WEEKLY MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
August 31	September 1	September 2	September 3	September 4	September 5	September 6
Oatmeal	Cream of Rice	Grits	Oatmeal	Cream of Wheat	Maple Oat Bran	Oatmeal
Scrambled Eggs	Pancakes	Soft Fried Eggs	Cheese Omelet	French Toast	Cheesy Eggs	Egg/Cheese Biscuit
White Toast	Bacon	Wheat Toast	Wheat Toast	Sausage Links	White Toast	Sandwich
Orange Juice	Orange Juice	Orange Wedges	Orange Juice	Orange Juice	Fresh Banana	Grapes
Milk	Milk	Orange Juice	Milk	Milk	Orange Juice	Orange Juice
		Milk			Milk	Milk

Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):

- A. Scrambled Eggs B. Hard Boiled Eggs C. Over Easy Eggs
 - c. Over Lasy Lggs D
- D. Over Medium Eggs
- E. Fried Eggs
- F. Oatmeal
- G. Cottage Cheese H. Fruit Apple/Orange/Banana/Canned I. White Toast J. Wheat Toast K. Cold Cereal: K1. Cheerios, K2. Rice Krispies, K3. Raisin Bran, K4. Bran Flakes, K5. Corn Flakes, K6. Frosted Flakes, K7. Froot Loops, K8. Cinnamon Toast Crunch, K9. Frosted Mini Wheats.
 - L. Juice: Orange, Apple, Grape, Cranberry, Prune, Tomato

M. Milk: Whole, 2%, Skim, Chocolate.

Salisbury Steak	Fried Chicken	Lasagna	Sliced Roast Turkey	Hamburger/Bun	Fried Cod Nuggets	Ham Slice
Homestyle	Baked Beans	BLT Salad	Gravy	Lettuce Leaf	Crinkle Cut Fries	Macaroni & Cheese
Potatoes	Watermelon	Garlic Bread	Mashed Potatoes	Sliced Tomato	Coleslaw	Mixed Vegetables
Green Beans	Cherry Pie	Chocolate Cookie	Steamed Baby	Sweet Potato Fries	Cheddar Biscuit	Mandarin Oranges
Cheesecake	Dinner Roll/Butter	Milk	Carrots	Pickled Beets	Strawberry Cake	Milk
Dinner Roll/Butter	Milk		Apple Crisp	Orange Sherbet	Lemon Wedge	
Milk			Milk	Diced Onions	Milk	
	LABOR DAY			Milk		
Scalloped Potatoes	Ham & Swiss Sub	Fish Sandwich	Beef & Bean Chili	BBQ Pulled Pork	Open Face Sliced	Crispy Chicken/Roll
w/Ham	Shredded	Coleslaw	Cornbread Muffin	Baked Beans	Hot Beef on Bread	Leaf Lettuce
Mixed Vegetables	Lettuce/Tomato	Deluxe Fruit Salad	Diced Pears	Buttered Corn	with Mashed	Tomato Slice
Diced Peaches	Southwest Chicken	Milk	Milk	Diced Peaches	Potatoes & Gravy	French Onion Soup
Cornbread	Soup			Dinner Roll/Butter	Citrus Fruit Salad	Fresh Pineapple
Milk	Diced Cantaloupe			Milk	Milk	Milk
	Milk					

Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)

#1. Beef Hamburger/Bun #2. Beef Hotdog/Bun

#3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)

#4. Macaroni & Cheese #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce

#7. Chef Salad or Side Salad (Ranch, French, Thousand Island, Italian Dressing)
 #8. Ham or Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread)
 #0. Chicken Noodle or Creamy Tomato Soup (Crackers)
 #11. Mashed Potatoes (with Gravy/Butter)
 #12. Seasonal Fruit
 #14. Ice Cream

^{**}Make Alternate Selections on the Reverse side**

WEDNESDAY

THURSDAY

Milk

Deli Roast Beef &

Swiss Sandwich

Vegetable Soup

Chilled Peaches

Pickle Spear

Milk

FRIDAY

Milk

Sliced Roast Turkey

in Gravy

Over White Bread

Stuffing

Buttered Peas

Fresh Pineapple

Milk

TUESDAY

Stuffed Peppers

Steamed

Cauliflower

Garlic Bread

Pineapple Upside

Down Cake

Milk

SATURDAY

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SUNDAY

Potato Soup

Pea Salad

Fruit Cocktail

Milk

MONDAY

Fish Nuggets

Tator Tots

Coleslaw

Mandarin Oranges

Tartar Sauce

Milk

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₹ [September 7	September 8	September 9	September 10	September 11	September 12	September 13
١.	Oatmeal	Cream of Rice	Oatmeal	Grits	Cream of Wheat	Maple Oat Bran	Oatmeal
	Sausage Patties	French Toast	Scrambled Eggs	Soft Fried Eggs	Pancakes	Cheddar Omelet	Biscuit w/Sausage
.	Raisin Toast	Sausage Links	Hashbrowns	Sourdough Toast	Bacon	Banana Bread	Gravy
;	Orange Juice	Orange Juice	Banana	Orange Juice	Orange Juice	Orange Juice	Fresh Melon
-	Milk	Milk	Orange Juice	Milk	Milk	Milk	Orange Juice
			Milk				Milk
	Breakfast A	Alternates (please no	te that if orders are	not made in advance,	it may take up to 15-2	20 minutes to prepare	these items):
	A. Scramb	oled Eggs B. Hard	d Boiled Eggs C	. Over Easy Eggs [). Over Medium Eggs	E. Fried Eggs	F. Oatmeal
_	G. Cottage Cheese	H. Fruit Apple/Ora	nge/Banana/Canned	I. White Toast .	I. Wheat Toast K. Cold	d Cereal: K1. Cheerios,	K2. Rice Krispies, K3.
_	Raisin Bran, K4. B	ran Flakes, K5. Corn F	Flakes, K6. Frosted Fl	akes, K7. Froot Loops,	K8. Cinnamon Toast C	runch, K9. Frosted Mir	ni Wheats. L.
U		<u>Juice</u> : Orange, A	pple, Grape, Cranber	ry, Prune, Tomato	M. Milk: Whole, 2	%, Skim, Chocolate.	
N	Beef Pot Roast	Swedish Meatballs	BLT Sandwich	BBQ Chicken Leg	Sliced Pork Loin with	Cheeseburger/Bun	Beer Battered Cod
	Baby Potatoes	Buttered Noodles	Chicken Noodle	Quarter	Gravy	Lettuce Leaf	Roasted Potatoes
С	Baby Carrots	Green Beans	Soup	Potatoes/Gravy	Yukon Mashed	Sliced Tomato	Brussel Sprouts
Н	Brown Gravy	Angel Food Cake w/	Tossed Salad	Kernel Corn	Potatoes	French Fries	Vanilla Pudding
	Banana Cream Pie	Strawberry Sauce	Ice Cream	Caramel Applesauce	Steamed Broccoli	Coleslaw	Cheddar Biscuit
	Dinner Roll/Butter	Dinner Roll/Butter	Milk	Biscuit/Butter	Ambrosia	Fruit Cocktail	Milk
	Milk	Milk		Milk	Dinner Roll/Butter	Pickle/Diced Onion	

Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items) #1. Beef Hamburger/Bun #2. Beef Hotdog/Bun **#3. Grilled Cheese** (American/Swiss Cheese, White/Wheat Bread)

Tuna Noodle

Casserole

Glazed Carrots

Dreamsicle Salad

Milk

#4. Macaroni & Cheese #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce

#7. Chef Salad or Side Salad (Ranch, French, Thousand Island, Italian Dressing) #8. Ham or Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #9. Peanut Butter & Jelly Sandwich (White/Wheat Bread) 10. Chicken Noodle or Creamy Tomato Soup (Crackers) #11. Mashed Potatoes (with Gravy/Butter) #12. Seasonal Fruit #14. Ice Cream

Lasagna

Steamed Cauliflower

Garlic Bread

Diced Pears

Milk

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	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
В	September 14	September 15	September 16	September 17	September 18	September 19	September 20
E	Oatmeal	Cream of Rice	Oatmeal	Grits	Cream of Wheat	Maple Oat Bran	Oatmeal
A	Cheese Omelet	Scrambled Eggs	Pancakes	Soft Fried Eggs	French Toast	Farmer Scramble	Egg/Cheese on
K	Wheat Toast	Sourdough Toast	Bacon	Hashbrowns	Sausage Patties	Wheat Toast	English Muffin
F	Orange Juice	Orange Juice	Fresh Grapes	Fresh Cantaloupe	Fresh Orange	Banana	Orange Juice
S	Milk	Milk	Orange Juice	Orange Juice	Wedges	Orange Juice	Milk
Т			Milk	Milk	Orange Juice	Milk	
					Milk		
	Breakfast A	Alternates (please not	e that if orders are no	t made in advance, it	may take up to 15-20	minutes to prepare th	ese items):
	A. Scramb	oled Eggs B. Hard	Boiled Eggs C. O	ver Easy Eggs D. (Over Medium Eggs	E. Fried Eggs F.	. Oatmeal
	G. Cottage Cheese	H. Fruit Apple/Orar	nge/Banana/Canned	I. White Toast J. \	Wheat Toast K. Cold C	ereal: K1. Cheerios, K2	2. Rice Krispies, K3 .
	Raisin Bran,	K4. Bran Flakes, K5. Co	orn Flakes, K6. Frosted	Flakes, K7. Froot Loop	os, K8. Cinnamon Toast	Crunch, K9. Frosted N	/lini Wheats.
		L. <u>Juice</u> : Orange, A	pple, Grape, Cranberry	y, Prune, Tomato	M. <u>Milk</u> : Whole, 2%	6, Skim, Chocolate.	

Fried Chicken Dry Rub Ribs Crispy Chicken/Roll **Country Fried Steak BBQ Pulled Pork** Meatloaf **Wet Burrito Baked Sweet Potato** Macaroni/Cheese **Lettuce Leaf** Mashed Potatoes w/ Yukon Mashed Shredded Lettuce & **Scalloped Potatoes Potatoes Diced Tomato Salad Green Beans** Corn on the Cob **Tomato Slice Country Gravy Diced Carrots Mushroom Soup Chocolate Cream Pie Corn Muffin Green Beans** Snickerdoodle **Buttered Peas Refried Beans Dinner Roll/Butter Warm Cinnamon Mandarin Oranges Pudding Parfait** Cookie **Cherry Turnover Fruit Cocktail** Milk **Apples** Milk **Dinner Roll/Butter Biscuit/Butter Dinner Roll/Butter Sour Cream BBQ Sauce** Milk Milk Milk Milk Milk Pepperoni/Bacon or **Chili Cheese Bratwurst** Sloppy Joe/Bun **Sweet-Sour Chicken Fried Shrimp Beef Stew Tator Tots Cheese Pizza Home Fries** Dog/Bun White Rice **Steak Fries** Cinnamon **Baked Beans** Coleslaw **Tossed Salad Potato Chips Steamed Broccoli** Coleslaw **Applesauce** Ice Cream **Diced Peaches Apple Crisp** Macaroni Salad **Spring Roll Lemon Cake** Biscuit/Butter **Bread/Butter** Milk Milk **Fresh Pineapple** Citrus Salad **Garlic Breadstick** Milk Milk Milk Milk Milk

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Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)

#1. Beef Hamburger/Bun #2. Beef Hotdog/Bun #3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)

#4. Macaroni & Cheese #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce

#7. Chef Salad or Side Salad (Ranch, French, Thousand Island, Italian Dressing)
 #8. Ham or Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread)
 #9. Peanut Butter & Jelly Sandwich (White/Wheat Bread)
 10. Chicken Noodle or Creamy Tomato Soup (Crackers)
 11. Mashed Potatoes (with Gravy/Butter)
 #12. Seasonal Fruit
 #14. Ice Cream

^{**}Make Alternate Selections on the Reverse side**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
September 21	September 22	September 23	September 24	September 25	September 26	September 27
Oatmeal	Cream of Rice	Oatmeal	Grits	Cream of Wheat	Maple Oat Bran	Oatmeal
Sausage Gravy	Pancakes	Cheesy Eggs	Scrambled Eggs	Soft Fried Eggs	French Toast	Scrambled Eggs
Biscuit	Bacon	Wheat Toast	Hashbrowns	Wheat Toast	Sausage Links	Raisin Toast
Orange Juice	Orange Juice	Applesauce	Orange Juice	Orange Juice	Orange Juice	Banana
Milk	Milk	Orange Juice Milk	Milk	Milk	Milk	Orange Juice Milk

Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):

A. Scrambled Eggs B. Hard Boi

B. Hard Boiled Eggs C. Over Easy Eggs

D. Over Medium Eggs

E. Fried Eggs

F. Oatmeal

G. Egg/Cheese Biscuit H. Sausage/Egg/Cheese Biscuit I. White Toast J. Wheat Toast

<u>K. Cold Cereal</u>: K1.Cheerios, K2.Rice Krispies, K3.Raisin Bran, K4.Bran Flakes, K5.Corn Flakes, K6.Frosted Flakes, K7.Froot Loops, K8.Cinnamon Toast Crunch, K9.Frosted Mini Wheats. Juice: Orange, Apple, Grape, Cranberry, Prune, Tomato Milk: 2%, Skim, Chocolate.

Chopped Sirloin Mushrooms/Onions Baked Potato/SC Chese Cauliflower Blueberry Pie Dinner Roll/Butter Milk Smoked Sausage/Bun Baked Beans Potato Chisken Baked Beans Potato Chisken Breaded Fish/Bun Baked Beans Potato Chips Fresh Fruit Salad Milk M	, ,							-
Baked Potato/SC Cheese Cauliflower Blueberry Pie Dinner Roll/Butter Milk Smoked Sausage/Bun Baked Beans Potatoes Potatoes Potatoes Bareaded Fish/Bun Baked Beans Potato Chips Potatoes Milk Milk Smoked Sausage/Bun Baked Beans Potato Chips Potatoes Milk Milk Milk Smoked Shredded Cheese Refried Beans Spanish Rice Sour Cream & Fudge Brownie Milk Mongolian Beef Lo Mein Noodles Steamed Broccoli Potatoes Buttered Peas Banana Pudding Dinner Roll/Butter Milk Mongolian Beef Lo Mein Noodles Steamed Broccoli Potatoes Buttered Peas Sour Cream & Fudge Brownie Milk Milk Beef & Bean Chili Cornbread Muffin Fresh Grapes Potatoes Asparagus Green Beans with Bacon Peach Crisp Milk Milk Milk Milk Milk Milk Milk Mongolian Beef Lo Mein Noodles Steamed Broccoli Mandarin Oranges Milk		Chopped Sirloin	Smothered Pork	Chicken Cordon	Beef Soft Shell Taco	Beef Pastrami on	Baked Spaghetti	Roast Beef &
Cheese Cauliflower Blueberry Pie Dinner Roll/Butter Milk Smoked Sausage/Bun Baked Beans Potatoes Bareaded Fish/Bun Baked Beans Potato Chips Potato Chips Fresh Pineapple Bacon Potatoes Buttered Peas Banana Pudding Dinner Roll/Butter Milk Milk Mongolian Beef Lo Mein Noodles Potato Saluce Spice Cake Milk Mongolian Beef Lo Mein Noodles Potato Chips Potato Chips Fresh Pineapple Fresh Pineapple Sour Cream & Fudge Brownie Milk Milk Milk Breaded Fish/Bun Tater Tots Coleslaw Steamed Broccoli Mandarin Oranges Milk Milk Milk Fresh Pineapple Chunks Milk Milk Milk Baked Garlic Lemon Salmon Salmon Bun Sedskin Mashed BBQ Chips Tomato Slice Onion Rings Onion Rings Milk Milk Milk Milk Milk Milk Fresh Fruit Salad Milk Mi	V	Mushrooms/Onions	Chop	Bleu	Lettuce/Tomato	Rye w/Swiss	Steamed Broccoli	Noodles with gravy
Blueberry Pie Dinner Roll/Butter Milk Smoked Sausage/Bun Baked Beans Potato Cleslaw Potato Chips Potato Salad Potato Salad Fudge Brownie Sour Cream & Fudge Brownie Milk Mongolian Beef Lo Mein Noodles Potato Salad Fudge Brownie Sour Cream & Fudge Brownie Milk Fudge Brownie Milk Milk Breaded Fish/Bun Tater Tots Coleslaw Baked Beans Potato Chips Potato Chips Fresh Fruit Salad Milk Mongolian Beef Lo Mein Noodles Steamed Broccoli Mondarin Oranges Milk Milk Potato Salad Fudge Brownie Fudge Brownie Fudge Brownie Milk Milk Beef & Bean Chili Cornbread Muffin Fresh Grapes Milk Baked Garlic Lemon Salmon Redskin Mashed Potatoes Tossed Salad Chunks Milk Milk Milk Chunks Milk Milk Milk Milk Milk Chunks Milk Milk Milk Milk Milk Chunks Milk Milk Milk Milk Chunks Milk Milk Milk Milk Milk Chocolate Pudding Parfait		Baked Potato/SC	SC/Bacon Mashed	Yukon Mashed	Shredded Cheese	Navy Bean/Bacon	Garlic Bread	Green Beans with
Dinner Roll/Butter Milk Oatmeal Cookie Milk Smoked Sausage/Bun Baked Beans Potato Chips Potato Chips Potato Chips Fresh Fruit Salad Milk Potatoes Oatmeal Cookie Milk Dinner Roll/Butter Milk Sour Cream & Fudge Brownie Milk Mi		Cheese Cauliflower	Potatoes	Potatoes	Refried Beans	Soup	Fresh Pineapple	Bacon
Milk Oatmeal Cookie Milk Smoked Sausage/Bun Baked Beans Potato Chips Fresh Fruit Salad Milk Dinner Roll/Butter Milk Taco Sauce Spice Cake Milk Breaded Fish/Bun Lo Mein Noodles Steamed Broccoli Mink Mongolian Beef Lo Mein Noodles Steamed Broccoli Mandarin Oranges Milk Milk Dinner Roll/Butter Spice Cake Milk Beef & Bean Chili Cornbread Muffin Fresh Grapes Milk Baked Garlic Lemon Salmon Redskin Mashed BBQ Chips Potatoes Tossed Salad Chocolate Pudding Milk Milk Milk Milk Diced Peaches Milk Gingersnap Cookie Parfait	י	Blueberry Pie	Candied Sweet	Buttered Peas	Spanish Rice	Potato Salad	Chunks	Peach Crisp
Milk Milk Spice Cake Milk Smoked Sausage/Bun Sausage/Bun Baked Beans Potato Chips Presh Fruit Salad Milk Milk Spice Cake Mil		Dinner Roll/Butter	Potatoes	Banana Pudding	Sour Cream &	Fudge Brownie	Milk	Milk
Smoked Sausage/Bun Tater Tots Lo Mein Noodles Potato Chips Potato Chips Fresh Fruit Salad Milk Milk Milk Milk Milk Milk Mongolian Beef Agrilled Chicken/Bun Beef & Bean Chili Cornbread Muffin Salmon Salmon Redskin Mashed Potatoes Asparagus Chocolate Pudding Milk Gingersnap Cookie Parfait		Milk	Oatmeal Cookie	Dinner Roll/Butter	Taco Sauce	Milk		
Smoked Sausage/Bun Tater Tots Coleslaw Potato Chips Fresh Fruit Salad Milk Press Fruit Salad Milk Sausage Breaded Fish/Bun Tater Tots Sausage/Bun Tater Tots Combread Muffin Salmon Salmon Salmon Redskin Mashed Salmon Redskin Mashed Potatoes Asparagus Chocolate Pudding Milk Milk Gingersnap Cookie Parfait			Milk	Milk	Spice Cake			
Sausage/Bun Baked Beans Potato Chips Fresh Fruit Salad Milk Tater Tots Coleslaw Mindarin Oranges Milk Leaf Lettuce Tomato Slice Onion Rings Onion Rings Milk Cornbread Muffin Fresh Grapes Milk Salmon Redskin Mashed Potatoes Tossed Salad Chocolate Pudding Milk Gingersnap Cookie Parfait					Milk			
Baked Beans Potato Chips Fresh Fruit Salad Milk Coleslaw Mik Steamed Broccoli Mandarin Oranges Milk Tomato Slice Onion Rings Diced Peaches Milk Fresh Grapes Milk Redskin Mashed Potatoes Tossed Salad Chocolate Pudding Parfait	•	Smoked	Breaded Fish/Bun	Mongolian Beef	Grilled Chicken/Bun	Beef & Bean Chili	Baked Garlic Lemon	Chicken Salad on
Potato Chips Mixed Melon Mandarin Oranges Onion Rings Milk Potatoes Tossed Salad Fresh Fruit Salad Milk Milk Diced Peaches Milk Gingersnap Cookie Parfait	J	Sausage/Bun	Tater Tots	Lo Mein Noodles	Leaf Lettuce	Cornbread Muffin	Salmon	Bun
Fresh Fruit Salad Milk Milk Diced Peaches Asparagus Chocolate Pudding Milk Gingersnap Cookie Parfait		Baked Beans	Coleslaw	Steamed Broccoli	Tomato Slice	Fresh Grapes	Redskin Mashed	BBQ Chips
Milk Gingersnap Cookie Parfait		Potato Chips	Mixed Melon	Mandarin Oranges	Onion Rings	Milk	Potatoes	Tossed Salad
	•	Fresh Fruit Salad	Milk	Milk	Diced Peaches		Asparagus	Chocolate Pudding
Milk Milk	.	Milk			Milk		Gingersnap Cookie	Parfait
	•						Milk	Milk
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Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)

#1. Beef Hamburger/Bun #2. Beef Hotdog/Bun

#3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)

#4. Macaroni & Cheese #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce

#7. Chef Salad or Side Salad (Ranch, French, Thousand Island, Italian Dressing)
 #8. Ham or Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread)
 #10. Chicken Noodle or Creamy Tomato Soup (Crackers)
 #11. Mashed Potatoes (with Gravy/Butter)
 #12. Seasonal Fruit
 #14. Ice Cream

WEEKLY MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
September 28	September 29	September 30	October 1	October 2	October 3	October 4
Oatmeal	Cream of Rice	Oatmeal	Cream of Wheat	Maple Oat Bran	Grits	Oatmeal
Sausage/Cheese	Cheese Omelet	Sausage Links	Soft Fried Eggs	Pancakes	Scrambled Eggs	Waffles
English Muffin	Mixed Melon	Hashbrowns	Wheat Toast	Bacon	White Toast	Sausage Patty
Grapes	Orange Juice	Coffee Cake	Orange Juice	Fresh Orange	Orange Juice	Banana
Orange Juice	Milk	Orange Juice	Milk	Wedges	Milk	Orange Juice
Milk		Milk		Orange Juice		Milk
				Milk		

Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):

A. Scrambled Eggs

B. Hard Boiled Eggs

C. Over Easy Eggs

- D. Over Medium Eggs
- E. Fried Eggs
- F. Oatmeal

- G. Egg/Cheese Biscuit
- H. Sausage/Egg/Cheese Biscuit
- I. White Toast
- J. Wheat Toast

<u>K. Cold Cereal</u>: K1.Cheerios, K2.Rice Krispies, K3.Raisin Bran, K4.Bran Flakes, K5.Corn Flakes, K6.Frosted Flakes, K7.Froot Loops, K8.Cinnamon Toast Crunch, K9.Frosted Mini Wheats. Juice: Orange, Apple, Grape, Cranberry, Prune, Tomato Milk: 2%, Skim, Chocolate.

	Beef Pot Roast	Tuscan Herb	Wet Burrito	Ham & Sausage or	Hamburger/Bun	Beer Batted Cod	Chicken and
.	Brown Gravy	Chicken Leg Quarter	Fiesta Rice	Cheese Pizza	Lettuce Leaf	Coleslaw	Dumplings
.	Yukon Mashed	Wild Rice	Refried Beans	Caesar Salad	Sliced Tomato	Tater Puffs	Steamed Baby
'	Potatoes	Creamed Spinach	Lettuce/Tomato	Raspberry Sherbet	French Fries	Banana Cake with	Carrots
ı	Buttered Corn	Cheesecake	Lemon Cookie	Milk	Fruit Cocktail	Cream Cheese	Strawberry
.	Peanut Butter Pie	Dinner Roll/Butter	Sour Cream		Dill Pickle Chips	Frosting	Shortcake
	Milk	Milk	Milk		Milk	Tartar Sauce	Milk
۱						Milk	
L							
	Grilled Cheese	Goulash	Kielbasa/Bun	Meatballs with	BBQ Chicken Thigh	Lasagna	Chili Dog/Bun with
	Tomato Soup	Mixed Vegetables	Broccoli Cheddar	Gravy	Scalloped Potatoes	Broccoli	Diced Onions
1	Fresh Fruit Salad	Fresh Pineapple	Soup	Mashed Potatoes	Baked Beans	Mandarin Oranges	Potato Salad
ı	Milk	Chunks	Diced Pears	Green Beans	Sugar Cookie	Garlic Bread	Citrus Salad
		Bread/Butter	Milk	Diced Peaches	Milk	Milk	Milk
		Milk		Milk			
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Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)

#1. Beef Hamburger/Bun

#2. Beef Hotdog/Bun

#3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)

#4. Macaroni & Cheese #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce

#7. Chef Salad or Side Salad (Ranch, French, Thousand Island, Italian Dressing)
 #8. Ham or Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread)
 #9. Peanut Butter & Jelly Sandwich (White/Wheat Bread)
 #10. Chicken Noodle or Creamy Tomato Soup (Crackers)
 #11. Mashed Potatoes (with Gravy/Butter)
 #12. Seasonal Fruit
 #14. Ice Cream