



# MVH GRAND RAPIDS VOLUNTEER NEWSLETTER

## February 2026

### **MVH Mission Statement**

Michigan Veteran Homes provides nation-leading long-term care and services that enhance the well-being of veterans and their families in the place they call home.



### **Happy February!**



January started the year off with some extreme weather! I just want to reiterate that if you are unsure of the weather and conditions of the roads, please stay safe and stay home! Same is said if you are feeling sick. We have seen an increase with covid and the flu the last few weeks, so please make sure to check in with the front desk when you arrive. I'll do my best to communicate when we have households on restrictions, and please pay attention to the signage around the facility.

Becky and I have moved offices and are now located in the chapel in Bruce's old office. Bruce is taking a bigger step forward to retiring and will only be on site on Mondays in the morning, and on call when needed. If you have any questions regarding any of our religious services, please let myself and/or Becky know.

We currently have an ATA position open on our Lake Michigan household. Eliza, who has worked on that household the last few years will be making a move to work on our Holland household (memory care). We are very excited for Eliza and cheering her on with this transition.

On the second page, you'll see the three sessions for our annual volunteer education sessions. If these times and dates do not work out with your schedules, please let me know and we will work something out.

Thanks for all that you do!

# Outings, Trips & Activities for Volunteer Support

## Tuesday Shopping- Every Tuesday from 12:45-3:30pm

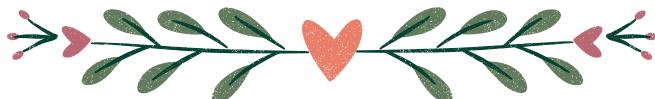
- Assist members with shopping at Meijer or Walmart

## Morning Exercise Winter Olympics- Friday, February 27<sup>th</sup> from 10-11:15am

- Assist members with participating with indoor “ice hockey” to celebrate the winter Olympics!

## Mardi Gras Celebration- Thursday, February 26th from 1-3pm

- Volunteers will help transport members down to the GRR and bistro to celebrate Mardi Gras! There will be an incredible band performing (same one as last year's Mardi Gras!) You won't want to miss it!



## Annual Volunteer Education Sessions

We will have our annual volunteer education sessions in March this year, with the below dates and times. If you are unable to attend a session, please let me know and we can reschedule. These sessions should take 30-45 minutes!

**Wednesday, March 4<sup>th</sup> at 4pm**

**Wednesday, March 11<sup>th</sup> at 11:30am**

**Tuesday, March 24<sup>th</sup> at 8:15am**



## Volunteer Recognition

If you see or know a volunteer going above and beyond, give them a shout out!



I wanted to give a big shoutout to Paul Stuart, one of our incredible volunteers who really is a jack of all trades! Paul has stepped up tremendously this month with leading bible study. Paul's kindness, dedication, and patience with all members is truly appreciated and celebrated. Thanks for all that you do, Paul! We are so lucky to have you as a volunteer here at the home!

“The best way to find yourself is to lose yourself in the service of others”

-Gandhi