А

B R	<u>SUNDAY</u>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<u>SATURDAY</u>			
E	Oatmeal	Cream of Rice	Oatmeal	Cream of Wheat	Maple Oat Bran	Grits	Oatmeal			
Α	Sausage/Cheese	Cheese Omelet	Sausage Links	Soft Fried Eggs	Pancakes	Cheesy Scrambled	Ham/Cheese			
K	English Muffin	Coffee Cake	Hashbrowns	Wheat Toast	Bacon	Eggs	Croissant			
F	Orange Juice	Orange Juice	Raisins	Banana	Apple Compote	Homemade Lemon	Fresh Orange Slices			
A S	Milk	Milk	Orange Juice	Orange Juice	Orange Juice	Blueberry Bread	Orange Juice			
э Т			Milk	Milk	Milk	Orange Juice	Milk			
•						Milk				
	Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):									
	A. Scrambled Eggs B. Hard Boiled Eggs C. Over Easy Eggs D. Over Medium Eggs E. Fried Eggs F. Oatmeal									
		G. Egg/Cheese Bi	scuit H. Sausage,	/Egg/Cheese Biscuit	I. White Toast	J. Wheat Toast				
	K. Cold Cereal: K1.C	heerios, K2. Rice Krisp	ies, K3. Raisin Bran, K 4	I. Bran Flakes, K5. Corr	Flakes, K6. Frosted Fl	akes, K7. Froot Loops,	K8. Cinnamon Toast			
L	Crunch, K9. F	rosted Mini Wheats.	<u>Juice</u> : Orange	, Apple, Grape, Cranb	erry, Prune, Tomato	<u>Milk</u> : 2%, Skim	n, Chocolate.			
	Beef Pot Roast	Herb Chicken	Wet Burrito	Ham and Sausage	Hamburger/Bun	Catfish Po' Boy	Chili Dog/Bun			
U	Brown Gravy	Wild Rice	Fiesta Rice	Pizza	Lettuce Leaf	Shredded Lettuce	French Fries			
N	Roasted Potatoes	Buttered Corn	Lettuce/Tomato	Caesar Salad	Sliced Tomato	Sweet Potatoes	Coleslaw			
	Creamed Spinach	Cheesecake	Macadamia Nut	Raspberry Sherbet	French Fries	Roasted Corn	Diced Pears			
С	Strawberry/Rhubarb	Dinner Roll/Butter	Cookie	Milk	Fruit Cocktail	Medley	Dill Pickle Spear			
н	Pie	Milk	Sour Cream		Dill Pickle Chips	Mandarin Oranges	Diced Onions			
	Milk		Milk		Milk	Remoulade Sauce	Milk			
						Milk				
S	Grilled Cheese	Goulash	Kielbasa/Bun	Baked Cod Loin	BBQ Chicken Leg	Baked Spaghetti	Chicken and			
U	Tomato Soup	Mixed Vegetables	French Fries	Potato Wedges	Quarter	Roasted Asparagus	Dumplings			
	Coleslaw	Fresh Melon	Steamed Beets	Peas/Carrots	Potato Salad	Ice Cream	Creamy Cucumber			
Р	Caramel Applesauce	Bread/Butter	Chilled Pears	Sugar Cookie	Marinated	Milk	Salad			
Р	Milk	Milk	Milk	Milk	Cucumbers		Strawberry			
					Diced Peaches		Shortcake			
E					Milk		Milk			
R					ce, it may take up to					
	#1. Beef Ham	• .	#2. Beef Hotdog/Bur		Cheese (American/Sv	•	•			
		•	iss Cheese, White/W	•	5. Spaghetti w/Marin		netti w/Meat sauce			
			and Island, Italian Dr	•	gg/Cheese Biscuit	#9. Sausage/Egg/				
		ashed Potatoes with (-	-	ch (American/Swiss C		•			
	#12. Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #13. Peanut Butter and Jelly Sandwich (White/Wheat bread)									

^{**}Make Alternate Selections on the Reverse side**

	AAFFIKEL IAIFIAO IAIWICIL 2 - T2									
B R	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
E	Oatmeal	Cream of Rice	Oatmeal	Grits	Cream of Wheat	Maple Oat Bran	Oatmeal			
A	Biscuit w/Sausage	Scrambled Eggs	French Toast	Ham/Cheese Quiche	Roast Beef Hash	Pancakes	Cheddar Omelet			
K	Gravy	Bacon	Sausage Links	Wheat Toast	Wheat Toast	Sausage Patties	Wheat Toast			
F	Strawberries	Wheat Toast	Cinnamon	Raisins	Orange Juice	Orange Juice	Mixed Melons			
Α	w/Blueberries	Fresh Banana	Applesauce	Orange Juice	Milk	Milk	Orange Juice			
S	Orange Juice	Orange Juice	Orange Juice	Milk			Milk			
Т	Milk	Milk	Milk							
	Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):									
	A. Scraml	bled Eggs B. Hard	Boiled Eggs C. Ov	er Easy Eggs D. O	ver Medium Eggs	E. Fried Eggs	F. Oatmeal			
		G. Egg/Cheese Bi	iscuit H. Sausage,	Egg/Cheese Biscuit	I. White Toast	J. Wheat Toast				
	K. Cold Cereal: K1	.Cheerios, K2 .Rice Krisp	oies, K3. Raisin Bran, K4	.Bran Flakes, K5. Corn	Flakes, K6. Frosted Fla	ikes, K7. Froot Loops,	K8. Cinnamon Toast			
L	Crunch, K9 .	Frosted Mini Wheats.	<u>Juice</u> : Orange,	Apple, Grape, Cranbei	rry, Prune, Tomato	<u>Milk</u> : 2%, Ski	m, Chocolate.			
U	Beef Stroganoff	Sauteed Chicken	Cheeseburger/Bun	Chicken Parmesan	Pork Chop	Popcorn Fish	Chicken Strips			
N	Buttered Noodles	Yukon Mashed	w/Bacon, Lettuce,	w/ Spaghetti and	Home Fries	French Fries	Potato Salad			
	Diced Carrots	Potatoes/Gravy	Tomato Slice	Marinara Sauce	Broccoli	Coleslaw	Scalloped Corn			
С	Peach Pie	Green Beans	Jalapeño Cheese	Steamed Cauliflower	Spice Cake	Warm Cinnamon	Chocolate Chip			
н	Milk	Oatmeal Raisin	Soup	Peanut Butter	Dinner Roll/Butter	Apples	Cookie			
		Cookie	Creamy Cucumbers	Cookie	Milk	Milk	BBQ Sauce			
		Cheddar Biscuit	Diced Peaches	Milk			Milk			
S		Milk	Milk							
	Shaved Deli Turkey	Citrus Marinated Fish	Cheddar Wurst/Bun	Grilled Corned Beef	Chicken Caesar	Smothered Steak	Sliced Deli Ham/Bun			
U	w/Cheese on Roll	Rice Pilaf	Tator Tots	and Swiss on Rye	Dinner Salad	Smashed Redskins	Lentil Soup			
Р	Cauliflower Soup	Roasted Squash	Buttered Peas	Potato Chips	Potato Cheese Soup	Buttered Corn	Fresh Pineapple			
_	Tossed Salad	Butterscotch Pudding	Chocolate Cake	Coleslaw	Garlic Breadstick	Jell-O Fruit Parfait	Milk			
Р	Pineapple Tidbits Milk	Milk	Milk	Mandarin Oranges Milk	Fruit Cocktail Milk	Bread/Butter Milk				
E	IVIIIK			IVIIIK	IVIIIK	IVIIIK				
R	Lunch and Di	nner Alternates (pleas	e note that if orders a	re not made in advanc	ce, it may take up to 2	15 minutes to prepa	re these items)			
	#1. Beef Ha	ımburger/Bun	#2. Beef Hotdog/Bur	#3. Grilled (Cheese (American/Sw	viss Cheese, White/\	Wheat Bread)			
	#4. Grilled Cheese	w/Ham (American/Sw	viss Cheese, White/Wl	heat Bread) #5	. Spaghetti w/Marina	ara #6. Spag	hetti w/Meat sauce			
	#7. Chef Salad	d (Ranch, French, Thou	sand Island, Italian Dr	essing) #8. Eg	g/Cheese Biscuit	#9. Sausage/Egg	/Cheese Biscuit			
	#10. Mashed Potatoes with Gravy #11. Ham/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread)									
	#12. Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #13. Peanut Butter and Jelly Sandwich (White/Wheat Bread)									

^{**}Make Alternate Selections on the Reverse side**

WEEKLY MENU MARCH 16 - 22

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
Oatmeal	Cream of Rice	Oatmeal	Cream of Wheat	Grits	Maple Oat Bran	Oatmeal			
Pigs in a Blanket	Pancakes	Soft Fried Eggs	Scrambled Eggs	French Toast	Cheesy Eggs	Egg/Cheese Biscuit			
Orange Juice	Bacon	Wheat Toast	Hashbrowns	Bacon	Sausage Links	Sandwich			
Milk	Fresh Strawberries	Orange Slices	Wheat Toast	Orange Juice	White Toast	Orange Juice			
	Orange Juice	Orange Juice	Orange Juice	Milk	Fresh Banana	Milk			
	Milk	Milk	Milk		Orange Juice Milk				
Breakfast Alt	ternates (please note	that if orders are no	t made in advance, it	may take up to 15-20	minutes to prepare	these items):			
A. Scramble	ed Eggs B. Hard	Boiled Eggs C. O	ver Easy Eggs D. (Over Medium Eggs	E. Fried Eggs	F. Oatmeal			
	G. Egg/Cheese Bi	scuit H. Sausage	/Egg/Cheese Biscuit	I. White Toast	J. Wheat Toast				
K. Cold Cereal: K	1.Cheerios, K2.Rice K	rispies, K3. Raisin Bran	, K4. Bran Flakes, K5. C	orn Flakes, K6. Frosted	Flakes, K7. Froot Loc	ps, K8. Cinnamon			
	K 9. Frosted Mini Whea	•	nge, Apple, Grape, Cra			kim, Chocolate.			
Meatloaf/Gravy		Lasagna	Turkey Sub	Hamburger/Bun	Fried Smelt	Ham Macaroni &			
Homestyle	ST. PATRICK'S	BLT Salad	w/Cheese	Lettuce Leaf	Crinkle Cut Fries	Cheese			
Potatoes	DAY	Garlic Bread	Shredded Lettuce/	Sliced Tomato	Coleslaw	Mixed Vegetables			
Green Beans		Orange Sherbet	Tomato	Sweet Potato Fries	Strawberry Cake	Mandarin Oranges			
Dutch Apple Pie	Meal TBD	Milk	Southwest Chicken	Pickled Beets	Cheddar Biscuit	Milk			
Dinner Roll/Butter			Soup	Chocolate Cookie	Milk				
Milk	7		Apple Crisp	Diced Onions					
			Milk	Milk					
Scalloped Potatoes	Spaghetti w/	Deep Dish Pizza	Beef & Bean Chili	BBQ Ribs	Open Face Sliced	Salami & Ham Sub			
w/Ham	Meat Sauce	Caesar Salad	Green Beans	Baked Beans	Hot Beef on Bread	w/ Cheese,			
Mixed Vegetables	Diced Carrots	Deluxe Fruit Salad	Diced Pears	Cheese Cauliflower	with Mashed	Shredded			
Diced Peaches	Garlic Bread	Milk	Cornbread Muffin Milk	Diced Peaches	Potatoes & Gravy	Lettuce/Tomato			
Cornbread Milk	Fruit Cocktail Milk		IVIIIK	Dinner Roll/Butter Milk	Citrus Fruit Salad Milk	Pasta Salad Pineapple Tidbits			
IVIIIK	IVIIIK			IVIIIK	IVIIIK	Milk			
Lunch and Dine	ner Alternates (pleas	note that if orders	l are not made in advan	co it may take up to 1	 5 minutes to propa				
·									
#1. Beef Hamburger/Bun #2. Beef Hotdog/Bun #3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)									
#4. Grilled Cheese w/Ham (American/Swiss Cheese, White/Wheat Bread) #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce #7. Chef Salad (Ranch, French, Thousand Island, Italian Dressing) #8. Egg/Cheese Biscuit #9. Sausage/Egg/Cheese Biscuit									
	• •	•	· · · · · ·	g/Cheese Biscuit	0 . 00.				
#10. Mashed Potatoes with Gravy #11. Ham/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread)									

^{**}Make Alternate Selections on the Reverse side**

#12. Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) **#13. Peanut Butter and Jelly Sandwich** (White/Wheat Bread)

B R E A K F A S	SUNDAY Oatmeal Sausage Patties Raisin Toast Orange Juice Milk	MONDAY Cream of Rice French Toast Sausage Links Raisins Orange Juice Milk	TUESDAY Oatmeal Scrambled Eggs Hashbrowns Banana Orange Juice Milk	WEDNESDAY Grits Pancakes Bacon Orange Juice Milk	THURSDAY Cream of Wheat Soft Fried Eggs Sourdough Toast Orange Juice Milk	FRIDAY Maple Oat Bran Cheddar Omelet Banana Bread Orange Juice Milk	SATURDAY Oatmeal Biscuit w/Sausage Gravy Fresh Melon Orange Juice Milk	
	·		that if orders are not r					
	A. Scramble			, 00	er Medium Eggs I. White Toast	E. Fried Eggs F J. Wheat Toast	. Oatmeal	
	K Cold Careal: K1 Ch	G. Egg/Cheese Bis	es, K3. Raisin Bran, K4.	Egg/Cheese Biscuit Bran Flakes K5 Corn F			K8 Cinnamon Toast	
L	Crunch, K9. Froste	•	·	ole, Grape, Cranberry,	•		kim, Chocolate.	
•	Beef Pot Roast	Swedish Meatballs	BLT Sandwich	BBQ Chicken Leg	Sliced Pork Loin	Cheeseburger/Bun	Beer Battered Cod	
U	Baby Potatoes	Buttered Noodles	Chicken Noodle Soup	Quarter	with Gravy	Lettuce Leaf	Roasted Potatoes	
N	Baby Carrots	Green Beans	Tossed Salad	Potatoes/Gravy	Yukon Mashed	Sliced Tomato	Roasted Brussel	
С	Brown Gravy	Angel Food Cake w/	Ice Cream	Corn on the Cob	Potatoes	French Fries	Sprouts	
	Banana Cream Pie	Strawberry Sauce	Milk	Caramel Applesauce	Steamed Broccoli	Coleslaw	Tapioca Pudding	
Н	Dinner Roll/Butter Milk	Dinner Roll/Butter Milk		Biscuit/Butter Milk	Ambrosia Dinner Roll/Butter	Fruit Cocktail Pickle/Diced Onion	Cheddar Biscuit Milk	
	IVIIIK	IVIIIK		IVIIIK	Milk	Milk	IVIIIK	
s					2 11 1 2: 1			
	Egg Salad Croissant Potato Soup	Fried Shrimp Tator Tots	Stuffed Peppers Steamed Cauliflower	Tuna Noodle Casserole	Salisbury Steak Mashed Potatoes	Sliced Roast Turkey in Gravy	Lasagna Diced Carrots	
U	Pea Salad	Corn on the Cob	Garlic Bread	Glazed Carrots	French Green	Over White Bread	Garlic Bread	
Р	Fruit Cocktail	Mandarin Oranges	Pineapple Upside	Dreamsicle Salad	Beans	Stuffing	Diced Pears	
	Milk	Cocktail Sauce	Down Cake	Milk	Chilled Peaches	Buttered Peas	Milk	
Р		Milk	Milk		Bread/Butter	Fresh Pineapple		
E					Milk	Milk		
R	Lunch and Dinne	er Alternates (please	note that if orders are	e not made in advance	e, it may take up to 1	5 minutes to prepare	e these items)	
	#1. Beef Hamb	ourger/Bun	#2. Beef Hotdog/Bun	#3. Grilled Cl	neese (American/Sw	iss Cheese, White/W	heat Bread)	
	#4. Grilled Cheese w	/Ham (American/Swi	ss Cheese, White/Who	eat Bread) #5.	Spaghetti w/Marina	ara #6. Spagh	etti w/Meat sauce	
	#7. Chef Salad (R	Ranch, French, Thous	and Island, Italian Dre	ssing) #8. Egg,	/Cheese Biscuit	#9. Sausage/Egg/	Cheese Biscuit	
		shed Potatoes with G	•	am/Cheese Sandwich	•		-	
	#12. Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #13. Peanut Butter and Jelly Sandwich (White/Wheat Bread)							

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В	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
R	Oatmeal	Cream of Rice	Oatmeal	Grits	Cream of Wheat	Maple Oat Bran	Oatmeal		
E A	Cheese Omelet	Scrambled Eggs	Pancakes	Hashbrowns	French Toast	Farmer Scramble	Egg/Cheese on		
ĸ	Wheat Toast	Sourdough Toast	Bacon	Soft Fried Eggs	Sausage Patties	Wheat Toast	English Muffin		
F	Orange Juice	Orange Juice	Fresh Blueberries	Fresh Cantaloupe	Fresh Orange Slices	Banana	Orange Juice		
Α	Milk	Milk	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Milk		
S			Milk	Milk	Milk	Milk			
T	<u>Breakfast Al</u>	ternates (please note			nay take up to 15-20 r	minutes to prepare t	hese items):		
	A. Scrambl	led Eggs B. Hard B		, 00	ver Medium Eggs	E. Fried Eggs I	F. Oatmeal		
		G. Egg/Cheese Bis	cuit H. Sausage/	Egg/Cheese Biscuit	I. White Toast	J. Wheat Toast			
	K. Cold Cereal: K1.0	Cheerios, K2. Rice Krispi	es, K3. Raisin Bran, K4 .	.Bran Flakes, K5 .Corn	Flakes, K6. Frosted Fla	kes, K7. Froot Loops,	K8. Cinnamon Toast		
L	Crunch, K9. F	Frosted Mini Wheats.	<u>Juice</u> : Orange, A	apple, Grape, Cranberr	ry, Prune, Tomato	<u>Milk</u> : 2%, Skim	, Chocolate.		
	Fried Chicken	Dry Rub Ribs	Crispy Chicken/Roll	Country Fried Steak	BBQ Pork/Bun	Meatloaf	Chicken Enchilada		
U	Baked Beans	Macaroni/Cheese	Lettuce Leaf	Mashed Potatoes w/	Diced Carrots	Baked Potato/SC	Casserole		
N	Tomato/Cucumber	Corn on the Cob	Tomato Slice	Country Gravy	Snickerdoodle	Buttered Peas	Shredded Lettuce &		
С	Salad	Corn Muffin	Mushroom Soup	Green Beans	Cookie	Cherry Turnover	Diced Tomato Salad		
·	Cookies and Cream	Warm Cinnamon	Mandarin Oranges	Chocolate Pudding	Pickle Spear	Dinner Roll/Butter	Fruit Cocktail		
Н	Pie	Apples	Milk	Dinner Roll/Butter	Milk	Milk	Sour Cream		
	Milk	BBQ Sauce		Milk			Milk		
S		Milk							
3	Bratwurst/Bun	Sloppy Joe/Bun	Pepperoni/Bacon	Chili Cheese	Sweet-Sour Chicken	Fried Shrimp	Beef Stew		
U	German Potato	Tator Tots	Pizza	Dog/Bun	White Rice	Steak Fries	Tossed Salad		
Р	Salad	Coleslaw	Tossed Salad with	Potato Chips	Steamed Broccoli	Coleslaw	Cinnamon		
•	Green Beans	Diced Peaches	Tomato & Cucumber	Macaroni Salad	Spring Roll	Lemon Cake	Applesauce		
P	Ice Cream	w/Strawberries	Apple Crisp	Fresh Pineapple	Citrus Salad	Garlic Breadstick	Biscuit/Butter		
E	Milk	Milk	Milk	Milk	Milk	Cocktail Sauce	Milk		
-						Milk			
R									
	Lunch and Din	ner Alternates (please	note that if orders ar	e not made in advanc	e, it may take up to 1	5 minutes to prepare	e these items)		
		mburger/Bun	#2. Beef Hotdog/Bur		Cheese (American/Sw				
		w/Ham (American/Swi	iss Cheese, White/Wh		Spaghetti w/Marina		etti w/Meat sauce		
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#7. Chef Salad (Ranch, French, Thousand Island, Italian Dressing)

#8. Egg/Cheese Biscuit

#9. Sausage/Egg/Cheese Biscuit

#10. Mashed Potatoes with Gravy

#11. Ham/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread)

#12. Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #13. Peanut Butter and Jelly Sandwich (White/Wheat Bread)