



MARCH MONTHLY MENU



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
March 1	March 2	March 3	March 4	March 5	March 6	March 7
Oatmeal Cheese Omelet Wheat Toast Orange Wedges Orange Juice Milk	Cream of Rice Scrambled Eggs Sourdough Toast Orange Juice Milk	Oatmeal Pancakes Bacon Fresh Grapes Orange Juice Milk	Grits Soft Fried Eggs Hashbrowns Fresh Cantaloupe Orange Juice Milk	Cream of Wheat French Toast Sausage Patties Orange Juice Milk	Maple Oat Bran Farmer Scramble Wheat Toast Banana Orange Juice Milk	Oatmeal Egg/Cheese on English Muffin Orange Juice Milk

Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):

- A. Scrambled Eggs B. Hard Boiled Eggs C. Over Easy Eggs D. Over Medium Eggs E. Fried Eggs F. Oatmeal
 G. Cottage Cheese H. Fruit Apple/Orange/Banana/Canned I. White Toast J. Wheat Toast K. Cold Cereal: K1. Cheerios, K2. Rice Krispies,
 K3. Raisin Bran, K4. Bran Flakes, K5. Corn Flakes, K6. Frosted Flakes, K7. Froot Loops, K8. Cinnamon Toast Crunch, K9. Frosted Mini Wheats.
 L. Juice: Orange, Apple, Grape, Cranberry, Prune, Tomato M. Milk: Whole, 2%, Skim, Chocolate.

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Fried Chicken Baked Sweet Potato Green Beans Pumpkin Pie Dinner Roll/Butter Milk	Dry Rub Ribs Macaroni/Cheese Buttered Corn Cinnamon Applesauce Milk	Crispy Chicken/Roll Lettuce Leaf Tomato Slice Mushroom Soup Mandarin Oranges Milk	Country Fried Steak Mashed Potatoes w/ Country Gravy Steamed Brussel Sprouts Ambrosia Dinner Roll/Butter Milk	BBQ Pulled Pork Scalloped Potatoes Diced Carrots Snickerdoodle Cookie Biscuit/Butter Milk	Meatloaf Yukon Mashed Potatoes Buttered Peas Cherry Turnover Dinner Roll/Butter Milk	Wet Burrito Shredded Lettuce & Diced Tomato Salad Refried Beans Fruit Cocktail Sour Cream Milk
Bratwurst Home Fries Sauerkraut Soup Ice Cream Bread/Butter Milk	Sloppy Joe/Bun Tator Tots Coleslaw Diced Peaches Milk	Pepperoni/Bacon or Cheese Pizza Tossed Salad Apple Crisp Milk	Chili Cheese Dog/Bun Potato Chips Macaroni Salad Fresh Pineapple Milk	Sweet-Sour Chicken White Rice Steamed Broccoli Spring Roll Citrus Salad Milk	Popcorn Fish Tator Tots Coleslaw Lemon Cake Tartar Sauce Milk	Beef Stew Warm Cinnamon Apples Biscuit/Butter Milk

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Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)

- #1. Beef Hamburger/Bun #2. Beef Hotdog/Bun #3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)
 #4. Macaroni & Cheese #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce
 #7. Chef Salad or Side Salad (Ranch, French, Thousand Island, Italian Dressing) #8. Ham or Turkey/Cheese Sandwich (American/Swiss Cheese,
 White/Wheat Bread) #9. Peanut Butter & Jelly Sandwich (White/Wheat Bread) #10. Chicken Noodle or Creamy Tomato Soup (Crackers)
 #11. Mashed Potatoes (with Gravy/Butter) #12. Seasonal Fruit #14. Ice Cream

****Make Alternate Selections on the Reverse side****

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
March 15	March 16	March 17	March 18	March 19	March 20	March 21
Oatmeal Sausage/Cheese English Muffin Grapes Orange Juice Milk	Cream of Rice Cheese Omelet Coffee Cake Mixed Melon Orange Juice Milk	Oatmeal Sausage Links Hashbrowns Orange Juice Milk	Cream of Wheat Soft Fried Eggs Wheat Toast Orange Juice Milk	Maple Oat Bran Pancakes Bacon Orange Wedges Orange Juice Milk	Grits Scrambled Eggs White Toast Orange Juice Milk	Oatmeal Waffles Sausage Patty Banana Orange Juice Milk

Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):
A. Scrambled Eggs B. Hard Boiled Eggs C. Over Easy Eggs D. Over Medium Eggs E. Fried Eggs F. Oatmeal
G. Cottage Cheese H. Fruit Apple/Orange/Banana/Canned I. White Toast J. Wheat Toast K. Cold Cereal: K1. Cheerios, K2. Rice Krispies, K3. Raisin Bran, K4. Bran Flakes, K5. Corn Flakes, K6. Frosted Flakes, K7. Froot Loops, K8. Cinnamon Toast Crunch, K9. Frosted Mini Wheats.
L. Juice: Orange, Apple, Grape, Cranberry, Prune, Tomato M. Milk: Whole, 2%, Skim, Chocolate.

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Beef Pot Roast Brown Gravy Mashed Potatoes Buttered Corn Peanut Butter Pie Milk	Tuscan Herb Chicken Leg Quarter Wild Rice Creamed Spinach Cheesecake Dinner Roll/Butter Milk	Corned Beef Roasted Redskins Potatoes Cabbage/Carrots Poke Cake Soda Bread Milk	Ham & Sausage or Cheese Pizza Caesar Salad Raspberry Sherbet Milk	Hamburger/Bun Lettuce Leaf Sliced Tomato French Fries Fruit Cocktail Dill Pickle Chips Milk	Beer Batted Cod Coleslaw Sweet Potato Puffs Banana Cake with Cream Cheese Frosting Tartar Sauce Milk	Chili Dog/Bun Potato Salad Fresh Plum Diced Onions Milk
Grilled Cheese Tomato Soup Caramel Applesauce Milk	Goulash Mixed Vegetables Citrus Salad Bread/Butter Milk	Kielbasa/Bun Broccoli Cheddar Soup Diced Pears Milk	Meatballs in Gravy Mashed Potatoes Green Beans Diced Peaches Milk	BBQ Chicken Wings Potato Wedges Corn on the Cob Sugar Cookie Milk	Cheese Ravioli in Marinara Broccoli Mandarin Oranges Garlic Bread Milk	Chicken and Dumplings Steamed Baby Carrots Strawberry Shortcake Milk

Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)
#1. Beef Hamburger/Bun #2. Beef Hotdog/Bun #3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)
#4. Macaroni & Cheese #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce
#7. Chef Salad or Side Salad (Ranch, French, Thousand Island, Italian Dressing) #8. Ham or Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #9. Peanut Butter & Jelly Sandwich (White/Wheat Bread) #10. Chicken Noodle or Creamy Tomato Soup (Crackers)
#11. Mashed Potatoes (with Gravy/Butter) #12. Seasonal Fruit #14. Ice Cream

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
March 22	March 23	March 24	March 25	March 26	March 27	March 28
Oatmeal Biscuit w/Sausage Gravy Strawberries Orange Juice Milk	Cream of Rice Scrambled Eggs Bacon Wheat Toast Mixed Melons Orange Juice Milk	Oatmeal French Toast Sausage Links Cinnamon Applesauce Orange Juice Milk	Grits Ham/Cheese Quiche Wheat Toast Grapes Orange Juice Milk	Cream of Wheat Roast Beef Hash Wheat Toast Orange Juice Milk	Maple Oat Bran Pancakes Sausage Patties Orange Juice Milk	Oatmeal Cheddar Omelet Wheat Toast Fresh Banana Orange Juice Milk

Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):

A. Scrambled Eggs B. Hard Boiled Eggs C. Over Easy Eggs D. Over Medium Eggs E. Fried Eggs F. Oatmeal
 G. Cottage Cheese H. Fruit Apple/Orange/Banana/Canned I. White Toast J. Wheat Toast **K. Cold Cereal:** K1. Cheerios, K2. Rice Krispies,
 K3. Raisin Bran, K4. Bran Flakes, K5. Corn Flakes, K6. Frosted Flakes, K7. Froot Loops, K8. Cinnamon Toast Crunch, K9. Frosted Mini Wheats.
 L. **Juice:** Orange, Apple, Grape, Cranberry, Prune, Tomato M. **Milk:** Whole, 2%, Skim, Chocolate.

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Beef Stroganoff Buttered Noodles Buttered Corn Peach Pie Milk	Sauteed Chicken Yukon Mashed Potatoes/Gravy Green Beans Oatmeal Raisin Cookie Cheddar Biscuit Milk	Cheeseburger/Bun w/Bacon, Lettuce, Tomato Slice Jalapeño Cheese Soup Diced Peaches Milk	Chicken Parmesan w/ Spaghetti and Marinara Sauce Steamed Cauliflower Peanut Butter Cookie Milk	Pork Chop Home Fries Broccoli Red Velvet Roll Dinner Roll/Butter Milk	Popcorn Fish French Fries Coleslaw Warm Cinnamon Apples Biscuit/Butter Tartar Sauce Milk	Chicken Strips Potato Salad Scalloped Corn Chocolate Chip Cookie BBQ Sauce Milk
Shaved Deli Turkey w/Cheese on Roll Cauliflower Soup Tossed Salad Pineapple Tidbits Milk	Lemon Pepper Cod Rice Pilaf Roasted Zucchini Butterscotch Pudding Tartar Sauce Milk	Cheddar Wurst/Bun Tator Tots Tossed Salad Diced Pears Milk	Grilled Corned Beef and Swiss on Rye Potato Chips Coleslaw Mandarin Oranges Milk	Chicken Caesar Dinner Salad Potato Cheese Soup Garlic Breadstick Fruit Cocktail Milk	Smothered Steak Smashed Redskins Buttered Peas Chocolate Cake Bread/Butter Milk	Sliced Deli Ham on Wheat Bread Lentil Soup Fresh Pineapple Milk

Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)

#1. Beef Hamburger/Bun #2. Beef Hotdog/Bun #3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)
 #4. Macaroni & Cheese #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce
 #7. Chef Salad or Side Salad (Ranch, French, Thousand Island, Italian Dressing) #8. Ham or Turkey/Cheese Sandwich (American/Swiss Cheese,
 White/Wheat Bread) #9. Peanut Butter & Jelly Sandwich (White/Wheat Bread) #10. Chicken Noodle or Creamy Tomato Soup (Crackers)
 #11. Mashed Potatoes (with Gravy/Butter) #12. Seasonal Fruit #14. Ice Cream

****Make Alternate Selections on the Reverse side****