fried Steak Mashed Potatoes w/ Country Gravy Green Beans Chocolate Pudding Dinner Roll/Butter Milk	BBQ Pork/Bun Diced Carrots Snickerdoodle Cookie Pickle Spear Milk	Meatloaf Baked Potato/SC Buttered Peas Cherry Turnover Dinner Roll/Butter Milk	Chicken Enchilada Casserole Shredded Lettuce & Diced Tomato Salad Fruit Cocktail Sour Cream Milk
Bratwurst/Bun German Potato Salad Green Beans Ice Cream Milk	Sloppy Joe/Bun Tator Tots Coleslaw Diced Peaches w/Strawberries Milk	Pepperoni/Bacon Pizza Tossed Salad with Tomato & Cucumber Apple Crisp Milk	Chili Cheese Dog/Bun Potato Chips Macaroni Salad Fresh Pineapple Milk	Sweet-Sour Chicken White Rice Steamed Broccoli Spring Roll Citrus Salad Milk	Fried Shrimp Steak Fries Coleslaw Lemon Cake Garlic Breadstick Cocktail Sauce Milk	Beef Stew Tossed Salad Cinnamon Applesauce Biscuit/Butter Milk

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Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)

#1. Beef Hamburger/Bun #2. Beef Hotdog/Bun #3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)
#4. Grilled Cheese w/Ham (American/Swiss Cheese, White/Wheat Bread) #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce
#7. Chef Salad (Ranch, French, Thousand Island, Italian Dressing) #8. Egg/Cheese Biscuit #9. Sausage/Egg/Cheese Biscuit
#10. Mashed Potatoes with Gravy #11. Ham/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread)
#12. Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #13. Peanut Butter and Jelly Sandwich (White/Wheat Bread)

****Make Alternate Selections on the Reverse side****

WEEKLY MENU

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
August 10	August 11	August 12	August 13	August 14	August 15	August 16
Oatmeal Sausage Gravy Biscuit Orange Juice Milk	Cream of Rice Soft Fried Eggs Wheat Toast Orange Juice Milk	Oatmeal Cheesy Eggs Wheat Toast Raisins Orange Juice Milk	Grits Pancakes Bacon Orange Juice Milk	Cream of Wheat Scrambled Eggs Hashbrowns Orange Juice Milk	Maple Oat Bran French Toast Sausage Links Orange Juice Milk	Oatmeal Scrambled Eggs Raisin Toast Banana Orange Juice Milk

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Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items): A. Scrambled Eggs B. Hard Boiled Eggs C. Over Easy Eggs D. Over Medium Eggs E. Fried Eggs F. Oatmeal G. Egg/Cheese Biscuit H. Sausage/Egg/Cheese Biscuit I. White Toast J. Wheat Toast K. Cold Cereal: K1.Cheerios, K2.Rice Krispies, K3.Raisin Bran, K4.Bran Flakes, K5.Corn Flakes, K6.Frosted Flakes, K7.Froot Loops, K8.Cinnamon Toast Crunch, K9.Frosted Mini Wheats. Juice: Orange, Apple, Grape, Cranberry, Prune, Tomato Milk: 2%, Skim, Chocolate.						
Chopped Sirloin Mushrooms/Onions Baked Potato/SC Cheese Cauliflower Blueberry Pie Dinner Roll/Butter Milk	Smothered Pork Chop SC/Bacon Mashed Potatoes Hubbard Squash Oatmeal Cookie Milk	Chicken Cordon Bleu Yukon Mashed Potatoes/Gravy Peas Butterscotch Pudding Dinner Roll/Butter Milk	Beef Soft Shell Taco Lettuce/Tomato Shredded Cheese Refried Beans Spanish Rice Fruit Cocktail Sour Cream & Taco Sauce Milk	Turkey Pastrami on Rye w/Swiss Navy Bean/Bacon Soup Potato Salad Fudge Brownie Milk	Spaghetti w/Meatballs Steamed Broccoli Garlic Bread Pineapple Tidbits Milk	Salisbury Steak Mashed Potatoes/Gravy Green Beans Cherry Fruit Crisp Cheddar Biscuit Milk
Smoked Sausage/Bun Baked Beans Potato Chips Diced Peaches and Pears Milk	Breaded Fish/Bun Tater Tots Coleslaw Mixed Melon Milk	Mongolian Beef Lo Mein Noodles Steamed Broccoli Spice Cake Milk	Grilled Chicken/Bun Leaf Lettuce Tomato Slice Onion Rings Coleslaw Chilled Peaches Milk	Beef & Bean Chili Cornbread Fresh Strawberries Milk	Baked Garlic Lemon Salmon Rice Pilaf Asparagus Fresh Pear Milk	Chicken Salad on Hawaiian Bun BBQ Chips Tossed Salad Chocolate Pudding Milk

Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items) #1. Beef Hamburger/Bun #2. Beef Hotdog/Bun #3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread) #4. Grilled Cheese w/Ham (American/Swiss Cheese, White/Wheat Bread) #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce #7. Chef Salad (Ranch, French, Thousand Island, Italian Dressing) #8. Egg/Cheese Biscuit #9. Sausage/Egg/Cheese Biscuit #10. Mashed Potatoes with Gravy #11. Ham/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #12. Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #13. Peanut Butter and Jelly Sandwich (White/Wheat Bread)						
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****Make Alternate Selections on the Reverse side****

WEEKLY MENU

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
August 17	August 18	August 19	August 20	August 21	August 22	August 23
Oatmeal Sausage/Cheese English Muffin Orange Juice Milk	Cream of Rice Cheese Omelet Coffee Cake Orange Juice Milk	Oatmeal Sausage Links Hashbrowns Raisins Orange Juice Milk	Cream of Wheat Soft Fried Eggs Wheat Toast Banana Orange Juice Milk	Maple Oat Bran Pancakes Bacon Apple Compote Orange Juice Milk	Grits Cheesy Scrambled Eggs Homemade Lemon Blueberry Bread Orange Juice Milk	Oatmeal Ham/Cheese Croissant Fresh Orange Slices Orange Juice Milk

Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):

A. Scrambled Eggs B. Hard Boiled Eggs C. Over Easy Eggs D. Over Medium Eggs E. Fried Eggs F. Oatmeal

G. Egg/Cheese Biscuit H. Sausage/Egg/Cheese Biscuit I. White Toast J. Wheat Toast

K. Cold Cereal: K1.Cheerios, K2.Rice Krispies, K3.Raisin Bran, K4.Bran Flakes, K5.Corn Flakes, K6.Frosted Flakes, K7.Froot Loops, K8.Cinnamon Toast

Crunch, K9.Frosted Mini Wheats.

Juice: Orange, Apple, Grape, Cranberry, Prune, Tomato

Milk: 2%, Skim, Chocolate.

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Beef Pot Roast Brown Gravy Roasted Potatoes Creamed Spinach Strawberry/Rhubarb Pie Milk	Tuscan Herb Chicken Leg Quarter Wild Rice Buttered Corn Cheesecake Dinner Roll/Butter Milk	Wet Burrito Fiesta Rice Lettuce/Tomato Lemon Cookie Sour Cream Milk	Ham and Sausage Pizza Caesar Salad Raspberry Sherbet Milk	Hamburger/Bun Lettuce Leaf Sliced Tomato French Fries Fruit Cocktail Dill Pickle Chips Milk	Catfish Po' Boy Shredded Lettuce Sweet Potatoes Roasted Corn Medley Mandarin Oranges Remoulade Sauce Milk	Chili Dog/Bun French Fries Coleslaw Diced Pears Dill Pickle Spear Diced Onions Milk
Grilled Cheese Tomato Soup Coleslaw Caramel Applesauce Milk	Goulash Mixed Vegetables Fresh Melon Bread/Butter Milk	Kielbasa/Bun French Fries Creamy Cucumbers Chilled Pears Milk	Baked Cod Loin Potato Wedges Peas/Carrots Sugar Cookie Milk	BBQ Chicken Leg Quarter Potato Salad Baked Beans Diced Peaches Milk	Baked Spaghetti Roasted Asparagus Ice Cream Milk	Chicken and Dumplings Steamed Beets Strawberry Shortcake Milk

Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)

#1. Beef Hamburger/Bun

#2. Beef Hotdog/Bun

#3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)

#4. Grilled Cheese w/Ham (American/Swiss Cheese, White/Wheat Bread)

#5. Spaghetti w/Marinara

#6. Spaghetti w/Meat sauce

#7. Chef Salad (Ranch, French, Thousand Island, Italian Dressing)

#8. Egg/Cheese Biscuit

#9. Sausage/Egg/Cheese Biscuit

#10. Mashed Potatoes with Gravy

#11. Ham/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread)

#12. Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread)

#13. Peanut Butter and Jelly Sandwich (White/Wheat bread)

****Make Alternate Selections on the Reverse side****

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
August 24	August 25	August 26	August 27	August 28	August 29	August 30
Oatmeal Biscuit w/Sausage Gravy Strawberries w/Blueberries Orange Juice Milk	Cream of Rice Scrambled Eggs Bacon Wheat Toast Fresh Banana Orange Juice Milk	Oatmeal French Toast Sausage Links Cinnamon Applesauce Orange Juice Milk	Grits Ham/Cheese Quiche Wheat Toast Raisins Orange Juice Milk	Cream of Wheat Roast Beef Hash Wheat Toast Orange Juice Milk	Maple Oat Bran Pancakes Sausage Patties Orange Juice Milk	Oatmeal Cheddar Omelet Wheat Toast Mixed Melons Orange Juice Milk
Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items): A. Scrambled Eggs B. Hard Boiled Eggs C. Over Easy Eggs D. Over Medium Eggs E. Fried Eggs F. Oatmeal G. Egg/Cheese Biscuit H. Sausage/Egg/Cheese Biscuit I. White Toast J. Wheat Toast <u>K. Cold Cereal:</u> K1.Cheerios, K2.Rice Krispies, K3.Raisin Bran, K4.Bran Flakes, K5.Corn Flakes, K6.Frosted Flakes, K7.Froot Loops, K8.Cinnamon Toast Crunch, K9.Frosted Mini Wheats. <u>Juice:</u> Orange, Apple, Grape, Cranberry, Prune, Tomato <u>Milk:</u> 2%, Skim, Chocolate.						
Beef Stroganoff Buttered Noodles Diced Carrots Peach Pie Milk	Sauteed Chicken Yukon Mashed Potatoes/Gravy Green Beans Oatmeal Raisin Cookie Cheddar Biscuit Milk	Cheeseburger/Bun w/Bacon, Lettuce, Tomato Slice Jalapeño Cheese Soup Creamy Cucumbers Diced Peaches Milk	Chicken Parmesan w/ Spaghetti and Marinara Sauce Steamed Cauliflower Peanut Butter Cookie Milk	Pork Chop Home Fries Broccoli Blueberry Buckle Dinner Roll/Butter Milk	Popcorn Fish French Fries Coleslaw Warm Cinnamon Apples Milk	Chicken Strips Potato Salad Scalloped Corn Chocolate Chip Cookie BBQ Sauce Milk
Shaved Deli Turkey w/Cheese on Roll Cauliflower Soup Tossed Salad Pineapple Tidbits Milk	Citrus Marinated Fish Rice Pilaf Roasted Squash Butterscotch Pudding Milk	Cheddar Wurst/Bun Tator Tots Buttered Peas Chocolate Cake Milk	Grilled Corned Beef and Swiss on Rye Potato Chips Coleslaw Mandarin Oranges Milk	Chicken Caesar Dinner Salad Potato Cheese Soup Garlic Breadstick Fruit Cocktail Milk	Smothered Steak Smashed Redskins Buttered Corn Jell-O Fruit Parfait Bread/Butter Milk	Sliced Deli Ham on Wheat Bread Lentil Soup Fresh Pineapple Milk
<u>Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)</u> #1. Beef Hamburger/Bun #2. Beef Hotdog/Bun #3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread) #4. Grilled Cheese w/Ham (American/Swiss Cheese, White/Wheat Bread) #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce #7. Chef Salad (Ranch, French, Thousand Island, Italian Dressing) #8. Egg/Cheese Biscuit #9. Sausage/Egg/Cheese Biscuit #10. Mashed Potatoes with Gravy #11. Ham/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #12. Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #13. Peanut Butter and Jelly Sandwich (White/Wheat Bread)						

2025