

# FOURTH - FIFTH GRADE



Stop the Silence. Help End the Violence.

## OK2SAY - Michigan's Student Safety Program

Today your child learned about the **OK2SAY** Student Safety Program. **OK2SAY** teaches students the importance of making safe and smart choices in a technologically evolving world. We encourage you to talk to your child about the important messages they learned in the presentation.

### Follow-up Questions

#### 1. What are the 3 KEEPs<sup>SM</sup> of Internet Safety?

I KEEP SAFE my personal information—all of it!

I KEEP AWAY from internet strangers.

I KEEP TELLING my parents or a trusted adult about anything that makes me uncomfortable.

#### 2. Why is it important to only communicate with people we already know offline?

Sometimes people aren't always who they say they are. You have no way of knowing who you are really chatting with online.

There are people who can cause us harm so it is very important that we only communicate with people online who we already know in person.

#### 3. What is personal information?

Your full name, address, phone number, picture, name of your school, your plans, events you're attending and passwords.

#### 4. What is rude and mean behavior?

Rude: Accidentally saying or doing something that hurts feelings or embarrasses someone.

Example: Cutting in line, horseplay, being disrespectful.

Mean: Saying or doing something on purpose to hurt someone maybe once or twice. Sometimes these words are said in anger to make someone else look bad. We usually feel regret later.

Example: Criticizing or making fun of someone's clothes, looks, or intelligence.

#### 5. How is bullying different from mean and rude behavior?

Sometimes people have disagreements or arguments, and that's normal. They may say something that is hurtful, but that does not mean the behavior is bullying. If a person is mean on purpose over and over and knows that the people he or she is hurting can't defend themselves, the mean behavior is considered bullying.

#### 6. What is cyberbullying?

Cyberbullying is a type of bullying that happens online. Examples include: mean text messages or emails; rumors sent by email; posting embarrassing pictures, videos, websites; or creating fake profiles to hurt others.

#### 7. Why do you think people can be so cruel online?

People can be more hurtful because they don't see the pain in the other person's eyes when they send a mean or cruel message.

Some experts believe that cyberbullying is worse than physical bullying because the bullying follows the target everywhere.

Once something is posted online, it can never be recovered and removed. In addition, it can be hard to determine who is doing the cyberbullying because they may remain anonymous.

Also the person who is the cyberbully has the ability to quickly reach a broader audience. You may want to consider adding the [ReThink app](#) to your devices.

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ReThink is a non-intrusive solution to stop cyberbullying before it happens. ReThink gives students a second chance to pause, review, and ReThink any offense message on social media.

## 8. What should you do if you are being bullied online?

Don't respond or retaliate. Two wrongs don't make a right.

Block the bully.

Save the evidence.

Talk to a trusted adult.

Report physical threats to the proper authorities.

## 9. What can you do if you witness bullying?

Avoid joining in, laughing, or otherwise supporting the efforts of the individual being cruel. If you feel safe, tell the student who is bullying to stop. Tell a trusted adult about what you saw. Support the target by being a friend—maybe walking to class together, sitting with them at lunch and inviting them to social events. With the guidance of an adult, consider contacting **OK2SAY**.

## 10. What is the difference between telling and tattling?

Telling is when the problem is important and urgent and you need an adult's help to fix it. Tattling is when you're trying to get someone in trouble, have something to gain, or you can fix the problem yourself or put it behind you.

## 11. When do I talk to a trusted adult?

You should **tell** an adult about bullying behavior that is happening over and over and harming a student. It would be **tattling** to tell an adult about a rude or mean incident that happened one time or that you can walk away from. Finally, when you or someone else is being mistreated, it's important that you speak up and say something to an adult.

## 12. What is OK2SAY?

**OK2SAY** is a Michigan student safety program. The purpose of **OK2SAY** is to stop harmful behavior before it occurs by encouraging anyone to report threatening behavior. **OK2SAY** allows anyone to confidentially report tips on criminal activities or potential harm directed at Michigan students, school employees, or schools. It is designed to empower Michigan students, parents, school personnel, community mental health service programs, and law enforcement to share and respond to student safety threats. Anyone can confidentially submit tips 24/7 using the **OK2SAY** app, online at [ok2say.com](http://ok2say.com), texting 652729 (**OK2SAY**), or by calling 855-565-3739 (8-555-**OK2SAY**). For more information, visit [ok2say.com](http://ok2say.com).



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