



Michigan Veteran Homes at Grand Rapids

March 2022

- Tuesday, March 1:** Cheesy Scrambled Eggs, Oatmeal, Wheat Toast
Chicken Breast, Dinner Roll, Normandy Blend Vegetables, Yukon Mashed Potatoes, Mandarin Oranges
Kielbasa, Bun, Alabama Bean Salad, French Fries, Maple Pears
- Wednesday, March 2:** Bacon, Grits, Pancakes
Flour Tortilla, Taco Meat, Cheese, Lettuce & Tomato Salad, Refried Beans, Spanish Rice, Pudding Fruit Salad
Philly Beef, Bun, Herb/Tomato Salad, Onion Rings, Chilled Peaches
- Thursday, March 3:** Scrambled Eggs, Cream of Wheat, Hash Browns
Turkey Pastrami, Rye Bread, Swiss Cheese, Navy Bean/Bacon Soup, Potato Salad, Double Fudge Brownie
Beef Chili, Fruits for Salad, Cornbread
- Friday, March 4:** French Toast Strada/Apples, Maple Oat Bran
Buttered Spaghetti, Italian Meatballs, Pasta Sauce, Broccoli, Garlic Bread, Pineapple Tidbits
Baked Salmon, Garlic Spinach, Herb Rice Pilaf, Fresh Pear
- Saturday, March 5:** Pigs in a Blanket, Oatmeal
Salisbury Steak, Green Beans, Whipped Potatoes, Cherry Fruit Crisp
Turkey Tetrazzini, Buttered Beets, Angel Cake Fluff
- Sunday, March 6:** English Muffin, Sausage Patty, Colby Cheese, Oatmeal
Herb Baked Chicken, Corn, Dinner Roll, Wild Rice Blend, Pumpkin Pie
Goulash, Dinner Roll, Mixed Vegetables, Fresh Fruit Salad, Chocolate Milk
- Monday, March 7:** Omelet Casserole, Cream of Rice, Coffee Cake
Country Fried Steak, Green Beans, Homestyle Potatoes, Dinner Roll, Ice Cream
Grilled Cheese Sandwich, Coleslaw, Cream of Tomato Soup, Caramel Applesauce

- Tuesday, March 8:** Sausage Links, Oatmeal, Hashbrown Potatoes, Raisins
Wet Burrito, Shredded Lettuce/Tomato, Fiesta Rice, Lemon Blueberry Cookie
Pulled Chicken, Marinated Cucumber, Potato Salad, Bun, Fruit Cocktail
- Wednesday, March 9:** Soft Fried Egg, Cream of Wheat, Wheat Toast
Hawaiian Pizza, Bean Salad Medley, Banana Pudding
Parmesan Crusted Fish, Peas & Carrots, Potato Wedges, Sugar Cookies
- Thursday, March 10:** Bacon, Maple Oat Bran, Pancakes, Apple Compote
Turkey Burger, Bun, Shredded Lettuce/Tomato, French Fries, Fruit Cocktail
Chicken Salad, Hawaiian Bread, Tossed Salad with Dressing, Potato Chips, Chocolate Pudding
- Friday, March 11:** Multigrain Toast, Creamed Beef, Grits
Salmon Cakes, Tossed Salad with Dressing, German Potato Salad, Orange Slices, Red Pepper Aioli
Mozzarella Cheese, Meatball Marinara, Bun, White Bean Salad, Ice Cream
- Saturday, March 12:** Croissant, Canadian Bacon, Cheese Slice, Oatmeal
Beef Hot Dog, Bun, Coleslaw, French Fries, Chilled Pears
Chicken Pot Pie, Caesar Salad, Strawberry Shortcake
- Sunday, March 13:** Biscuit, Sausage Gravy, Oatmeal
Beef Stroganoff, Dinner Roll, Caribbean Vegetable Blend, Buttered Noodles, Cherry Pie
White Chicken Chili, Tortilla Strips, Cornbread, Mandarin Oranges, Chocolate Milk
- Monday, March 14:** Bacon, Scrambled Eggs, Cream of Rice, Swirl Wheat Toast
Sautéed Chicken, Key West Vegetable Blend, Rice, Sunshine Salad, Cheddar Biscuit
Shrimp Scampi, Tomato/Zucchini Vegetable Medley, Angel Hair Pasta, Tapioca Pudding
- Tuesday, March 15:** French Toast, Sausage Links, Oatmeal, Strawberry Cream Cheese
BBQ Beef, Bun, Tossed Salad with Dressing, Potato Cheese Soup, Peaches & Cream
Cheddar Wurst, Red Cabbage, Pierogi, Yellow Cake/Chocolate Frosting
- Wednesday, March 16:** Ham/Cheese Quiche, Wheat Toast Grits
Vegetable Lasagna, BLT Salad, Garlic Bread, Orange Sherbet
Corned Beef Sandwich on Pumpnickel, Coleslaw, Potato Chips, Mandarin Oranges

- Thursday, March 17:** St. Patrick's Day
Roast Beef Hash, Cream of Wheat, Wheat Toast
Roasted Turkey, Dinner Roll, Broccoli, Stuffing, Gravy, Pumpkin Bar
Shaved Ham, Bun, Tossed Salad with Dressing, Jalapeno Cheese Soup, Fruit Cocktail
- Friday, March 18:** Pancakes, Sausage Patties, Maple Oat Bran
Popcorn Fish, Pickled Beets, French Fries, Warm Cinnamon Apples
Smothered Steak with Mushrooms/Onions, Wheat Bread, Corn, Smashed Redskins, Jello Fruit Parfait
- Saturday, March 19:** Breakfast Lasagna, Oatmeal
Chicken Strips, Scalloped Corn, Potato Salad, Ice Cream
Lemon Rosemary Chicken, Breadstick, Pasta Primavera, Fresh Pineapple
- Sunday, March 20:** Santa Fe Scramble, Oatmeal, Sourdough Toast
Meatloaf, Dinner Roll, Green Beans, Homestyle Potatoes, Dutch Apple Pie
Beef Stew, Tossed Salad with Dressing, Cottage Cheese with Peaches, Wheat Bread, Chocolate Milk
- Monday, March 21:** Pancakes, Bacon, Cream of Rice
Country Chicken Patty, Bun, Swiss Cheese, Lettuce & Tomato Salad, Southwest Vegetable Soup, Ice Cream
Meat Sauce, Buttered Spaghetti, Garlic Bread, Italian Green Beans, Fruit Cocktail
- Tuesday, March 22:** Flour Tortilla, Soft Fried Egg, Shredded Cheese, Oatmeal
Pork Cutlet, Dinner Roll, Northwest Vegetables, Herb Roast Redskin Potatoes, Ambrosia
Breaded Fish, Bun, American Cheese Slice, Lettuce & Tomato Salad, Pasta Salad, Apples & Cranberries
- Wednesday, March 23:** Scrambled Eggs, Bacon, Cream of Wheat, Wheat Toast
Shaved Turkey, Wheat Bun, Lettuce & Tomato Salad, French Onion Soup, Apple Crisp
Cabbage Rolls, Wheat Bread, French Style Green Beans, White Rice, Fresh Fruit Salad
- Thursday, March 24:** Irish Scramble, Grits, Wheat Toast, Raisins
Blackened Burger, Bun, Bean Salad Medley, French Fries, Red Velvet Cookie
Ranch Chicken, Dinner Roll, Broccoli, Sour Cream Mashed Potatoes, Peaches & Cherries
- Friday, March 25:** Flour Tortilla, Scrambled Eggs, Shredded Cheese, Hash Browns, Pork Sausage, Maple Oat Bran
Tortilla Crusted Fish, Grandma Coleslaw, French Fries, Peach Cobbler
Fried Bologna, White Bread, American Cheese Slice, Potato Chips, Chocolate Chip Cookie

- Saturday, March 26:** Biscuit, Hard Fried Egg, Canadian Bacon, Oatmeal
Chicken Nuggets, Wheat Bread, Mixed Vegetables, Macaroni & Cheese, Mandarin Oranges
Italian Sausage, Italian Vegetables & Pasta, Fresh Banana
- Sunday, March 27:** Sausage Patties, Oatmeal, Raisin Toast
Beef Pot Roast, Dinner Roll, Baby Carrots, Baby Potatoes, French Silk Pie
Turkey Melt Sandwich, Beet Pasta Salad, Macadamia Nut Cookie, Chocolate Milk
- Monday, March 28:** French Toast, Sausage Links, Cream of Rice
Swedish Meatballs, Vegetable Medley, Dinner Roll, Buttered Noodles, Angel Food Cake
Sweet Chili Sauce, Sauteed Shrimp, Spring Roll, Fried Rice, Orange Slices
- Tuesday, March 29:** Potato Pancakes, Polish Turkey Sausage, Oatmeal
White Toast, Applewood Smoked Bacon, Tomato Slices, Lettuce Leaf, Chicken Noodle Soup, Ice Cream
Pepperoni and Bacon Pizza, Tossed Salad with Dressing, Apple Crisp
- Wednesday, March 30:** Ham Scramble, Grits, Wheat Toast, Raisins
BBQ Chicken, Biscuit, Corn on the Cob, Whipped Potatoes, Apple Slices with Caramel
Turkey Burger, Bun, Fresh Cabbage Slaw, Potato Chips, Strawberry Banana
- Thursday, March 31:** Soft Fried Egg, Cream of Wheat, Sourdough Toast
Chicken Parmesan, Breadstick, Sicilian Blend Vegetables, Buttered Spaghetti, Fresh Grapes
Salisbury Steak, Wheat Bread, French Style Green Beans, Whipped Potatoes, Chilled Peaches