

WEEKLY MENU

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
February 1	February 2	February 3	February 4	February 5	February 6	February 7
Oatmeal Sausage/Cheese English Muffin Grapes Orange Juice Milk	Cream of Rice Cheese Omelet Coffee Cake Mixed Melon Orange Juice Milk	Oatmeal Sausage Links Hashbrowns Orange Juice Milk	Cream of Wheat Soft Fried Eggs Wheat Toast Orange Juice Milk	Maple Oat Bran Pancakes Bacon Orange Wedges Orange Juice Milk	Grits Scrambled Eggs White Toast Orange Juice Milk	Oatmeal Waffles Sausage Patty Banana Orange Juice Milk

Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):

A. Scrambled Eggs B. Hard Boiled Eggs C. Over Easy Eggs D. Over Medium Eggs E. Fried Eggs F. Oatmeal
G. Cottage Cheese H. Fruit Apple/Orange/Banana/Canned I. White Toast J. Wheat Toast K. Cold Cereal: K1. Cheerios, K2. Rice Krispies,
K3. Raisin Bran, K4. Bran Flakes, K5. Corn Flakes, K6. Frosted Flakes, K7. Froot Loops, K8. Cinnamon Toast Crunch, K9. Frosted Mini Wheats.
L. Juice: Orange, Apple, Grape, Cranberry, Prune, Tomato M. Milk: Whole, 2%, Skim, Chocolate.

Beef Pot Roast Brown Gravy Mashed Potatoes Buttered Corn Peanut Butter Pie Milk	Tuscan Herb Chicken Leg Quarter Wild Rice Creamed Spinach Cheesecake Dinner Roll/Butter Milk	Wet Burrito Fiesta Rice Refried Beans Lettuce/Tomato Lemon Cookie Sour Cream Milk	Ham & Sausage or Cheese Pizza Caesar Salad Soup Raspberry Sherbet Milk	Hamburger/Bun Lettuce Leaf Sliced Tomato French Fries Fruit Cocktail Dill Pickle Chips Milk	Beer Batted Cod Coleslaw Sweet Potato Puffs Banana Cake with Cream Cheese Frosting Tartar Sauce Milk	Chili Dog/Bun Potato Salad Fresh Plum Corn Chowder Diced Onions Milk
Grilled Cheese Tomato Soup Caramel Applesauce Milk	Goulash Mixed Vegetables Citrus Salad Bread/Butter Milk	Kielbasa/Bun Broccoli Cheddar Soup Diced Pears Milk	Meatballs in Gravy Mashed Potatoes Green Beans Diced Peaches Milk	BBQ Chicken Wings Potato Wedges Corn on the Cob Sugar Cookie Milk	Cheese Ravioli in Marinara Broccoli Mandarin Oranges Garlic Bread Milk	Chicken and Dumplings Steamed Baby Carrots Strawberry Shortcake Milk

Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)

#1. Beef Hamburger/Bun #2. Beef Hotdog/Bun #3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)
#4. Macaroni & Cheese #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce
#7. Chef Salad or Side Salad (Ranch, French, Thousand Island, Italian Dressing) #8. Ham or Turkey/Cheese Sandwich (American/Swiss Cheese,
White/Wheat Bread) #9. Peanut Butter & Jelly Sandwich (White/Wheat Bread) 10. Chicken Noodle or Creamy Tomato Soup (Crackers)
11. Mashed Potatoes (with Gravy/Butter) #12. Seasonal Fruit #14. Ice Cream

****Make Alternate Selections on the Reverse side****

2026

WEEKLY MENU

2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
February 8	February 9	February 10	February 11	February 12	February 13	February 14
Oatmeal Biscuit w/Sausage Gravy Strawberries Orange Juice Milk	Cream of Rice Scrambled Eggs Bacon Wheat Toast Mixed Melons Orange Juice Milk	Oatmeal French Toast Sausage Links Cinnamon Applesauce Orange Juice Milk	Grits Ham/Cheese Quiche Wheat Toast Grapes Orange Juice Milk	Cream of Wheat Roast Beef Hash Wheat Toast Orange Juice Milk	Maple Oat Bran Pancakes Sausage Patties Orange Juice Milk	Oatmeal Cheddar Omelet Wheat Toast Fresh Banana Orange Juice Milk

Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):

A. Scrambled Eggs **B. Hard Boiled Eggs** **C. Over Easy Eggs** **D. Over Medium Eggs** **E. Fried Eggs** **F. Oatmeal**
G. Cottage Cheese **H. Fruit** Apple/Orange/Banana/Canned **I. White Toast** **J. Wheat Toast** **K. Cold Cereal:** K1. Cheerios, K2. Rice Krispies,
 K3. Raisin Bran, K4. Bran Flakes, K5. Corn Flakes, K6. Frosted Flakes, K7. Froot Loops, K8. Cinnamon Toast Crunch, K9. Frosted Mini Wheats.
L. Juice: Orange, Apple, Grape, Cranberry, Prune, Tomato **M. Milk:** Whole, 2%, Skim, Chocolate.

Beef Stroganoff Buttered Noodles Buttered Corn Peach Pie Milk	Sauteed Chicken Yukon Mashed Potatoes/Gravy Green Beans Oatmeal Raisin Cookie Cheddar Biscuit Milk	Cheeseburger/Bun w/Bacon, Lettuce, Tomato Slice Jalapeño Cheese Soup Diced Peaches Milk	Chicken Parmesan w/ Spaghetti and Marinara Sauce Steamed Cauliflower Peanut Butter Cookie Milk	Pork Chop Home Fries Broccoli Red Velvet Roll Dinner Roll/Butter Milk	Popcorn Fish French Fries Coleslaw Warm Cinnamon Apples Tartar Sauce Milk	Chicken Strips Potato Salad Scalloped Corn Chocolate Chip Cookie BBQ Sauce Milk
Shaved Deli Turkey w/Cheese on Roll Cauliflower Soup Tossed Salad Pineapple Tidbits Milk	Lemon Pepper Cod Rice Pilaf Roasted Zucchini Butterscotch Pudding Tartar Sauce Milk	Cheddar Wurst/Bun Tator Tots Tossed Salad Diced Pears Milk	Grilled Corned Beef and Swiss on Rye Potato Chips Cabbage Soup Mandarin Oranges Milk	Chicken Caesar Dinner Salad Potato Cheese Soup Garlic Breadstick Fruit Cocktail Milk	Smothered Steak Smashed Redskins Buttered Peas Chocolate Cake Bread/Butter Milk	Sliced Deli Ham on Wheat Bread Lentil Soup Fresh Pineapple Milk

Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)

#1. Beef Hamburger/Bun #2. Beef Hotdog/Bun #3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)
 #4. Macaroni & Cheese #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce
 #7. Chef Salad or Side Salad (Ranch, French, Thousand Island, Italian Dressing) #8. Ham or Turkey/Cheese Sandwich (American/Swiss Cheese,
 White/Wheat Bread) #9. Peanut Butter & Jelly Sandwich (White/Wheat Bread) #10. Chicken Noodle or Creamy Tomato Soup (Crackers)
 #11. Mashed Potatoes (with Gravy/Butter) #12. Seasonal Fruit #14. Ice Cream

****Make Alternate Selections on the Reverse side****

WEEKLY MENU

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
February 15	February 16	February 17	February 18	February 19	February 20	February 21
Oatmeal Scrambled Eggs Wheat Toast Orange Juice Milk	Cream of Rice Pancakes Bacon Orange Juice Milk	Grits Soft Fried Eggs Wheat Toast Orange Wedges Orange Juice Milk	Oatmeal Cheese Omelet Wheat Toast Orange Juice Milk	Cream of Wheat French Toast Sausage Links Orange Juice Milk	Maple Oat Bran Cheesy Eggs White Toast Fresh Banana Orange Juice Milk	Oatmeal Egg/Cheese Biscuit Sandwich Grapes Orange Juice Milk
Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items): A. Scrambled Eggs B. Hard Boiled Eggs C. Over Easy Eggs D. Over Medium Eggs E. Fried Eggs F. Oatmeal G. Cottage Cheese H. Fruit Apple/Orange/Banana/Canned I. White Toast J. Wheat Toast K. Cold Cereal: K1. Cheerios, K2. Rice Krispies, K3. Raisin Bran, K4. Bran Flakes, K5. Corn Flakes, K6. Frosted Flakes, K7. Froot Loops, K8. Cinnamon Toast Crunch, K9. Frosted Mini Wheats. L. <u>Juice</u> : Orange, Apple, Grape, Cranberry, Prune, Tomato M. <u>Milk</u> : Whole, 2%, Skim, Chocolate.						
Meatloaf/Gravy Mashed Potatoes Green Beans Dutch Apple Pie Dinner Roll/Butter Milk	Fried Chicken Candied Sweet Potato Buttered Corn Chocolate Cookie Milk	Spaghetti w/ Meat Sauce Diced Carrots Garlic Bread Lemon Bar Milk	Sliced Roast Turkey Mashed Potatoes Steamed Baby Carrots Turkey Gravy Apple Crisp Milk	Hamburger/Bun Lettuce Leaf Sliced Tomato Chicken Florentine Soup Orange Sherbet Diced Onions Milk	Fried Cod Nuggets Crinkle Cut Fries Coleslaw Cheddar Biscuit Yellow Cake w/ Chocolate Frosting Tartar Sauce Milk	Ham Slice Macaroni & Cheese Mixed Vegetables Mandarin Oranges Milk
Scalloped Potatoes w/Ham Mixed Vegetables Diced Peaches Cornbread Milk	Beef Pastrami on Rye w/Swiss Navy Bean/Bacon Soup Diced Cantaloupe Milk	Breaded Fish/Bun Coleslaw Deluxe Fruit Salad Tartar Sauce Milk	Beef & Bean Chili Cornbread Muffin Diced Pears Milk	BBQ Ribs Baked Beans Buttered Corn Diced Peaches Dinner Roll/Butter Milk	Roast Beef & Noodles w/ Gravy Green Beans with Bacon Citrus Fruit Salad Milk	Crispy Chicken/Roll Leaf Lettuce Tomato Slice French Onion Soup Fresh Pineapple Milk
Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items) #1. Beef Hamburger/Bun #2. Beef Hotdog/Bun #3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread) #4. Macaroni & Cheese #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce #7. Chef Salad or Side Salad (Ranch, French, Thousand Island, Italian Dressing) #8. Ham or Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #9. Peanut Butter & Jelly Sandwich (White/Wheat Bread) #10. Chicken Noodle or Creamy Tomato Soup (Crackers) #11. Mashed Potatoes (with Gravy/Butter) #12. Seasonal Fruit #14. Ice Cream						

****Make Alternate Selections on the Reverse side****

2026

WEEKLY MENU

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
February 22	February 23	February 24	February 25	February 26	February 27	February 28
Oatmeal Sausage Patties Raisin Toast Orange Juice Milk	Cream of Rice French Toast Sausage Links Orange Juice Milk	Oatmeal Scrambled Eggs Hashbrowns Honeydew Orange Juice Milk	Grits Soft Fried Eggs Sourdough Toast Orange Juice Milk	Cream of Wheat Pancakes Bacon Orange Juice Milk	Maple Oat Bran Cheddar Omelet Banana Bread Orange Juice Milk	Oatmeal Biscuit w/Sausage Gravy Banana Orange Juice Milk

Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):

A. Scrambled Eggs B. Hard Boiled Eggs C. Over Easy Eggs D. Over Medium Eggs E. Fried Eggs F. Oatmeal
G. Cottage Cheese H. Fruit Apple/Orange/Banana/Canned I. White Toast J. Wheat Toast K. Cold Cereal: K1. Cheerios, K2. Rice Krispies,
K3. Raisin Bran, K4. Bran Flakes, K5. Corn Flakes, K6. Frosted Flakes, K7. Froot Loops, K8. Cinnamon Toast Crunch, K9. Frosted Mini Wheats.
L. Juice: Orange, Apple, Grape, Cranberry, Prune, Tomato M. Milk: Whole, 2%, Skim, Chocolate.

Beef Pot Roast Baby Potatoes Baby Carrots Brown Gravy Custard Pie Dinner Roll/Butter Milk	Swedish Meatballs Buttered Noodles Green Beans Pumpkin Bar Dinner Roll/Butter Milk	BLT Sandwich Chicken Noodle Soup Chilled Peaches Milk	BBQ Chicken Leg Quarter Potatoes/Gravy Buttered Corn Caramel Applesauce Biscuit/Butter Milk	Sliced Pork Loin with Gravy Stuffing Steamed Broccoli Cantaloupe Milk	Cheeseburger/Bun Lettuce Leaf Sliced Tomato French Fries Coleslaw Fruit Cocktail Pickle/Diced Onion Milk	Beer Battered Cod Roasted Potatoes Brussel Sprouts Vanilla Pudding Cheddar Biscuit Tartar Sauce Milk
Egg Salad Croissant Potato Soup Pea Salad Fruit Cocktail Milk	Fried Shrimp Steak Fries Coleslaw Mandarin Oranges Cocktail Sauce Milk	Stuffed Peppers Steamed Cauliflower Garlic Bread Pineapple Upside Down Cake Milk	Tuna Noodle Casserole Glazed Carrots Cream of Asparagus Soup Dreamsicle Salad Milk	Deli Roast Beef & Swiss on Wheat Bread Vegetable Soup Fresh Grapes Pickle Spear Milk	Chicken Pot Pie Tossed Salad Fresh Pineapple Milk	Lasagna Steamed Cauliflower Garlic Bread Diced Pears Milk

Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)

#1. Beef Hamburger/Bun #2. Beef Hotdog/Bun #3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)
#4. Macaroni & Cheese #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce
#7. Chef Salad or Side Salad (Ranch, French, Thousand Island, Italian Dressing) #8. Ham or Turkey/Cheese Sandwich (American/Swiss Cheese,
White/Wheat Bread) #9. Peanut Butter & Jelly Sandwich (White/Wheat Bread) #10. Chicken Noodle or Creamy Tomato Soup (Crackers)
#11. Mashed Potatoes (with Gravy/Butter) #12. Seasonal Fruit #14. Ice Cream

****Make Alternate Selections on the Reverse side****

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