Middle School

OK 2 SAY
Stop the Silence. Help End the Violence.

Middle School Classroom Discussion Questions

The questions are designed to spark thoughtful small group or class discussion about student safety.

1. What are some of the reasons we don't say something when we know that someone needs help?

2. Does anyone have an example of when you wish someone would have helped you or a friend?

3. What do you think the outcome would have been if an adult had been told?

4. At what age do we learn the "Code of Silence?"

5. Who would you feel comfortable talking to when you need help?

6. What do you think our school can do to create a safer environment for students?

7. What would you like to see happen in our school to keep students safe?

8. Who has seen someone get bullied online? What would you do if it happened to you?

9. Why do you think people can be so cruel online? How can we change this behavior?

10. Would you download an app, like ReThink (rethinkwords. com) that provides an alert mechanism encouraging you to rethink your decision to post a mean/hurtful message on social media? Why or why not?

11. What are ways that we can resist getting involved in things we don't want to be a part of?

12. Would you consider using a code word/phrase with your parent, guardian, or older sibling to get out of an uncomfortable situation? Why or why not?

13. Why is it important to be careful about what you post online?

14. A friend sends you a nude, what do you do?

15. What can you do to increase your own safety when using the internet?

16. What are some behaviors that you know other students are involved in – that you didn't think were that big of a deal until you heard about it today?

    a. Why do you think it is important for you to speak-up and help them make different choices?

    b. What would you say to that person if they were sitting next to you right now?

    c. Why is it sometimes difficult for us to say those things to each other?

17. How would you help a friend who is self-harming?

18. How would you respond if you heard someone make a threat to hurt someone else at school?

19. What would you do if you saw a threat of violence online?

20. What would you do if a friend told you they were considering taking their own life?

21. How does keeping our school safe affect academics/grades? Why is that important?

22. How would you explain when to use OK2SAY to your younger sibling, cousin, or friend?

23. Why is it important to take every threat seriously?

24. How can we overcome our fears and use our voices to have a positive influence on one another?

25. Why do you think our school should promote OK2SAY?

26. What are some creative ways that we can encourage students to use OK2SAY?

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OK2SAY is the student safety program which allows students to confidentially report tips on potential harm or criminal activities directed at students, school employees, and schools.

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