

# Women & Retirement Social Media — September

## Post language

## Post image

### September 6

**Starting a discussion with your spouse about retirement** can be intimidating. How will you negotiate life together moving forward?

Talk to your partner about your retirement plans.



## Women & Retirement

Discuss your financial options



### September 12

Are you married and considering retirement? In most cases, **you're better off coordinating your retirement** plans with your spouse.

Coordinate retirement plans with your spouse.



## Women & Retirement

Discuss your financial options



### September 19

**Before you offer financial support** to your adult children, determine if you can meet your own retirement goals and current obligations.

Be realistic about the level of support you can provide.



## Women & Retirement

Discuss your financial options



# Social Media — September, continued

## Post language

## Post image

### September 26

Helping your family feels great. However, providing financial support to adult children, grandchildren, parents, and siblings can **derail your retirement goals**.

Consider creative ways to help family and friends.



## Women & Retirement

Discuss your financial options



### September 30

Planning a dream **retirement takes teamwork**. For couples, sharing the same financial goals and keeping each other accountable can help ensure retirement is successful.

Teamwork makes the retirement dream work.



## Women & Retirement

Discuss your financial options

