# Welcome to the Opioid Settlement Technical Assistance Learning Series

# Field Experiences in Increasing MAT Access in the Northwest Region of Michigan's Lower Peninsula

May 15, 2024 | 11:00 a.m. – 12:30 p.m.









#### Welcome & Introduction of Presenter

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#### HOUSEKEEPING ITEMS

- This Zoom event will be recorded
- Participants will be on mute when presenters are speaking
- To ask a question, please use the chat
- Any follow-up questions or requests for the Technical Assistance Collaborative (TAC), please email:

#### MDHHS-opioidsettlementhelp@michigan.gov

• Following this event, please complete the brief evaluation survey, a poll will be provided at the end









# Field Experiences in Increasing MAT Access in the Northwest Region of Michigan's Lower Peninsula

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Field experiences in increasing MAT access in the northwest region of Michigan's Lower Peninsula

TAC Learning Series
May 15, 2024

# Munson Healthcare Service Region





# Plans for Today

- Recovery story
- Brief overview of MOUD expansion project
- Learning lessons
- Discussion/dialogue/questions

# In the spirit of Nothing About Us, Without Us

- Let's begin with a RECOVERY STORY
- Paula Lipiniski, CEO of Addiction Treatment Services
- Grand Traverse Opioid Task Force Member
- Person in Long-Term Recovery



# R.E.A.C.H.- Recovery Expansion for Access to Care and Health

MHC Behavioral Health

#### HRSA MAT-ACCESS II=REACH

- Health Resources and Services Administration
  - Programs support highest need communities in US (persons with HIV, pregnancy, rural, low-income, children and parents) and health work force
- 3 years (2024-2026)
- \$2.4M

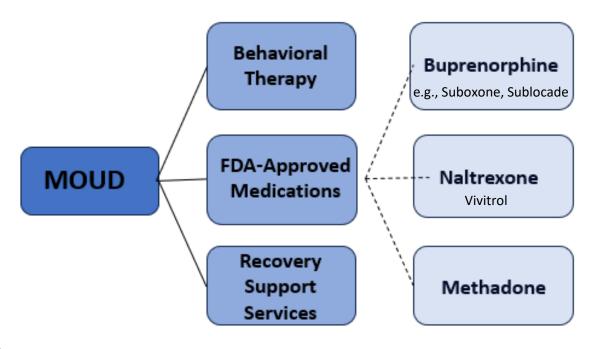


# Medication for Opioid Use Disorder (MOUD)

An evidence-based approate treat individuals with OUI

#### Our Approach

- Patient-centered
- Medication, Resources, Therances
   Recovery Coaching & Financia
   Navigation





#### R.E.A.C.H.- Recovery Expansion for Access to Care and Health

#### Goal 1 - Establish new MOUD/AUD access points for all patients with SUD

- Access to medication
- Community support services
- Recovery services
- Behavioral healthcare
- "No Wrong Door"

#### **Goal 2** - Enhance the MOUD workforce peer mentorship networks

- Established workforce & peer mentor ongoing network
- Clinical training and support for integrated care
- Provide education/stigma reduction to medical staff and community partners



#### R.E.A.C.H.- Recovery Expansion for Access to Care and Health

**Goal 3** - Build community capacity and infrastructure to support more effective and efficient MOUD service provision

- Working within each county to assess the recovery landscape
- Collaborating with existing services in the area
- Strengthening the recovery landscape

**Goal 4 -** Ensure sustainability of the new MOUD access points through improved billing and coding, as well as enrollment of eligible individuals into health insurance

- Develop standard work for PCP/MOUD/AUD care
- Provide financial navigation services to clients
- Receive technical assistance on billing/coding process



### Go LIVE May 2024





### Learning Lessons

- 1. Build relationships—lived recovery voices, allies, experts
- 2. Identify your lane of influence and impact
- 3. Get to know your community
- 4. Acknowledge stigma, shame, controversy, and complexity
- 5. The way forward—integrated care
- 6. Celebrate successes—this is hard work



# Build relationships—lived recovery voices, allies, experts

- Dr. Julia Riddle, SUD Medical Director and Perinatal MOUD provider
- Hannah Popa, NP, Mark Passow, NP
- Bethany Leslie, Practice Manager in Prudenville
- NMORC (Northern Michigan Opioid Response Consortium)
- SUD County Coalitions
- County/Regional Health Departments
- Recovery Coaches
- Individuals with lived recovery experiences



### Identify your lane of influence

- Focus is important—addiction/SUD is complex
  - What can you influence?
  - Goal-setting/Vision are key to defining impact
  - E.g., Munson Healthcare utilizing Munson Rural Health Clinics in the region to create additional treatment access points
  - Dr. Dave McGreaham Physician/Medical Director for NMORC Engages in Provider-to-Provider Engagement/Education
- You can't impact everything



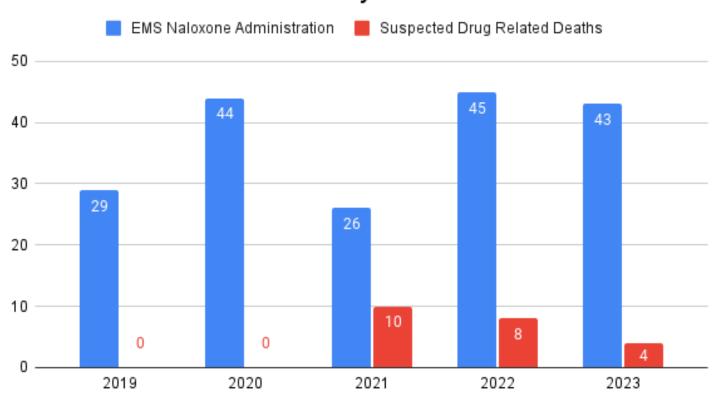
### Get to know your community

- Effective Needs Assessments provide insight about local problems
- Gathering local data about health outcomes shed light on the severity and impact in your community
- Example of the value in using data to create local awareness
  - Denton Township
    - 26 Naloxone Administrations
    - 10 Fatalities



### East Region County Data- Roscommon County

#### Roscommon County Data 2019-2023





# East Region SUD Statistics (2021 CHNA)

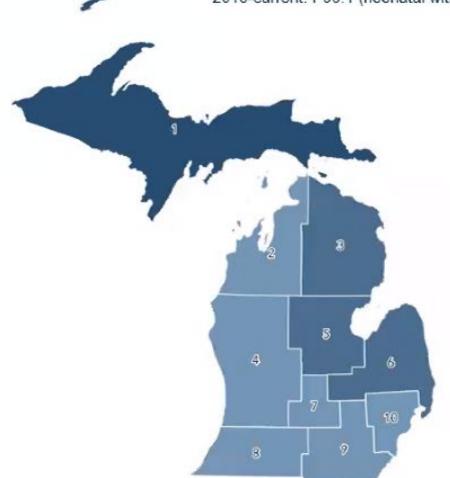
- Opioid Related Hospitalizations: 21.6%
- Drug-Induced Mortality: 18%
- Motor vehicle crashes involving alcohol mortality: 42%
- Alcohol-Induced Mortality: 18.9%

34% (39/115) of providers surveyed identified SUD as the most impactful issue for their patients.

# Neonatal Abstinence Syndrome by Prosperity Region, 2021



2010-2015: 779.5 (drug withdrawal syndrome in newborn) and 2016-current: P96.1 (neonatal withdrawal symptoms from maternal use of drugs of addiction)

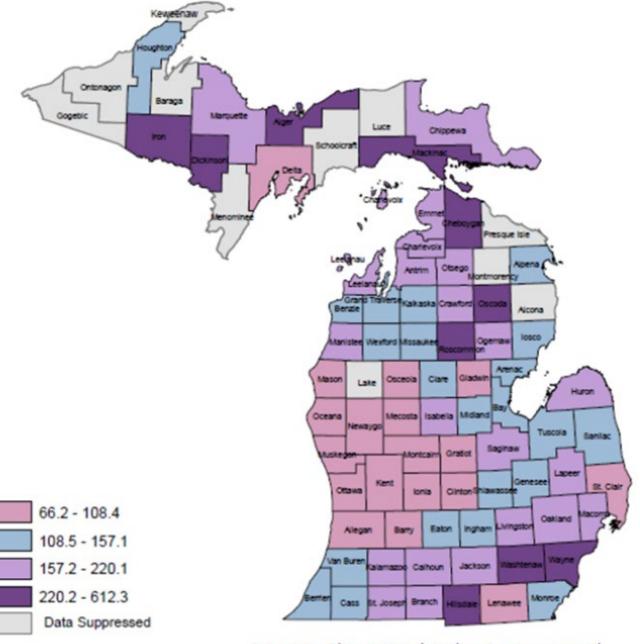


Region	# Cases	# Births	Rate per 1,000 Live Births
Michigan	685	105,022	6.5
Region 1	70	2,585	27.1
Region 2	22	2,776	7.9
Region 3	18	1,714	10.5
Region 4	60	18,253	3.3
Region 5	64	5,459	11.7
Region 6	96	8,527	11.3
Region 7	28	4,651	6.0
Region 8	46	8,364	5.5
Region 9	45	9,663	4.7
Region 10	236	43,025	5.5

#### Severe Maternal Morbidity by Residence County, 2015-2019

Severe Maternal Morbidity Rate per 10,000 Delivery Hospitalizations, Michigan 2015-2019

This map displays SMM rate for 2015-2019 combined by residence county. Counties with the highest rates of SMM are found in <u>State of Michigan Prosperity Regions</u> 1, 3, 9 and 10.



Data note: Observations less than 6 are suppressed

# Acknowledge stigma, shame, controversy, and complexity

- Stigma and Shame
- Controversy—what is recovery?
  - Abstinence only—12-step programs
  - MOUD, Co-occurring Disorders
  - "Multiple Pathways" each person's recovery is unique and all tools should be accessible
- Complexity—separate billing systems within Medicaid/Commercial insurance
  - Lack of treatment providers/access to SUD treatment with often long wait times

# The way forward—integrated care

- Whole person care = primary care health centers can treat behavioral health and physical health together
- Public health advocacy to treat SUD (substance use disorder) as chronic illness management the way other chronic conditions are treated (e.g., hypertension, diabetes)
- Recognizing the impact of SDOH (social determinants of health) and trauma
- Prevention and Harm Reduction in communities



#### Celebrate Successes

- We're in it for the long haul—public health transformation
- Many changes have happened over time
  - COVID increased telehealth access
- Successes
  - Active MOUD Provider Mentorship meetings to expand/improve patient care
  - Increase in MOUD Access points in the East Region
  - Connecting with rural areas to identify resources and partnerships
  - Developing alternative payment models to increase sustainability of all services
- Call to action—what will your impact be?





Questions?

#### Thank You!

For questions and to make requests to the Technical Assistance Collaborative, please email:

MDHHS-opioidsettlementhelp@michigan.gov

https://www.michigan.gov/opioids/opioidsettlements







