

WEEKLY MENU

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
December 28	December 29	December 30	December 31	January 1	January 2	January 3
Oatmeal Biscuit w/Sausage Gravy Strawberries Orange Juice Milk	Cream of Rice Scrambled Eggs Bacon Wheat Toast Mixed Melons Orange Juice Milk	Oatmeal French Toast Sausage Links Cinnamon Applesauce Orange Juice Milk	Grits Ham/Cheese Quiche Wheat Toast Grapes Orange Juice Milk	Cream of Wheat Roast Beef Hash Wheat Toast Orange Juice Milk	Maple Oat Bran Pancakes Sausage Patties Orange Juice Milk	Oatmeal Cheddar Omelet Wheat Toast Fresh Banana Orange Juice Milk
<u>Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):</u>						
A. Scrambled Eggs	B. Hard Boiled Eggs	C. Over Easy Eggs	D. Over Medium Eggs	E. Fried Eggs	F. Oatmeal	
G. Cottage Cheese	H. Fruit Apple/Orange/Banana/Canned	I. White Toast	J. Wheat Toast	K. Cold Cereal: K1. Cheerios, K2. Rice Krispies, K3. Raisin Bran, K4. Bran Flakes, K5. Corn Flakes, K6. Frosted Flakes, K7. Froot Loops, K8. Cinnamon Toast Crunch, K9. Frosted Mini Wheats.		
L. <u>Juice</u> : Orange, Apple, Grape, Cranberry, Prune, Tomato		M. <u>Milk</u> : Whole, 2%, Skim, Chocolate.				
Beef Stroganoff Buttered Noodles Buttered Corn Peach Pie Milk	Sauteed Chicken Yukon Mashed Potatoes/Gravy Green Beans Oatmeal Raisin Cookie Cheddar Biscuit Milk	Cheeseburger/Bun w/Bacon, Lettuce, Tomato Slice Jalapeño Cheese Soup Diced Peaches Milk	Chicken Parmesan w/ Spaghetti and Marinara Sauce Steamed Cauliflower Peanut Butter Cookie Milk	Herbed Crusted Chicken Twice Baked Potatoes Tropical Fruit Salad Garlic Knot Red Velvet Cake Milk	Popcorn Fish French Fries Coleslaw Warm Cinnamon Apples Tartar Sauce Milk	Chicken Strips Potato Salad Scalloped Corn Chocolate Chip Cookie BBQ Sauce Milk
Shaved Deli Turkey w/Cheese on Roll Cauliflower Soup Tossed Salad Pineapple Tidbits Milk	Lemon Pepper Cod Rice Pilaf Roasted Zucchini Butterscotch Pudding Tartar Sauce Milk	Cheddar Wurst/Bun Tator Tots Tossed Salad Diced Pears Milk	Chicken Caesar Dinner Salad Potato Cheese Soup Garlic Breadstick Fruit Cocktail Milk	Grilled Corned Beef and Swiss on Rye Potato Chips Coleslaw Mandarin Oranges Milk	Smothered Steak Smashed Redskins Buttered Peas Chocolate Cake Bread/Butter Milk	Sliced Deli Ham on Wheat Bread Lentil Soup Fresh Pineapple Milk
<u>Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)</u>						
#1. Beef Hamburger/Bun	#2. Beef Hotdog/Bun	#3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)				
#4. Macaroni & Cheese	#5. Spaghetti w/Marinara	#6. Spaghetti w/Meat sauce				
#7. Chef Salad or Side Salad (Ranch, French, Thousand Island, Italian Dressing)	#8. Ham or Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread)					
#9. Peanut Butter & Jelly Sandwich (White/Wheat Bread)	10. Chicken Noodle or Creamy Tomato Soup (Crackers)					
11. Mashed Potatoes (with Gravy/Butter)	#12. Seasonal Fruit	#14. Ice Cream				

****Make Alternate Selections on the Reverse side****

WEEKLY MENU

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
January 4	January 5	January 6	January 7	January 8	January 9	January 10
Oatmeal Scrambled Eggs Wheat Toast Orange Juice Milk	Cream of Rice Pancakes Bacon Orange Juice Milk	Grits Soft Fried Eggs Wheat Toast Orange Wedges Orange Juice Milk	Oatmeal Cheese Omelet Wheat Toast Orange Juice Milk	Cream of Wheat French Toast Sausage Links Orange Juice Milk	Maple Oat Bran Cheesy Eggs White Toast Fresh Banana Orange Juice Milk	Oatmeal Egg/Cheese Biscuit Sandwich Grapes Orange Juice Milk
Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):						
A. Scrambled Eggs	B. Hard Boiled Eggs	C. Over Easy Eggs	D. Over Medium Eggs	E. Fried Eggs	F. Oatmeal	
G. Cottage Cheese	H. Fruit Apple/Orange/Banana/Canned	I. White Toast	J. Wheat Toast	K. Cold Cereal: K1. Cheerios, K2. Rice Krispies, K3. Raisin Bran, K4. Bran Flakes, K5. Corn Flakes, K6. Frosted Flakes, K7. Froot Loops, K8. Cinnamon Toast Crunch, K9. Frosted Mini Wheats.		
L. <u>Juice</u> : Orange, Apple, Grape, Cranberry, Prune, Tomato			M. <u>Milk</u> : Whole, 2%, Skim, Chocolate.			
Meatloaf/Gravy Mashed Potatoes Green Beans Dutch Apple Pie Dinner Roll/Butter Milk	Fried Chicken Candied Sweet Potato Buttered Corn Chocolate Cookie Milk	Spaghetti w/ Meat Sauce Diced Carrots Garlic Bread Lemon Bar Milk	Sliced Roast Turkey Mashed Potatoes Steamed Baby Carrots Turkey Gravy Apple Crisp Milk	Hamburger/Bun Lettuce Leaf Sliced Tomato Sweet Potato Fries Pickled Beets Orange Sherbet Diced Onions Milk	Fried Cod Nuggets Crinkle Cut Fries Coleslaw Cheddar Biscuit Yellow Cake w/ Chocolate Frosting Tartar Sauce Milk	Ham Slice Macaroni & Cheese Mixed Vegetables Mandarin Oranges Milk
Scalloped Potatoes w/Ham Mixed Vegetables Diced Peaches Cornbread Milk	Beef Pastrami on Rye w/Swiss Navy Bean/Bacon Soup Diced Cantaloupe Milk	Breaded Fish/Bun Coleslaw Deluxe Fruit Salad Tartar Sauce Milk	Beef & Bean Chili Cornbread Muffin Diced Pears Milk	BBQ Ribs Baked Beans Buttered Corn Diced Peaches Dinner Roll/Butter Milk	Roast Beef & Noodles w/ Gravy Green Beans with Bacon Citrus Fruit Salad Milk	Crispy Chicken/Roll Leaf Lettuce Tomato Slice French Onion Soup Fresh Pineapple Milk
Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)						
#1. Beef Hamburger/Bun	#2. Beef Hotdog/Bun	#3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)				
#4. Macaroni & Cheese	#5. Spaghetti w/Marinara	#6. Spaghetti w/Meat sauce				
#7. Chef Salad or Side Salad (Ranch, French, Thousand Island, Italian Dressing)	#8. Ham or Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread)					
#9. Peanut Butter & Jelly Sandwich (White/Wheat Bread)	#10. Chicken Noodle or Creamy Tomato Soup (Crackers)					
#11. Mashed Potatoes (with Gravy/Butter)	#12. Seasonal Fruit	#14. Ice Cream				

****Make Alternate Selections on the Reverse side****

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WEEKLY MENU

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
January 11	January 12	January 13	January 14	January 15	January 16	January 17
Oatmeal Sausage Patties Raisin Toast Orange Juice Milk	Cream of Rice French Toast Sausage Links Orange Juice Milk	Oatmeal Scrambled Eggs Hashbrowns Honeydew Orange Juice Milk	Grits Soft Fried Eggs Sourdough Toast Orange Juice Milk	Cream of Wheat Pancakes Bacon Orange Juice Milk	Maple Oat Bran Cheddar Omelet Banana Bread Orange Juice Milk	Oatmeal Biscuit w/Sausage Gravy Banana Orange Juice Milk

Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):

A. Scrambled Eggs B. Hard Boiled Eggs C. Over Easy Eggs D. Over Medium Eggs E. Fried Eggs F. Oatmeal
 G. Cottage Cheese H. Fruit Apple/Orange/Banana/Canned I. White Toast J. Wheat Toast K. Cold Cereal: K1. Cheerios, K2. Rice Krispies,
 K3. Raisin Bran, K4. Bran Flakes, K5. Corn Flakes, K6. Frosted Flakes, K7. Froot Loops, K8. Cinnamon Toast Crunch, K9. Frosted Mini Wheats.
 L. Juice: Orange, Apple, Grape, Cranberry, Prune, Tomato M. Milk: Whole, 2%, Skim, Chocolate.

Beef Pot Roast Baby Potatoes Baby Carrots Brown Gravy Custard Pie Dinner Roll/Butter Milk	Swedish Meatballs Buttered Noodles Green Beans Pumpkin Roll Dinner Roll/Butter Milk	BLT Sandwich Chicken Noodle Soup Chilled Peaches Milk	BBQ Chicken Leg Quarter Potatoes/Gravy Buttered Corn Caramel Applesauce Biscuit/Butter Milk	Sliced Pork Loin with Gravy Stuffing Steamed Broccoli Cantaloupe Milk	Cheesburger/Bun Lettuce Leaf Sliced Tomato French Fries Coleslaw Fruit Cocktail Pickle/Diced Onion Milk	Beer Battered Cod Roasted Potatoes Brussel Sprouts Vanilla Pudding Cheddar Biscuit Tartar Sauce Milk
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Egg Salad Croissant Potato Soup Pea Salad Fruit Cocktail Milk	Fried Shrimp Steak Fries Coleslaw Mandarin Oranges Cocktail Sauce Milk	Stuffed Peppers Steamed Cauliflower Garlic Bread Pineapple Upside Down Cake Milk	Tuna Noodle Casserole Glazed Carrots Dreamsicle Salad Milk	Deli Roast Beef & Swiss on Wheat Bread Vegetable Soup Fresh Grapes Pickle Spear Milk	Chicken Pot Pie Tossed Salad Fresh Pineapple Milk	Lasagna Steamed Cauliflower Garlic Bread Diced Pears Milk
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Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)

#1. Beef Hamburger/Bun #2. Beef Hotdog/Bun #3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)
 #4. Macaroni & Cheese #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce
 #7. Chef Salad or Side Salad (Ranch, French, Thousand Island, Italian Dressing) #8. Ham or Turkey/Cheese Sandwich (American/Swiss Cheese,
 White/Wheat Bread) #9. Peanut Butter & Jelly Sandwich (White/Wheat Bread) 10. Chicken Noodle or Creamy Tomato Soup (Crackers)
 #11. Mashed Potatoes (with Gravy/Butter) #12. Seasonal Fruit #14. Ice Cream

****Make Alternate Selections on the Reverse side****

2026

WEEKLY MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
January 18	January 19	January 20	January 21	January 22	January 23	January 24
Oatmeal Cheese Omelet Wheat Toast Orange Juice Milk	Cream of Rice Scrambled Eggs Sourdough Toast Orange Juice Milk	Oatmeal Pancakes Bacon Fresh Grapes Orange Juice Milk	Grits Soft Fried Eggs Hashbrowns Fresh Cantaloupe Orange Juice Milk	Cream of Wheat French Toast Sausage Patties Orange Wedges Orange Juice Milk	Maple Oat Bran Farmer Scramble Wheat Toast Banana Orange Juice Milk	Oatmeal Egg/Cheese on English Muffin Orange Juice Milk
Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):						
A. Scrambled Eggs	B. Hard Boiled Eggs	C. Over Easy Eggs	D. Over Medium Eggs	E. Fried Eggs	F. Oatmeal	
G. Cottage Cheese	H. Fruit Apple/Orange/Banana/Canned	I. White Toast	J. Wheat Toast	K. Cold Cereal: K1. Cheerios, K2. Rice Krispies, K3. Raisin Bran, K4. Bran Flakes, K5. Corn Flakes, K6. Frosted Flakes, K7. Froot Loops, K8. Cinnamon Toast Crunch, K9. Frosted Mini Wheats.		
L. <u>Juice</u> : Orange, Apple, Grape, Cranberry, Prune, Tomato			M. <u>Milk</u> : Whole, 2%, Skim, Chocolate.			
Fried Chicken Baked Sweet Potato Green Beans Pumpkin Pie Dinner Roll/Butter Milk	Dry Rub Ribs Macaroni/Cheese Corn on the Cob Corn Muffin Cinnamon Applesauce Milk	Crispy Chicken/Roll Lettuce Leaf Tomato Slice Mushroom Soup Mandarin Oranges Milk	Country Fried Steak Mashed Potatoes w/ Country Gravy Green Beans Ambrosia Dinner Roll/Butter Milk	BBQ Pulled Pork Scalloped Potatoes Diced Carrots Snickerdoodle Cookie Biscuit/Butter Milk	Meatloaf Yukon Mashed Potatoes Buttered Peas Cherry Turnover Dinner Roll/Butter Milk	Wet Burrito Shredded Lettuce & Diced Tomato Salad Refried Beans Fruit Cocktail Sour Cream Milk
Bratwurst Home Fries Baked Beans Ice Cream Bread/Butter Milk	Sloppy Joe/Bun Tator Tots Coleslaw Diced Peaches Milk	Pepperoni/Bacon or Cheese Pizza Tossed Salad Apple Crisp Milk	Chili Cheese Dog/Bun Potato Chips Macaroni Salad Fresh Pineapple Milk	Sweet-Sour Chicken White Rice Steamed Broccoli Spring Roll Citrus Salad Milk	Popcorn Fish Tator Tots Coleslaw Lemon Cake Tartar Sauce Milk	Beef Stew Warm Cinnamon Apples Biscuit/Butter Milk
Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)						
#1. Beef Hamburger/Bun	#2. Beef Hotdog/Bun	#3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)				
#4. Macaroni & Cheese	#5. Spaghetti w/Marinara	#6. Spaghetti w/Meat sauce				
#7. Chef Salad or Side Salad (Ranch, French, Thousand Island, Italian Dressing)	#8. Ham or Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread)					
White/ Wheat Bread)	#9. Peanut Butter & Jelly Sandwich (White/Wheat Bread)	10. Chicken Noodle or Creamy Tomato Soup (Crackers)				
	11. Mashed Potatoes (with Gravy/Butter)	#12. Seasonal Fruit	#14. Ice Cream			

****Make Alternate Selections on the Reverse side****

WEEKLY MENU

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
January 25	January 26	January 27	January 28	January 29	January 30	January 31
Oatmeal Sausage Gravy Biscuit Orange Juice Milk	Cream of Rice Pancakes Bacon Orange Juice Milk	Oatmeal Cheesy Eggs Wheat Toast Orange Juice Milk	Grits Scrambled Eggs Hashbrowns Orange Juice Milk	Cream of Wheat Soft Fried Eggs Wheat Toast Orange Juice Milk	Maple Oat Bran French Toast Sausage Links Cantaloupe Orange Juice Milk	Oatmeal Scrambled Eggs Raisin Toast Banana Orange Juice Milk
Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):						
A. Scrambled Eggs	B. Hard Boiled Eggs	C. Over Easy Eggs	D. Over Medium Eggs	E. Fried Eggs	F. Oatmeal	
G. Cottage Cheese	H. Fruit Apple/Orange/Banana/Canned	I. White Toast	J. Wheat Toast	K. Cold Cereal: K1. Cheerios, K2. Rice Krispies, K3. Raisin Bran, K4. Bran Flakes, K5. Corn Flakes, K6. Frosted Flakes, K7. Froot Loops, K8. Cinnamon Toast Crunch, K9. Frosted Mini Wheats.		
L. <u>Juice</u> : Orange, Apple, Grape, Cranberry, Prune, Tomato				M. <u>Milk</u> : Whole, 2%, Skim, Chocolate.		
Chopped Sirloin Mushrooms/Onions Baked Potato/SC Cheese Cauliflower Blueberry Pie Dinner Roll/Butter Milk	Smothered Pork Chop Candied Sweet Potatoes Green Beans Oatmeal Cookie Milk	Chicken Cordon Bleu Yukon Mashed Potatoes Buttered Peas Banana Pudding Dinner Roll/Butter Milk	Beef Soft Shell Taco Lettuce/Tomato Shredded Cheese Refried Beans Spanish Rice Sour Cream & Taco Sauce Spice Cake Milk	Ham & Swiss Sub Shredded Lettuce/Tomato Southwest Chicken Soup Potato Salad Fudge Brownie Milk	Roast Turkey/Gravy Over White Bread Mashed Potatoes Steamed Baby Carrots Peach Crisp Milk	Baked Spaghetti Steamed Broccoli Fresh Pineapple Chunks Garlic Bread Milk
Smoked Sausage/Bun Baked Beans Potato Chips Fresh Fruit Salad Milk	Breaded Fish/Bun Tater Tots Coleslaw Mixed Melon Tartar Sauce Milk	Mongolian Beef Lo Mein Noodles Steamed Broccoli Mandarin Oranges Milk	Grilled Chicken/Bun Leaf Lettuce Tomato Slice Onion Rings Diced Peaches Milk	Beef & Bean Chili Cornbread Muffin Fresh Grapes Milk	Baked Garlic Lemon Salmon Rice Pilaf Asparagus Gingersnap Cookie Milk	Chicken Salad/Bun BBQ Chips Tossed Salad Chocolate Pudding Milk
Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)						
#1. Beef Hamburger/Bun	#2. Beef Hotdog/Bun	#3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)				
#4. Macaroni & Cheese	#5. Spaghetti w/Marinara	#6. Spaghetti w/Meat sauce				
#7. Chef Salad or Side Salad (Ranch, French, Thousand Island, Italian Dressing)	#8. Ham or Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread)					
#9. Peanut Butter & Jelly Sandwich (White/Wheat Bread)	10. Chicken Noodle or Creamy Tomato Soup (Crackers)					
11. Mashed Potatoes (with Gravy/Butter)	#12. Seasonal Fruit	#14. Ice Cream				
Make Alternate Selections on the Reverse side						