

WEEKLY MENU

F

B
R
E
A
K
F
A
S
T

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
June 29	June 30	July 1	July 2	July 3	July 4	July 5
Oatmeal Sausage Gravy Biscuit Orange Juice Milk	Cream of Rice Soft Fried Eggs Wheat Toast Orange Juice Milk	Oatmeal Cheesy Eggs Wheat Toast Raisins Orange Juice Milk	Grits Pancakes Bacon Orange Juice Milk	Cream of Wheat Scrambled Eggs Hashbrowns Orange Juice Milk	Maple Oat Bran French Toast Sausage Links Orange Juice Milk	Oatmeal Scrambled Eggs Raisin Toast Banana Orange Juice Milk

L

U

N

C

H

S

U

P

P

E

R

Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):

A. Scrambled Eggs B. Hard Boiled Eggs C. Over Easy Eggs D. Over Medium Eggs E. Fried Eggs F. Oatmeal
G. Egg/Cheese Biscuit H. Sausage/Egg/Cheese Biscuit I. White Toast J. Wheat Toast

K. Cold Cereal: K1.Cheerios, K2.Rice Krispies, K3.Raisin Bran, K4.Bran Flakes, K5.Corn Flakes, K6.Frosted Flakes, K7.Froot Loops, K8.Cinnamon Toast Crunch, K9.Frosted Mini Wheats. **Juice:** Orange, Apple, Grape, Cranberry, Prune, Tomato **Milk:** 2%, Skim, Chocolate.

Chopped Sirloin Mushrooms/Onions Baked Potato/SC Cheese Cauliflower Blueberry Pie Dinner Roll/Butter Milk	Smothered Pork Chop SC/Bacon Mashed Potatoes Hubbard Squash Oatmeal Cookie Milk	Chicken Cordon Bleu Yukon Mashed Potatoes/Gravy Peas Butterscotch Pudding Dinner Roll/Butter Milk	Beef Soft Shell Taco Lettuce/Tomato Shredded Cheese Refried Beans Spanish Rice Fruit Cocktail Sour Cream & Taco Sauce Milk	Turkey Pastrami on Rye w/Swiss Navy Bean/Bacon Soup Potato Salad Fudge Brownie Milk	BBQ Ribs Baked Beans Fresh Watermelon Homemade Bread Slice/Butter Blackberry Cobbler Milk 	Salisbury Steak Mashed Potatoes/Gravy Green Beans Cherry Fruit Crisp Cheddar Biscuit Milk
Smoked Sausage/Bun Baked Beans Potato Chips Diced Peaches and Pears Milk	Breaded Fish/Bun Tater Tots Coleslaw Mixed Melon Milk	Mongolian Beef Lo Mein Noodles Steamed Broccoli Spice Cake Milk	Grilled Chicken/Bun Leaf Lettuce Tomato Slice Onion Rings Coleslaw Chilled Peaches Milk	Beef & Bean Chili Cornbread Fresh Strawberries Milk	Baked Garlic Lemon Salmon Rice Pilaf Asparagus Fresh Pear Milk	Chicken Salad on Hawaiian Bun BBQ Chips Tossed Salad Chocolate Pudding Milk

Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)

#1. Beef Hamburger/Bun #2. Beef Hotdog/Bun #3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)
#4. Grilled Cheese w/Ham (American/Swiss Cheese, White/Wheat Bread) #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce
#7. Chef Salad (Ranch, French, Thousand Island, Italian Dressing) #8. Egg/Cheese Biscuit #9. Sausage/Egg/Cheese Biscuit
#10. Mashed Potatoes with Gravy #11. Ham/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread)
#12. Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #13. Peanut Butter and Jelly Sandwich (White/Wheat Bread)

****Make Alternate Selections on the Reverse side****

2025

A

B R E A K F A S T

L

N

C

H

SUPPE

R

R

2025

WEEKLY MENU

B

B
R
E
A
K
F
A
S
T

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
July 13	July 14	July 15	July 16	July 17	July 18	July 19
Oatmeal Biscuit w/Sausage Gravy Strawberries w/Blueberries Orange Juice Milk	Cream of Rice Scrambled Eggs Bacon Wheat Toast Fresh Banana Orange Juice Milk	Oatmeal French Toast Sausage Links Cinnamon Applesauce Orange Juice Milk	Grits Ham/Cheese Quiche Wheat Toast Raisins Orange Juice Milk	Cream of Wheat Roast Beef Hash Wheat Toast Orange Juice Milk	Maple Oat Bran Pancakes Sausage Patties Orange Juice Milk	Oatmeal Cheddar Omelet Wheat Toast Mixed Melons Orange Juice Milk

L
U
N
C
H

S
U
P
P
E
R

Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items): A. Scrambled Eggs B. Hard Boiled Eggs C. Over Easy Eggs D. Over Medium Eggs E. Fried Eggs F. Oatmeal G. Egg/Cheese Biscuit H. Sausage/Egg/Cheese Biscuit I. White Toast J. Wheat Toast K. Cold Cereal: K1.Cheerios, K2.Rice Krispies, K3.Raisin Bran, K4.Bran Flakes, K5.Corn Flakes, K6.Frosted Flakes, K7.Froot Loops, K8.Cinnamon Toast Crunch, K9.Frosted Mini Wheats. Juice: Orange, Apple, Grape, Cranberry, Prune, Tomato Milk: 2%, Skim, Chocolate.						
Beef Stroganoff Buttered Noodles Diced Carrots Peach Pie Milk	Sauteed Chicken Yukon Mashed Potatoes/Gravy Green Beans Oatmeal Raisin Cookie Cheddar Biscuit Milk	Cheeseburger/Bun w/Bacon, Lettuce, Tomato Slice Jalapeño Cheese Soup Creamy Cucumbers Diced Peaches Milk	Chicken Parmesan w/ Spaghetti and Marinara Sauce Steamed Cauliflower Peanut Butter Cookie Milk	Pork Chop Home Fries Broccoli Blueberry Buckle Dinner Roll/Butter Milk	Popcorn Fish French Fries Coleslaw Warm Cinnamon Apples Milk	Chicken Strips Potato Salad Scalloped Corn Chocolate Chip Cookie BBQ Sauce Milk
Shaved Deli Turkey w/Cheese on Roll Cauliflower Soup Tossed Salad Pineapple Tidbits Milk	Citrus Marinated Fish Rice Pilaf Roasted Squash Butterscotch Pudding Milk	Cheddar Wurst/Bun Tator Tots Buttered Peas Chocolate Cake Milk	Grilled Corned Beef and Swiss on Rye Potato Chips Coleslaw Mandarin Oranges Milk	Chicken Caesar Dinner Salad Potato Cheese Soup Garlic Breadstick Fruit Cocktail Milk	Smothered Steak Smashed Redskins Buttered Corn Jell-O Fruit Parfait Bread/Butter Milk	Sliced Deli Ham on Wheat Bread Lentil Soup Fresh Pineapple Milk

Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items) #1. Beef Hamburger/Bun #2. Beef Hotdog/Bun #3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread) #4. Grilled Cheese w/Ham (American/Swiss Cheese, White/Wheat Bread) #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce #7. Chef Salad (Ranch, French, Thousand Island, Italian Dressing) #8. Egg/Cheese Biscuit #9. Sausage/Egg/Cheese Biscuit #10. Mashed Potatoes with Gravy #11. Ham/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #12. Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #13. Peanut Butter and Jelly Sandwich (White/Wheat Bread)						
--	--	--	--	--	--	--

****Make Alternate Selections on the Reverse side****

WEEKLY MENU

C

B
R
E
A
K
F
A
S
T

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
July 20	July 21	July 22	July 23	July 24	July 25	July 26
Oatmeal Pigs in a Blanket Orange Juice Milk	Cream of Rice Pancakes Bacon Fresh Strawberries Orange Juice Milk	Oatmeal Soft Fried Eggs Wheat Toast Orange Slices Orange Juice Milk	Cream of Wheat Scrambled Eggs Hashbrowns Wheat Toast Orange Juice Milk	Grits French Toast Bacon Orange Juice Milk	Maple Oat Bran Cheesy Eggs Sausage Links White Toast Fresh Banana Orange Juice Milk	Oatmeal Egg/Cheese Biscuit Sandwich Orange Juice Milk

Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):

A. Scrambled Eggs B. Hard Boiled Eggs C. Over Easy Eggs D. Over Medium Eggs E. Fried Eggs F. Oatmeal
G. Egg/Cheese Biscuit H. Sausage/Egg/Cheese Biscuit I. White Toast J. Wheat Toast

K. Cold Cereal: K1.Cheerios, K2.Rice Krispies, K3.Raisin Bran, K4.Bran Flakes, K5.Corn Flakes, K6.Frosted Flakes, K7.Froot Loops, K8.Cinnamon Toast Crunch, K9.Frosted Mini Wheats. **Juice:** Orange, Apple, Grape, Cranberry, Prune, Tomato **Milk:** 2%, Skim, Chocolate.

L
U
N
C
H

S
U
P
P
E
R

Meatloaf/Gravy Homestyle Potatoes Green Beans Dutch Apple Pie Dinner Roll/Butter Milk	Crispy Chicken/Roll w/Swiss Cheese Leaf Lettuce Tomato Slice French Onion Soup Cinnamon Applesauce Milk	Lasagna BLT Salad Garlic Bread Orange Sherbet Milk	Turkey Sub w/Cheese Shredded Lettuce/ Tomato Southwest Chicken Soup Apple Crisp Milk	Hamburger/Bun Lettuce Leaf Sliced Tomato Sweet Potato Fries Pickled Beets Chocolate Cookie Diced Onions Milk	Fried Cod Nuggets Crinkle Cut Fries Coleslaw Cheddar Biscuit Strawberry Cake Lemon Wedge Milk	Ham Macaroni & Cheese Mixed Vegetables Mandarin Oranges Milk
Scalloped Potatoes w/Ham Mixed Vegetables Diced Peaches Cornbread Milk	Spaghetti w/ Meat Sauce Diced Carrots Garlic Bread Fruit Cocktail Milk	Deep Dish Pizza Caesar Salad Deluxe Fruit Salad Milk	Beef & Bean Chili Green Beans Diced Pears Cornbread Muffin Milk	BBQ Ribs Baked Beans Cheese Cauliflower Diced Peaches Dinner Roll/Butter Milk	Open Face Sliced Hot Beef on Bread with Mashed Potatoes & Gravy Citrus Fruit Salad Milk	Salami & Ham Sub w/ Cheese, Shredded Lettuce/Tomato Pasta Salad Pineapple Tidbits Milk

Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)

- #1. Beef Hamburger/Bun #2. Beef Hotdog/Bun #3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)
#4. Grilled Cheese w/Ham (American/Swiss Cheese, White/Wheat Bread) #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce
#7. Chef Salad (Ranch, French, Thousand Island, Italian Dressing) #8. Egg/Cheese Biscuit #9. Sausage/Egg/Cheese Biscuit
#10. Mashed Potatoes with Gravy #11. Ham/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread)
#12. Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #13. Peanut Butter and Jelly Sandwich (White/Wheat Bread)

****Make Alternate Selections on the Reverse side****

WEEKLY MENU

D

B
R
E
A
K
F
A
S
T

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
July 27	July 28	July 29	July 30	July 31	August 1	August 2
Oatmeal Sausage Patties Raisin Toast Orange Juice Milk	Cream of Rice French Toast Sausage Links Raisins Orange Juice Milk	Oatmeal Scrambled Eggs Hashbrowns Banana Orange Juice Milk	Grits Pancakes Bacon Orange Juice Milk	Cream of Wheat Soft Fried Eggs Sourdough Toast Orange Juice Milk	Maple Oat Bran Cheddar Omelet Banana Bread Orange Juice Milk	Oatmeal Biscuit w/Sausage Gravy Fresh Melon Orange Juice Milk

Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):

A. Scrambled Eggs B. Hard Boiled Eggs C. Over Easy Eggs D. Over Medium Eggs E. Fried Eggs F. Oatmeal
G. Egg/Cheese Biscuit H. Sausage/Egg/Cheese Biscuit I. White Toast J. Wheat Toast

K. Cold Cereal: K1. Cheerios, K2. Rice Krispies, K3. Raisin Bran, K4. Bran Flakes, K5. Corn Flakes, K6. Frosted Flakes, K7. Froot Loops, K8. Cinnamon Toast Crunch, K9. Frosted Mini Wheats. **Juice:** Orange, Apple, Grape, Cranberry, Prune, Tomato **Milk:** 2%, Skim, Chocolate.

L
U
N
C
H

S
U
P
P
E
R

Beef Pot Roast Baby Potatoes Baby Carrots Brown Gravy Banana Cream Pie Dinner Roll/Butter Milk	Swedish Meatballs Buttered Noodles Green Beans Angel Food Cake w/ Strawberry Sauce Dinner Roll/Butter Milk	BLT Sandwich Chicken Noodle Soup Tossed Salad Ice Cream Milk	BBQ Chicken Leg Quarter Potatoes/Gravy Corn on the Cob Caramel Applesauce Biscuit/Butter Milk	Sliced Pork Loin with Gravy Yukon Mashed Potatoes Steamed Broccoli Ambrosia Dinner Roll/Butter Milk	Cheeseburger/Bun Lettuce Leaf Sliced Tomato French Fries Coleslaw Fruit Cocktail Pickle/Diced Onion Milk	Beer Battered Cod Roasted Potatoes Roasted Brussel Sprouts Vanilla Pudding Cheddar Biscuit Milk
Egg Salad Croissant Potato Soup Pea Salad Fruit Cocktail Milk	Fried Shrimp Tator Tots Corn on the Cob Mandarin Oranges Cocktail Sauce Milk	Stuffed Peppers Steamed Cauliflower Garlic Bread Pineapple Upside Down Cake Milk	Tuna Noodle Casserole Glazed Carrots Dreamsicle Salad Milk	Salisbury Steak Mashed Potatoes French Green Beans Chilled Peaches Bread/Butter Milk	Sliced Roast Turkey in Gravy Over White Bread Stuffing Buttered Peas Fresh Pineapple Milk	Lasagna Peas/Carrots Garlic Bread Diced Pears Milk

Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)

#1. Beef Hamburger/Bun #2. Beef Hotdog/Bun #3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)
#4. Grilled Cheese w/Ham (American/Swiss Cheese, White/Wheat Bread) #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce
#7. Chef Salad (Ranch, French, Thousand Island, Italian Dressing) #8. Egg/Cheese Biscuit #9. Sausage/Egg/Cheese Biscuit
#10. Mashed Potatoes with Gravy #11. Ham/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread)
#12. Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #13. Peanut Butter and Jelly Sandwich (White/Wheat Bread)

****Make Alternate Selections on the Reverse side****

2025