MICHIGAN VETERAN HOMES

MVH GRAND RAPIDS

VOLUNTEER NEWSLETTER

November 2026

MVH Mission Statement

Michigan Veteran Homes provides nation-leading long-term care and services that enhance the well-being of veterans and their families in the place they call home.







Hi everyone!

November is always a busy month with one of the best days of the year here at the home—Veterans Day! We also have our annual Veteran 5 Race taking place Saturday, November 7th. I am still hoping to recruit extra help pushing members in our 0.5 Remembrance walk. If you are available at 8:30 a.m. for the Remembrance walk (starts after 9am but need time to grab members), please let me know ASAP so we can get you paired up with the members who have expressed interest in participating. If you'd like to help support the race with a different volunteer position, we please let me know- we have a sign up genius online with all the open shifts.

Veterans Day will kick off with a brunch and performance from a military band. In the afternoon, we have a big prize bingo and raffle. We have shopping trips and other fun volunteer opportunities throughout the month to help out at.

I always feel like November is a big month in terms of gratitude and reflection. I am SO thankful to know such incredible volunteers and work alongside you supporting our wonderful members. Thank you for being you!

As always, my door is open, and I'm happy to chat! Thanks!

Gretchen



Outings, Trips & Activities for Volunteer Support

If you are available to support any of these trips or events below, please let Gretchen know! We always appreciate the extra help and support that make these trips possible!

Veteran 5 Race- Saturday, November 7th from 8:30am-10am

Assist members with the .5 Remembrence walk. Please note- you will be pushing a member in a wheelchair for a half mile outdoors. Dress weather and activity appropriate!

Lakeshore GR Public Museum Trip- Thursday, November 5th from 12:45-3pm

- Assist with members on our memory care household by pushing wheelchairs around the museum. There is a bit of walking involved in this trip, so please be mindful!
-

GR Public Museum Trip- Wednesday, November 18th from 12:45-3pm

- Assist with members by pushing wheelchairs around the museum. There is a bit of walking involved in this trip, so please be mindful!

Tuesday Shopping- Every Tuesday from 12:45-3:30pm

- Assist members with shopping at Meijer or Walmart. No shopping 11/3 due to election day!



"The best way to find yourself is to lose yourself in the service of others"
-Gandhi