



# Menu 2022

WEEK 5



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	June 27	June 28	June 29	June 30	July 1	July 2	July 3
BREAKFAST	Cheese Omelet	Egg, Bacon & Cheese	Apple Pancakes	Ham & Cheese Fritters	Cheesy Scrambled Eggs	Breakfast Sausage	French Toast
	+	+	+	+	+	+	+
	Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice
	Turkey Sausage Link		Turkey Sausage Patty		Turkey Bacon		Bacon
	Wheat Toast			Wheat Toast			
	Applesauce	Mandarin Oranges	Fresh Banana	Fruit Cocktail		Berry Cup	Diced Peaches
	Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice
Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	


Sweet & Sour Chicken	Beef Macaroni Casserole	Fried Popcorn Shrimp	Pork Vegetable Stew	Swedish Meatballs	Turkey Burger	Ham & Pea Carbonara
+	+	+	+	+	+	+
Brown Rice	Casserole	Crinkle Cut Fries	Tossed Spinach Salad	Egg Noodles	Swiss Cheese	Tomato & Cucumber Salad
+	+	+	+	+	+	+
Vegetable Blend	Vegetable Blend	Creamy Coleslaw		Parslied Carrots	Sweet Potato Fries	
+	+	+	+	+	+	+
					Lettuce, Tomato, Onion & Pickle	
Dinner Roll or Bread	Dinner Roll or Bread	Dinner Roll or Bread	Biscuit	Dinner Roll or Bread	Dinner Roll or Bread	Cornbread
Mandarin Orange Delight	Oreo Pudding Dessert	Strawberry Applesauce	Eclair	Apple Bread Pudding	Snickerdoodle Cookie	Blushing Pears
Lemonade	Lemonade	Lemonade	Lemonade	Lemonade	Lemonade	Lemonade
Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea

DINNER	Open-Faced Roast Beef Sandwich	Reuben Sandwich	Chicken Alfredo	Taco Pie	Stuffed Pork Chop	Mostaccioli	Chili Cheese Dog
	+	+	+	+	+	+	+
	Garlic Mashed Potatoes	Peas & Mushrooms	Vegetable Blend	Roasted Zucchini & Red Peppers	Mac & Cheese	Vegetable Blend	Oven Brownd Potatoes
	+	+	+	+	+	+	+
	Broccoli Florets				Green Beans		Cauliflower
	+	+	+	+	+	+	+
			Breadstick		Dinner Roll or Bread	Garlic Bread	
	Peanut Butter Cake	Sugar Cookie	Fried Cherry Pie	Ice Cream	Peach Cobbler	Yellow Cupcake	Pumpkin Mousse
Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	

Milk offered at each meal



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	July 4	July 5	July 6	July 7	July 8	July 9	July 10
<b>BREAKFAST</b>	Egg & Ham Bake  	Scrambled Eggs	Fried Eggs	Hard Cooked Egg	Pancakes	Scrambled Eggs	Fried Eggs
	+	+	+	+	+	+	+
	Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice
	Bacon	Breakfast Ham	Breakfast Ham	Sausage Links	Turkey Sausage Patty	Sausage Patty	Turkey Sausage Link
	Wheat Toast	Cinnamon Toast	Cinnamon Toast	English Muffin		Biscuit	Coffee Cake
	Applesauce	Mandarin Oranges	Fresh Banana	Fruit Cocktail	Diced Pears	Berry Cup	Sliced Peaches
Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	
Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea

	<b>Independence Day</b>						
<b>LUNCH</b>	Hot Dogs + Potato Salad + Baked Beans + + 	Beef Chili with Beans + Saltine Crackers + Garden Salad + +	Herbed Turkey + Skillet Gravy + Sage Dressing + Butternut Squash +	Swiss Steak + Baked Potato + Steamed Vegetables + +	Baked Thyme Chicken + Scalloped Corn + Green Beans + +	Hawaiian Ham + Baked Sweet Potatoes + Spinach Au Gratin + +	Sloppy Joe on a Bun + Oven Fried Potatoes + Squash Medley + +
		Cornbread	Dinner Roll or Bread	Dinner Roll or Bread	Dinner Roll or Bread	Dinner Roll or Bread	
	Red, White & Blue Popsicles	Cinnamon Applesauce	Vanilla Ice Cream	Oatmeal Raisin Cookie	Pumpkin Spice Cake	Chilled Peaches	Chocolate Mousse Pie
	Lemonade	Lemonade	Lemonade	Lemonade	Lemonade	Lemonade	Lemonade
	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea

<b>DINNER</b>	Chicken a la King + Rice + Zucchini + +	Vegetable Frittata + Home Fries + Parmesan Garlic + Brussel Sprouts +	Parmesan Baked Fish + Mashed Potatoes + Green Peas + +	Pork Medallions + Wild & Brown Rice Pilaf + Asparagus + w/Red Peppers +	Bratwurst on a Bun + w/ Sauteed Peppers & Onions + Cream of Broccoli Soup + +	Baked Ziti w/ Cheese + Garden Salad + +	Chicken & Dumping's + Broccoli Cuts + Carrot Raisin Salad + +
	Dinner Roll or Bread	Dinner Roll or Bread	Dinner Roll or Bread	Dinner Roll or Bread	Saltine Crackers	Breadsticks	
	Pineapple Cream Gelati	Praline Bar	Apple Crisp	Spiced Apricots	Oranges & Bananas	Chocolate Raspberry Ba	Strawberries & Cream
	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea



 Milk offered at each meal







# Menu 2022

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	July 11	July 12	July 13	July 14	July 15	July 16	July 17
BREAKFAST	French Toast Casserole	Baked Omelet	Cheesy Scrambled Egg	Egg & Hashbrown Casserole	Biscuit N' Gravy	French Toast Sticks	Scrambled Eggs
	+	+	+	+	+	+	+
	Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice
	Turkey Bacon	Sausage Links	Bacon	Breakfast Ham		Sausage Patty	Turkey Sausage Patty
		Fruit Danish	Wheat Toast	Wheat Toast			Blueberry Muffin
	Applesauce	Mandarin Oranges	Fresh Banana	Fruit Cocktail	Diced Pears	Berry Cup	Diced Peaches
	Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice
	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea
LUNCH	Oven Fried Chicken	Beef Stroganoff	Sour Cream Meat Loaf	Honey Glazed Turkey	Savory Pork Roast	Citrus Fish	Pork Ribette
	+	+	+	+	+	+	+
	Mashed Potatoes	Pasta Noodles	Red Skin Pototes	Bread Dressing	Company Potatoes	Confetti Couscous	Northern Beans
	Honey Dijon Brussssels Sprouts	Winter Vegetable Blend	Green Beans	Hot Spiced Beets	Mixed Vegetables	Baked Tomato Halves	Spinach Au Gratin
	+	+	+	+	+	+	+
	Dinner Roll or Bread	Dinner Roll or Bread	Dinner Roll or Bread	Dinner Roll or Bread	Dinner Roll or Bread	Dinner Roll or Bread	Cornbread
	Banana Pudding	Ambrosia	Gingerbread Lemon Cake	Harvest Cake	Fruit Pie	Lime Pear Square Gelatin	Six Layer Bar
	Lemonade	Lemonade	Lemonade	Lemonade	Lemonade	Lemonade	Lemonade
Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	
DINNER	Cheese Enchiladas	Sliced Baked Ham	Cheese Pizza	BBQ Beef Platter	Herbed Chicken	Chicken Pot Pie	Grilled Two Cheese
	+	+	+	+	+	+	+
	Garden Blend Rice	Whipped Carrots	Garden Salad	Sweet Potato Wedges	Company Potatoes	Vegetable Blend	Sandwich
	Garden Salad	Multi-Color Cauliflower	+	Zucchini & Yellow Squash	Orzo w/Spinach & Tomato	+	Sugar Snap Peas
	+	+	+	+	Asparagus	+	Tomato Bisque Soup
	Dinner Roll or Bread	Dinner Roll or Bread	Dinner Roll or Bread	Dinner Roll or Bread	Dinner Roll or Bread	Dinner Roll or Bread	Saltine Crackers
	Mango Cup	Cherry Cheesecake	Chocolate Cupcake	Chocolate Ice Cream	Strawberries	Snickerdoodle Cookie	Tropical Fruit Dream
	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea	Coffee & Hot Tea

Milk offered at each meal

