

MONTHLY MENU

BREAKFAST

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
May 31	June 1	June 2	June 3	June 4	June 5	June 6
Oatmeal Sausage Gravy Biscuit Honeydew Orange Juice Milk	Cream of Rice Pancakes Bacon Orange Juice Milk	Oatmeal Asparagus & Mushroom Quiche Blueberry Muffin Orange Juice Milk	Grits Scrambled Eggs Hashbrowns Orange Juice Milk	Cream of Wheat Soft Fried Eggs Wheat Toast Orange Juice Milk	Maple Oat Bran French Toast Sausage Links Cantaloupe Orange Juice Milk	Oatmeal Cheesy Eggs Raisin Toast Banana Orange Juice Milk

Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):
A. Scrambled Eggs B. Hard Boiled Eggs C. Over Easy Eggs D. Over Medium Eggs E. Hard Fried Eggs F. Oatmeal
G. Cottage Cheese H. Fruit Apple/Orange/Banana/Canned I. White Toast J. Wheat Toast K. Pancakes
L. Cold Cereal: L1. Cheerios, L2. Rice Krispies, L3. Raisin Bran, L4. Bran Flakes, L5. Corn Flakes, L6. Frosted Flakes, L7. Froot Loops, L8. Cinnamon Toast Crunch, L9. Frosted Mini Wheats. Juice: Orange, Apple, Grape, Cranberry, Prune, Tomato Milk: Whole, 2%, Skim, Chocolate.

LUNCH

Chopped Sirloin Mushrooms/Onions Baked Potato/SC Roasted Squash/Zucchini Blueberry Pie Milk	Lemon Pepper Chicken Wings Tossed Salad Diced Pears Biscuit/Butter Milk	Beef Soft Shell Taco Lettuce/Tomato Shredded Cheese Refried Beans Spanish Rice Spice Cake Sour Cream & Taco Sauce Milk	Chicken Cordon Bleu Yukon Mashed Potatoes Buttered Peas Banana Pudding Dinner Roll/Butter Milk	Ham & Swiss Sub Shredded Lettuce/Tomato Potato Salad Fudge Brownie Milk	Turkey Club Sandwich BBQ Chips Creamy Cucumber Salad Peach Crisp Milk	Beef Tamale Pie Mexican Street Corn Charro Beans Fresh Pineapple Chunks Milk
Italian Sausage/Bun w/Pepper & Onions Fire Roasted Penne Salad Fresh Fruit Salad Milk	Breaded Fish/Bun Coleslaw Mixed Melon Tartar Sauce Milk	Mongolian Beef Lo Mein Noodles Steamed Broccoli Mandarin Oranges Milk	Grilled Chicken/Bun Leaf Lettuce Tomato Slice Onion Rings Diced Peaches Milk	Ocean Perch French Fries Caesar Salad Fresh Grapes Tartar Sauce Lemon Wedge Milk	Baked Garlic Lemon Salmon Rice Pilaf Asparagus Orange Wedges Milk	Chicken Salad/Bun BBQ Chips Tossed Salad Chocolate Pudding Milk

SUPPER

Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)
#1. Beef Hamburger/Bun #2. Beef Hotdog/Bun #3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)
#4. Macaroni & Cheese #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce #7. Sloppy Joe/Bun
#8. Chef Salad or Side Salad (Ranch, French, Thousand Island, Italian Dressing) #9. Ham or Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #10. Peanut Butter & Jelly Sandwich (White/Wheat Bread) #11. Chicken Noodle or Creamy Tomato Soup (Crackers)
12. Mashed Potatoes (with Gravy/Butter) #13. Seasonal Fruit #14. Ice Cream

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
June 7	June 8	June 9	June 10	June 11	June 12	June 13
Oatmeal Sausage/Cheese English Muffin Grapes Orange Juice Milk	Cream of Rice Cheese Omelet Coffee Cake Mixed Melon Orange Juice Milk	Oatmeal Sausage Links Hashbrowns Orange Juice Milk	Cream of Wheat Garden Vegetable Frittata Wheat Toast Orange Juice Milk	Maple Oat Bran Pancakes Bacon Orange Wedges Orange Juice Milk	Grits Scrambled Eggs Morning Glory Muffin Orange Juice Milk	Oatmeal Waffles Sausage Patty Banana Orange Juice Milk

Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):
A. Scrambled Eggs B. Hard Boiled Eggs C. Over Easy Eggs D. Over Medium Eggs E. Hard Fried Eggs F. Oatmeal
G. Cottage Cheese H. Fruit Apple/Orange/Banana/Canned I. White Toast J. Wheat Toast K. Pancakes
L. Cold Cereal: L1. Cheerios, L2. Rice Krispies, L3. Raisin Bran, L4. Bran Flakes, L5. Corn Flakes, L6. Frosted Flakes, L7. Froot Loops, L8. Cinnamon Toast Crunch, L9. Frosted Mini Wheats. Juice: Orange, Apple, Grape, Cranberry, Prune, Tomato Milk: Whole, 2%, Skim, Chocolate.

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Beef Pot Roast Brown Gravy Mashed Potatoes Buttered Corn Peanut Butter Pie Milk	Jerk Chicken Leg Quarter Wild Rice Creamed Spinach Cheesecake Dinner Roll/Butter Milk	Beef Quesadilla Fiesta Rice Refried Beans Lettuce/Tomato Lemon Cookie Sour Cream Milk	Supreme or Cheese Pizza Caesar Salad Raspberry Sherbet Fruit Cocktail Milk	Hamburger/Bun Lettuce Leaf Sliced Tomato French Fries Fruit Cocktail Dill Pickle Chips Milk	Beer Batted Cod Baked Sweet Potato Coleslaw Banana Cake with Cream Cheese Frosting Tartar Sauce Milk	Chili Dog/Bun Potato Salad Watermelon Chunks Diced Onions Milk
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3 Cheese & Bacon Grilled Cheese Tomato-Basil Soup Caramel Applesauce Milk	Goulash Mixed Vegetables Citrus Salad Bread/Butter Milk	Kielbasa/Bun Broccoli Cheddar Soup Diced Pears Milk	Asian Glazed Meatballs Fried Rice Braised Bok Choy Diced Peaches Milk	BBQ Chicken Wings Potato Wedges Fresh Corn on the Cob Fresh Pineapple Milk	White Cheese Chicken Lasagna Broccoli Mandarin Oranges Garlic Bread Milk	Steak Fajita w/Sauteed Peppers & Onions Baja Corn Churros Sour Cream Taco Sauce Milk
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Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)
#1. Beef Hamburger/Bun #2. Beef Hotdog/Bun #3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)
#4. Macaroni & Cheese #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce #7. Sloppy Joe/Bun
#8. Chef Salad or Side Salad (Ranch, French, Thousand Island, Italian Dressing) #9. Ham or Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #10. Peanut Butter & Jelly Sandwich (White/Wheat Bread) #11. Chicken Noodle or Creamy Tomato Soup (Crackers)
#12. Mashed Potatoes (with Gravy/Butter) #13. Seasonal Fruit #14. Ice Cream

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	June 14	June 15	June 16	June 17	June 18	June 19	
B R E A K F A S T	Oatmeal Biscuit w/Sausage Gravy Strawberries Orange Juice Milk	Cream of Rice Breakfast Pizza White Toast Orange Juice Milk	Oatmeal French Toast Sausage Links Cinnamon Applesauce Orange Juice Milk	Grits Broccoli-Cheddar Quiche Wheat Toast Orange Juice Milk	Cream of Wheat Roast Beef Hash Wheat Toast Orange Juice Milk	Maple Oat Bran Pancakes Sausage Patties Orange Juice Milk	Oatmeal Cheddar Omelet Wheat Toast Fresh Banana Orange Juice Milk
	Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):						
	A. Scrambled Eggs B. Hard Boiled Eggs C. Over Easy Eggs D. Over Medium Eggs E. Hard Fried Eggs F. Oatmeal G. Cottage Cheese H. Fruit Apple/Orange/Banana/Canned I. White Toast J. Wheat Toast K. Pancakes L. Cold Cereal: L1. Cheerios, L2. Rice Krispies, L3. Raisin Bran, L4. Bran Flakes, L5. Corn Flakes, L6. Frosted Flakes, L7. Froot Loops, L8. Cinnamon Toast Crunch, L9. Frosted Mini Wheats. Juice: Orange, Apple, Grape, Cranberry, Prune, Tomato Milk: Whole, 2%, Skim, Chocolate.						
L U N C H	Roast Pork Tenderloin Redskin Mashed Potatoes Roasted Brussels Sprouts Key Lime Pie Bread/Butter Milk	Veggie Smothered Chicken Yukon Mashed Potatoes/Gravy Green Beans Oatmeal Raisin Cookie Milk	Cheeseburger/Bun w/Bacon, Lettuce, Tomato Slice Carrot Raisin Salad Diced Peaches Milk	Chicken Piccata Tuscan Roast Potatoes Steamed Asparagus Peanut Butter Cookie Milk	Carolina-Style Pulled Pork Home Fries Broccoli Red Velvet Roll Dinner Roll/Butter Milk	Fish Tacos Cole Slaw Tortilla Chips Black Bean & Mango Salsa Blondie Milk	Chicken Strips Potato Salad Scalloped Corn Chocolate Chip Cookie BBQ Sauce Dinner Roll/Butter Milk
S U P P E R	Shaved Deli Turkey w/Cheese on Roll Cauliflower Soup Pineapple Tidbits Milk	Cheddar Wurst/Bun Chips Tossed Salad Diced Pears Milk	Lemon Pepper Cod Rice Pilaf Roasted Zucchini Butterscotch Pudding Tartar Sauce Milk	Grilled Corned Beef and Swiss Reuben German Potato Salad Coleslaw Mandarin Oranges Milk	Roasted Salmon Pickled Beets Strawberry Spinach Salad Watermelon Chunks Milk	Chicken Caesar Dinner Salad Potato Cheese Soup Fruit Cocktail Milk	Philly Cheesesteak/Roll Sweet Potato Tots Fresh Pineapple Milk
	Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)						
	#1. Beef Hamburger/Bun #2. Beef Hotdog/Bun #3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread) #4. Macaroni & Cheese #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce #7. Sloppy Joe/Bun #8. Chef Salad or Side Salad (Ranch, French, Thousand Island, Italian Dressing) #9. Ham or Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #10. Peanut Butter & Jelly Sandwich (White/Wheat Bread) #11. Chicken Noodle or Creamy Tomato Soup (Crackers) #12. Mashed Potatoes (with Gravy/Butter) #13. Seasonal Fruit #14. Ice Cream						

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	June 21	June 21	June 21	June 21	June 21	June 21	June 21
B R E A K F A S T	Oatmeal Sausage Patties Raisin Toast Orange Juice Milk	Cream of Rice French Toast Sausage Links Fresh Fruit Salad Orange Juice Milk	Oatmeal Cheesy Eggs Hashbrowns Blueberry Muffins Orange Juice Milk	Grits Soft Fried Eggs Sourdough Toast Orange Juice Milk	Cream of Wheat Pancakes Bacon Honeydew Orange Juice Milk	Maple Oat Bran Cheddar Omelet Banana Bread Orange Juice Milk	Oatmeal Biscuit w/Sausage Gravy Orange Juice Milk
	Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):						
	A. Scrambled Eggs B. Hard Boiled Eggs C. Over Easy Eggs D. Over Medium Eggs E. Hard Fried Eggs F. Oatmeal G. Cottage Cheese H. Fruit Apple/Orange/Banana/Canned I. White Toast J. Wheat Toast K. Pancakes						
	L. Cold Cereal: L1. Cheerios, L2. Rice Krispies, L3. Raisin Bran, L4. Bran Flakes, L5. Corn Flakes, L6. Frosted Flakes, L7. Froot Loops, L8. Cinnamon Toast Crunch, L9. Frosted Mini Wheats. Juice: Orange, Apple, Grape, Cranberry, Prune, Tomato Milk: Whole, 2%, Skim, Chocolate.						
L U N C H	Beef Pot Roast Baby Potatoes Baby Carrots Brown Gravy Strawberry-Rhubarb Pie Dinner Roll/Butter Milk	Chicken Vegetable Tortellini Strawberry Spinach Balsamic Salad Blueberry Crumble Bar Dinner Roll/Butter Milk	BLT Sandwich Chicken Noodle Soup Chilled Peaches Milk	Lemon Herbed Chicken Leg Quarter Potatoes/Gravy Green Beans Caramel Applesauce Biscuit/Butter Milk	Pulled BBQ Chicken on Bun Pickle Chips Sun Chips Potato Salad Baked Beans Sugar Cookie Milk	Cheeseburger/Bun Lettuce Leaf Sliced Tomato French Fries Coleslaw Fruit Cocktail Pickle/Diced Onion Milk	Flounder Fillets Roasted Potatoes Brussel Sprouts Vanilla Pudding Tartar Sauce Milk
S U P P E R	Cherry Chicken Salad Croissant Pea Salad Fruit Cocktail Milk	Fried Shrimp Steak Fries Coleslaw Mandarin Oranges Cocktail Sauce Milk	Cuban Pork Black Beans & Rice Baja Corn Fresh Watermelon Bread/Butter Milk	Deli Roast Beef & Swiss on Wheat Bread Potato Chips Fresh Grapes Pickle Spears Milk	Ground Beef Pasta Bake Broccoli Custard Pie Milk	Chicken Pot Pie Tossed Salad Fresh Pineapple Bread/Butter Milk	Lasagna Steamed Cauliflower Garlic Breadstick Diced Pears Milk
	Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)						
	#1. Beef Hamburger/Bun #2. Beef Hotdog/Bun #3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread) #4. Macaroni & Cheese #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce #7. Sloppy Joe/Bun #8. Chef Salad or Side Salad (Ranch, French, Thousand Island, Italian Dressing) #9. Ham or Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #10. Peanut Butter & Jelly Sandwich (White/Wheat Bread) 11. Chicken Noodle or Creamy Tomato Soup (Crackers) 12. Mashed Potatoes (with Gravy/Butter) #13. Seasonal Fruit #14. Ice Cream						